

North Dakota Food and Nutrition Security State Profile

Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 7.9% of households in North Dakota (N.D.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in N.D. was 33.1% in 2020, as reported by the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

Demographic Overview

[2019 U.S. Census](#) data reports N.D. has an estimated population of 762,062. They identify as white (86.9%), Black (3.4%), American Indian and Alaska Native (5.6%), Asian (1.7%), Native Hawaiian and Other Pacific Islander (0.1%) only. According to the 2019 Census report, 4.1% identify as Hispanic or Latino. In 2019, 10.6% of N.D. residents experienced poverty.

Charitable Food System

Food Banks and Pantries

- [Great Plains Food Bank](#)
 - Offer backpack programs, summer food meal service, mobile food pantries, senior pack program, and others.
 - Serves one county in Minnesota and 53 counties across North Dakota: view [specific counties](#).
 - View a [partner agency list](#) within the Great Plains Food Bank Network.

Feeding Programs

- Senior Feeding
 - Commodity Supplemental Food Program (CSFP) is led by the [State Department of Public Instruction](#)
 - Congregate and Home delivery programs are led by the [North Dakota Senior Service Providers](#)

Select Food and Nutrition Security Programs

Healthy Food Incentive Programs

- [Double Up Bucks North Dakota](#) led by North Dakota State University Extension

Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
 - [North Dakota State University Extension](#)
- Supplemental Nutrition Assistance Program Education (SNAP-ED)
 - The [North Dakota Department of Human Services](#) is the state agency responsible for ND SNAP-Ed. SNAP-Ed implementing agencies include:
 - [North Dakota State University Extension Service](#)
 - View [more information](#).

COVID Response

- Pandemic EBT (P-EBT) Program resources are available at the [North Dakota Department of Human Services](#).

Food (Policy) Coalitions and Councils

- View a [list of food policy councils](#) in North Dakota.
- Other coalitions and councils:
 - [Creating a Hunger Free North Dakota](#)

Other Collaborators to Consider

- [National Farm to School Network - North Dakota](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.

Data Sources and Resources

- [North Dakota Profile of Hunger, Poverty and Federal Nutrition Programs](#) - Food Research and Action Center

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