





Florida Food and Nutrition Security State Profile

Overview

According to the <u>U.S. Department of Agriculture's Economic Research Service (USDA ERS)</u>, 10.1% of households in Florida (Fla.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in Florida was 28.4% in 2020, as reported by the <u>Behavioral Risk Factor Surveillance System (BRFSS)</u>.

Demographic Overview

<u>2019 U.S. Census</u> data reports that Florida has an estimated population of 21,477,737. Floridians identify as white (77.3%), Black (16.9%), American Indian and Alaska Native (0.5%), Asian (3.0%), Native Hawaiian and Other Pacific Islander (0.1%) only. According to the 2019 Census report, 26.4% identify as Hispanic or Latino. In 2019, 12.7% of Florida residents experienced poverty.

Charitable Food System

Food Banks and Pantries

- Feeding the Gulf Coast
 - View the programs offered.
 - Serves Alabama, Mississippi and seven counties in <u>West Florida</u>: Bay, Escambia, Holmes, Okaloosa, Santa Rosa, Walton, and Washington.
 - View a partner agency locator within the Feeding the Gulf Coast Network.
- Harry Chapin Food Bank of Southwest Florida
 - View programs offered.
 - Serves counties in <u>Southwest Florida</u>: Charlotte, Collier, Glades, Hendry, and Lee.
 - View a <u>partner agency locator</u> within the Harry Chapin Food Bank of Southwest Florida Network.
- Treasure Coast Food Bank
 - View <u>programs offered</u>.
 - Serves counties in <u>East and Southwest Florida</u>: Indian River, Martin, St. Lucie, and Okeechobee.
 - View a partner agency locator within the Treasure Coast Food Bank Network.
- Feeding Northeast Florida
 - View programs offered.
 - Serves counties in <u>Northeast Florida</u>: Baker, Bradford, Clay, Duval, Flagler, Nassau, Putnam, and St.Johns.
 - View a <u>partner agency locator</u> within the Feeding Northeast Florida Network.
- Second Harvest Food Bank of Central Florida
 - View programs offered.



- Serves 16 counties: view specific counties.
- View a <u>partner agency locator</u> within the Second Harvest Food Bank of Central Florida Network.

Feeding South Florida

- View programs offered.
- Serves counties in <u>South Florida</u>: Broward, Miami-Dade, Monroe, and Palm Beach.
- View a <u>partner agency locator</u> within the Feeding South Florida Network.

All Faiths Food Bank

- View programs offered.
- Serves counties in Southwest Florida: De Soto and Sarasota.
- View a partner agency locator within the All Faiths Food Bank Network.
- Second Harvest of the Big Bend, Inc.
 - View <u>programs offered</u>.
 - Serves 11 counties: view specific counties.
 - View a <u>partner agency locator</u> within the Second Harvest of the Big Bend Network.

Feeding Tampa Bay

- View programs offered.
- Serves 10 counties: view specific counties.
- View a partner agency locator within the Feeding Tampa Bay Network.

Feeding Programs

- Senior Feeding
 - Home-delivered meals, congregate dining facilities, adult care food program, senior farmers' market nutrition program, Supplemental Nutrition Assistance Program, and nutrition education led by the <u>Department of Elder Affairs</u>.

Select Food and Nutrition Security Programs

Healthy Food Incentive Programs

<u>Fresh Access Bucks</u> led by <u>Feeding Florida</u>

Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
 - Florida A&M University Extension
 - University of Florida Extension
- Supplemental Nutrition Assistance Program Education (SNAP-ED)
 - The Florida Department of Children and Families is the state agency responsible for FL SNAP-Ed. SNAP-Ed implementing agencies include:
 - Florida Department of Health
 - University of Florida Extension Family Nutrition Program
 - View more information.



COVID Response

 Pandemic EBT (P-EBT) Program resources are available at the <u>Florida Department of</u> Children and Families.

Food (Policy) Coalitions and Councils

• View a <u>list of food policy councils</u> in Florida.

Other Collaborators to Consider

- <u>Florida Food Force, Inc</u> fights hunger through united forces and partnerships. They
 provide nutritional food products and other resources that will nurture, sustain, and
 enhance the quality of life for all recipients.
- Florida Impact is dedicated to advancing health equity by ending hunger for all Floridians. They mobilize communities to maximize access to federal, state, and local food and nutrition programs with a focus on Florida's most vulnerable populations.
- Florida Introduces Physical Activity and Nutrition to Youth (FLIPANY) fosters healthy lives through nutrition education, physical activities, and wellness initiatives.
- <u>National Farm to School Network Florida</u> increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.

Data Sources and Resources

- Community Food Security and UF/IFAS Extension University of Florida Extension
- <u>Florida Profile of Hunger, Poverty and Federal Nutrition Programs</u> Food Research and Action Center
- <u>Florida's Roadmap to Live Healthy</u> Florida Department of Agriculture and Consumer Services

The Improving Food Security, Access to Safe Physical Activity, and Social Connectedness (otherwise known as the Building Resilient Inclusive Communities, or BRIC) program is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$7,000,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.