

**National Association of Chronic Disease Directors (NACDD)  
 CDC Arthritis Expert Advisory Panel Kickoff – Nov 18<sup>th</sup> (10-11:30 a.m. EST)**



**Objectives:**

- Recognize the expertise of Expert Panel members and the unique perspectives that they bring to the evidence-informed approach
- Discuss key elements of the arthritis care model to conduct function, pain, and physical activity screenings; patient counseling on the benefits of physical activity; and referrals to arthritis-appropriate physical activity and self-management programs and other evidence based “treatments.”
- Describe the Human Centered Design sessions
- Establish a platform for peer-to-peer sharing, learning and networking

<b>Time (EST)</b>	<b>Mins</b>	<b>Agenda Topics</b>	<b>Facilitator / Presenter</b>	<b>Follow-up Items</b>
10:00-10:02	2	Welcome and Vision for the work from NACDD perspective	Marti Macchi, Chief Program Strategy Officer, NACDD	
10:03-10:09	7	Introduction / Ice Breaker 10 secs each - <ul style="list-style-type: none"> <li>• Name, Organization, Describe 1 “fun-fact” about the city you live in (e.g., “Detroit – Motown”)</li> </ul>	NACDD, Lisa/Heather	Read bios to learn more about the Expert Panel
10:10-10:14	5	Welcome - Case for Change & Vision for Program	Erica L. Odom, DrPH, MPH, Centers for Disease Control and Prevention	
10:15-10:19	3	Patient Story, Arthritis Foundation	Nick Turkus, MS, Arthritis Foundation	
10:20-10:27	8	What Are We Trying To Accomplish	Shalu Garcha, MHA, NACDD	
10:28-10:32	5	Recognition Process for Arthritis Appropriate Evidence-Based Interventions (AAEBIs)	Kirsten Ambrose, MS, Osteoarthritis Action Alliance	
10:33-10:37	5	Baylor Scott and White	Heather Kitzman, PhD, UT Southwestern (formerly with BSW)	
10:38-10:42	5	Exercise is Medicine®	Elizabeth A. Joy, MD, MPH, FACSM, FAMSSM, Intermountain Healthcare	
10:43–10:47	5	Role of Physical Therapists in Primary Care	Anita Bemis-Dougherty, PT, DPT, MAS, American Physical Therapy Association	

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10:48 – 10:52	5	Team-based Care Support of Patients (Integrated Practice Unit)	Jonathan S. Kirschner, MD, FAAPMR Hospital for Special Surgery / USBJI	
10:53-10:57	5	Time to Treatment & Algorithm for Referral to UCLA Orthopedics	John Andrawis, MD, MBA	
10:58-11:02	5	Orthopedic Patients through Equity Lens & Value of Shared Decision Making	Tamara Huff, MD, MBA, FAAOS, FAAHKS, Vigeo Orthopedics, LLC	
11:03-11:22	20	Strategic Discussion to Help Set the Scope	Shalu Garcha, MHA	
11:23-11:27	5	Human Centered Design Background & Preparation for Sessions in Jan, Feb, March	Leavitt Partners Team	
11:28-11:30	5	Wrap-Up & Evaluation	NACDD, Heather/Lisa	
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