

# Oklahoma Food and Nutrition Security State Profile

## Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 14.6% of households in Oklahoma (Okla.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in OK was 36.4% in 2020, as reported by the CDC [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

## Demographic Overview

[2019 U.S. Census](#) data reports Oklahoma has an estimated population of 3,956,971. They identify as white (74.0%), Black (7.8%), American Indian and Alaska Native (9.4%), Asian (2.4%), Native Hawaiian and Other Pacific Islander (0.2%) only. According to the 2019 Census report, 11.1% identify as Hispanic or Latino. In 2019, 15.2% of Oklahoma residents experienced poverty.

## Charitable Food System

### Food Banks and Pantries

- [Regional Food Bank of Oklahoma](#)
  - View [programs offered](#).
  - Serves central and western counties: view [specific counties](#).
  - For pantry locator, click [here](#).
- [Community Food Bank of Eastern Oklahoma](#)
  - Click [here](#) for programs offered.
  - Serves eastern Oklahoma counties: click [here](#) for specific counties.
  - View a [partner agency locator](#).

### Feeding Programs

- Senior Feeding
  - Elderly Nutrition Program led by the [Oklahoma Department of Human Services](#)
  - Senior Farmers Market Nutrition Program led by the [Oklahoma Department of Human Services Aging Services](#)

## Select Food and Nutrition Security Programs

### Healthy Food Incentive Programs

- [Double Up Food Bucks](#) led by [Hunger Free Oklahoma](#)
- [Gus Schumacher Nutrition Incentive Program \(GusNIP\)](#)
  - *Current Funding:* Double Up Oklahoma | Expanding Access to Fruits and Vegetables for Low-Income Oklahomans (2020-2022) led by [Tulsa Community Foundation](#).

## **Community Nutrition Education Programs**

- Expanded Food and Nutrition Education Program (EFNEP)
  - [Langston University Extension](#)
  - [Oklahoma State University Extension](#)
- Supplemental Nutrition Assistance Program Education (SNAP-ED)
  - The [Oklahoma Department of Human Services](#) is the state agency responsible for OK SNAP-Ed. SNAP-Ed implementing agencies include:
    - **Chickasaw Nation - ITO**
    - [Oklahoma State University](#)
    - [Oklahoma Tribal Engagement Partners \(OKTEP\)](#)
    - [University of Oklahoma, College of Public Health](#)
  - View [more information](#).

## **COVID Response**

- Pandemic EBT (P-EBT) Program resources are available at the [Oklahoma Department of Human Services](#).

## **Food (Policy) Coalitions and Councils**

- For a [list of food policy councils](#) in Oklahoma.
- Other groups to consider:
  - [Oklahoma Childhood Food Security Coalition](#)

## **Other Collaborators to Consider**

- [Commonwealth Urban Farms of OKC](#) takes vacant lots in Oklahoma City, Okla., that are in need of attention and creates urban gardens. CommonWealth also provides training to active urban gardeners, turns local waste into compost, and connects communities and neighborhoods around food and food waste issues.
- [Food and Resource Center of South Central Oklahoma](#) is designed to be one of the most efficient systems in the country for food distribution and community collaboration in the fight against hunger.
- [National Farm to School Network - Oklahoma](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [Oklahoma Farm and Food Alliance](#), a coalition of local food producers, distributors, restaurants, customers, and health groups. The Alliance works to increase access to locally grown foods through education and outreach.
- [Oklahoma Farm to School](#) provides the connection between farmers looking to sell their product and schools seeking to create healthier meals for their students. In Oklahoma, only 16% of school kids eat five or six servings of fruit and vegetables per day. Oklahoma Farm to School works to address this gap.
- [Oklahoma Farmers and Ranchers Association \(OFRA\)](#) supports socially disadvantaged farmers and ranchers in Oklahoma who are attempting to achieve success on their farm

or ranch. OFRA emphasizes the economic success of sustainable agriculture as they provide skills training to the public.

- [Oklahoma Policy Institute](#), a nonpartisan, independent policy think-tank, advances equitable and fiscally responsible policies that expand opportunity for all Oklahomans through nonpartisan research, analysis, and advocacy.

### Data Sources and Resources

- [Food Security and Health](#) - Oklahoma Health Equity Campaign
- [Food Security Resources](#) - Oklahoma Policy Institute
- [Oklahoma Profile of Hunger, Poverty and Federal Nutrition Programs](#) - Food Research and Action Center

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit [chronicdisease.org](http://chronicdisease.org).