

## Michigan Food and Nutrition Security State Profile

### Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 11.8% of households in Michigan (Mich.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in Michigan was 35.2% in 2019, as reported by the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

### Demographic Overview

[2019 U.S. Census](#) data reports Michigan has an estimated population of 9,986,857. They identify as white (79.2%), Black (14.1%), American Indian and Alaska Native (0.7%), Asian (3.4%), Native Hawaiian and Other Pacific Islander (#.#%) only. According to the 2019 Census report, 5.3% identify as Hispanic or Latino. In 2019, 13.0% of Michigan residents experienced poverty.

### Charitable Food System

#### Food Banks and Pantries

- [Foodgatherers](#)
  - Serves Washtenaw County
  - View [programs offered](#)
  - View a [partner agency locator](#) within Foodgatherers..
- [Greater Lansing Food Bank](#)
  - Serves Clare, Clinton, Eaton, Gratiot, Ingham, Isabella, and Shiawassee Counties
  - View [programs offered](#)
  - View a [partner agency locator](#) within Greater Lansing Food Bank.
- [South Michigan Food Bank](#)
  - Serves Barry, Branch, Calhoun, Hillsdale, Jackson, Kalamazoo, Lenawee, and St. Joseph Counties
  - View [programs offered](#)
  - View a [partner agency locator](#) within South Michigan Food Bank.
- [Feeding America West Michigan](#)
  - Serves [40 counties](#) of Michigan's 83 Counties
  - View [programs offered](#)
  - View a [partner agency locator](#) within Feeding America West Michigan.
- [The Manna Food Project](#)
  - Serves Antrim, Charlevoix, and Emmet counties
  - View [programs offered](#)
  - View a [partner agency locator](#) within The Manna Food Project.

- [Western Upper Peninsula Food Bank](#)
  - Serves Baraga, Houghton and Keweenaw counties
  - View [programs offered](#)
  - View a [partner agency locator](#) within Western Upper Peninsula Food Bank.
  
- [Gleaners Community Food Bank of Southeastern Michigan](#)
  - Serves Livingston, Macomb, Monroe, Oakland, Wayne
  - View [programs offered](#)
  - View a [partner agency locator](#) within Gleaners Community Food Bank of SE Michigan.
  
- [Monroe County Opportunity Program](#)
  - Serves Monroe County
  - View [programs offered](#)
  - View a [partner agency locator](#) within Monroe County Opportunity Program.
  
- [Macomb Food Program](#)
  - Serves Macomb County
  - View [programs offered](#)
  - View a [partner agency locator](#) within Macomb Food Program.
  
- [Food Bank of Eastern Michigan](#)
  - Serves [22 counties](#) in Eastern and Northern Michigan.
  - View [programs offered](#)
  - View a [partner agency locator](#) within Food Bank of Eastern Michigan.
  
- [Forgotten Harvest](#)
  - Serves Metro Detroit area.
  - View [programs offered](#)
  - View a [partner agency locator](#) within Forgotten Harvest.

### **Feeding Programs**

- Senior Feeding
  - Congregate Meals Program, [Senior Project/Fresh Market](#), Home Delivered Meals, Nutrition Education led by the [Michigan Department of Health and Human Services](#).

## **Select Food and Nutrition Security Programs**

### **Healthy Food Incentive Programs**

- [Gus Schumacher Nutrition Incentive Program \(GusNIP\)](#)
  - *Current Funding:*
    - Michigan Farm to Family: Community Supported Agriculture (2020-2024) led by [Michigan Physical Fitness, Health and Sports Foundation, Inc.](#)
    - The Next Generation of [Double Up Food Bucks in Michigan](#): Growing to Reach Families in Every Corner of the State (2019-2023) led by [Fair Food Network](#).

### **Community Nutrition Education Programs**

- Expanded Food and Nutrition Education Program (EFNEP)
  - [Michigan State University Extension](#)

- Supplemental Nutrition Assistance Program Education (SNAP-ED)
  - The [Michigan Department of Human Services](#) is the state agency responsible for MI SNAP-Ed. SNAP-Ed implementing agencies include:
    - [Michigan Nutrition Network - Michigan Fitness Foundation](#)
    - [Michigan State University Extension](#)
  - View [more information](#).

### **COVID Response**

- Pandemic EBT (P-EBT) Program resources are available at the [Michigan Department of Health and Human Services](#).

### **Food (Policy) Coalitions and Councils**

- For a [list of food policy councils](#) in Michigan.
- Other coalitions and councils:
  - [Food Bank Council of Michigan](#)
  - [Michigan Local Food Council Network](#)

### **Other Collaborators to Consider**

- [Focus: HOPE](#) pledge intelligent and practical action to overcome racism, poverty, and injustice.
- [Gleaners Community Food Bank](#) exist to provide households with access to sufficient, nutritious food, and related resources.
- [Groundwork Center for Resilient Communities](#) aims to support food access and farming initiatives with funding, project planning, and staff consultation for hyper-local community solutions.
- [Michigan Good Food Charter](#) is a roadmap for a food system that is rooted in local communities and centered on good food. The charter outlines six goals to advance the vision by 2020.
- [Michigan Farm to Institution Network](#) is a space for learning, sharing, and working together to get more local food to institutions; coordinated by the [Michigan State University Center for Regional Food Systems](#).
- [Michigan League for Public Policy](#) promotes racial equity, economic security, health, and well-being for all people in Michigan through policy change.
- [National Farm to School Network - Michigan](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [The Food Security Group at Michigan State University](#) believes that good food and nutrition policy, informed by solid empirical evidence that is generated jointly with local partners, can transform economies and lives in low-income countries.

## Data Sources and Resources

- [Emergency Action Plans for Retail Food Establishment](#) - Michigan Department of Agriculture and Rural Development
- [Hunger in Michigan](#) - Food Access in Michigan
- [Michigan Profile of Hunger, Poverty and Federal Nutrition Programs](#) - Food Research and Action Center

---

The Improving Food Security, Access to Safe Physical Activity, and Social Connectedness (otherwise known as the Building Resilient Inclusive Communities, or BRIC) program is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$7,000,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit [chronicdisease.org](http://chronicdisease.org).