

# Arizona Food and Nutrition Security State Profile

## Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 11.0% of households in Arizona (Ariz.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in Arizona was 30.9% in 2020, as reported by the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

## Demographic Overview

[2019 U.S. Census](#) data reports that Arizona has an estimated population of 7,278,717. They identify as white (82.6%), Black (5.2%), American Indian and Alaska Native (5.3%), Asian (3.7%), Native Hawaiian and Other Pacific Islander (0.3%) only. According to the 2019 Census report, 31.7% identify as Hispanic or Latino. In 2019, 13.5% of Arizona residents experienced poverty.

## Charitable Food System

### Food Banks and Pantries

- [United Food Bank](#)
  - View [programs offered](#).
  - Serves [eastern Arizona](#): Apache, Gila, Maricopa, Navajo, Pinal counties.
  - View a [pantry locator](#) with the Arizona Food Bank Network.
- [St. Mary's Food Bank](#)
  - View [programs offered](#).
  - Serves [Phoenix and eight counties](#): Apache, Coconino, Maricopa, Mohave, Navajo, Pinal, and Yavapai counties.
  - View [distribution locations](#).
- [Community Food Bank of Southern Arizona](#)
  - View the [programs offered](#).
  - Serves [Southern Arizona](#): Cochise, Graham, Greenlee, Pima, Santa Cruz counties.
  - View the [pantry locator](#).
- [Yuma Community Food Bank](#)
  - View the [programs offered](#).
  - Serves [southwestern Arizona](#): La Paz and Yuma counties.
  - View the [pantry locator](#).

### Feeding Programs

- Senior Feeding
  - State Agency on Aging: [Arizona Department of Economic Security](#)

## Select Food and Nutrition Security Programs

### Healthy Food Incentive Programs

- [Double Up Food Bucks Arizona](#) led by [Pinnacle Prevention](#)

### Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
  - [University of Arizona Extension](#)
- Supplemental Nutrition Assistance Program Education (SNAP-ED)
  - The AZ Health Zone is the state agency responsible for AZ SNAP-Ed. SNAP-Ed implementing agencies include:
    - [AZ Health Zone](#)
  - View [more information](#).

### COVID Response

- Pandemic EBT (P-EBT) Program resources are available at the [Arizona Department of Economic Security](#).

## Food (Policy) Coalitions and Councils

- View a [list of food policy councils](#) in Arizona.
  - Other groups to consider: [Food and Agriculture Policy Advisory Committee](#)

## Other Collaborators to Consider

- [AZ Foods System Network](#) is a community of local, state, and regional food systems advocates, practitioners, and leaders who have a vested interest in collaborating to improve the food system for all Arizonans.
- [Flagstaff Foodlink](#) strives to create greater access to local food for all Flagstaff residents, grow the economic strength of our local food system, create new connections between eaters, growers, and restaurateurs as well as increase resiliency by coordinating educational opportunities.
- [National Farm to School Network - Arizona](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [Pima County Food Alliance](#) aims to achieve an integrated, regional food system that promotes community-based strategies to increase access to healthful food.

### Data Sources and Resources

- [Arizona Profile of Hunger, Poverty and Federal Nutrition Programs](#) - Food Research and Action Center

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit [chronicdisease.org](http://chronicdisease.org).