



NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.

2022 GEAR Group: Not Racist is Not Enough: Journey towards Anti-Racism *Resources and References Document*

About NACDD GEAR Groups

GEAR Groups explore their topic through case presentations, short didactic presentations, and active discussions throughout four 90-minute video conferences. A facilitator and strategist guide each discussion to explore opportunities for improvement through partnerships, promising interventions or policies, data, and evaluation. The 2022 GEAR Groups focused on equity as a foundation and community voice at the center.

About: Not Racist is Not Enough: Journey towards Anti-Racism

This GEAR Group explored the frameworks and application of anti-racism to chronic disease prevention and health promotion and elucidated the distinction between anti-racism and “not racist.” The national awakening around racism, catalyzed by the 2020 death of George Floyd, has propelled many institutions and organizations, including health departments, on a journey toward becoming anti-racist. Case presentations or proposals highlighted efforts to elevate anti-racist work by chronic disease units and programs. Meetings were held in 2022 on Oct 4, 11, 18, and 25.

Participating states

- Colorado
- Massachusetts
- Michigan
- New York
- South Carolina

Resources and References

The following resources were shared amongst the participants during the four-week GEAR Group in October 2022. The linked articles or resources do not necessarily represent the official views of individual participants, participants’ respective organizations, or NACDD.

Potential Partners

1. [Native American Health Center](#)
2. [Chronic Disease Prevention Council](#)
3. [The Good Life Program](#)
4. [Michelle Sirmons, R.D. of Being Brigid Functional Nutrition](#)

Racial Equity Experts, Facilitators, Trainers

5. [Black Women's Health Imperative](#)
6. [Constanza Eliana Chinae](#)
7. [Samara Tahmid](#)
8. [Ahad Zwoogar](#)
9. [Racial Equity Group](#)
10. [State Health Department Equity Self-Assessment](#)



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11. [Race Equity Cycle Pulse Check](#)
12. [Asian American Justice Innovation Lab Core Community Racial Social Justice Trainings](#)
13. [Training at Beam Community](#)

Health Equity Resources

14. [Advancing Health Equity \(CDC\)](#)
15. [Health Equity Guiding Principles for Inclusive Communication](#)
16. [Sharing and Shifting Tasks to Maintain Essential Healthcare During COVID-19 in Low Resource, non-US settings](#)
17. [Addressing health equity in evaluation efforts](#)
18. [The Advancing Health Equity and Preventing Chronic Disease page on the CDC's website can be a good start](#)
19. [Health Equity at Work Tool](#)
20. [Health Equity Primer](#)
21. [NACDD Health Equity Homepage](#)
22. [NACDD Equity Podcast](#)
23. [Equity Matters Podcast](#)
24. [2022 Illinois Minority Health Conference](#)
25. [Study: Community Engagement in Biomedical and Health Sciences Research](#)
26. [Cornell Health Campus Leadership](#)
27. [Racial Equity Data Road Map](#)

Racism as a Public Health Issue

28. [Necessary conversations: Understanding racism as a barrier to achieving health equity](#)
29. [Racism is a Public Health Issue with Dr. Matias Valenzuela](#)
30. [Racism as Public Health Crisis: Assessment and Review of Municipal Declarations and Resolutions Across the United States](#)
31. [Racism Declarations: Opportunities for Action](#)

Working with Youth

32. [Program Connecting Students with Local Health Departments Shows Promise Beyond COVID-19](#)
33. [Creating Safe Spaces for Youth through Political Movements: Health Justice](#)
34. [Working with Youth of Color and their Families to Create Change in the Community: Flourish Agenda | Together we Flourish](#)

Commercial Tobacco Prevention and Control Resources

35. [Former FDA Officials working with Phillip Morris](#)
36. [Tobacco Free Kids and Policy Work: Home - Campaign for Tobacco-Free Kids \(tobaccofreekids.org\)](#)
37. [Freedom from Smoking Facilitation Certification](#)
38. [Push for Product Standards, Synthetic vs Natural Menthols](#)
39. [Including Psychological Services in Smoking Cessation](#)

Resources for Cancer Prevention

40. [New York Cancer & Blood Specialists](#) (all types of specialists, including Nutritionists)
41. [New York Cancer Foundation](#)



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42. [BNMC Community Health Initiative](#)
43. [The LGBT Cancer Project](#)
44. [Hue Arts NYC](#)
45. [S:US \(Services for the Underserved\)](#)
46. [Disability Content Consulting](#)

Building Partnerships for Cancer Prevention

47. [University of Georgia Equity Fireside Chat](#)
48. [Meaningful Community Engagement](#)
49. [Mighty Men Cancer Screening](#)
50. [LGBTQ Best Practices Throughout the Cancer Continuum](#)
51. [Resources for LGBTQ+ People with Cancer](#)
52. [Cultural Humility: A Way to Reduce Health Disparities in the BIPOC Community](#)
53. [Ultraprocessed Foods and Colorectal Cancer](#)
54. [White House Council on Hunger Ultra-Processed Foods Presentation](#)
55. [Skin Cancer Concerns in People of Color: Risk Factors and Prevention](#)

Land Acknowledgement/Land Appreciation Resources

56. [Beyond the Land Acknowledgment; College “LAND BACK” or Free Tuition for Native Student](#)
57. [NMPHA Indigenous Peoples Ancestral Lands Acknowledgement Statement](#)
58. [Native Land Digital](#)
59. [Guide to Land Acknowledgement](#)

Resources for Racial Equity in Clinical Settings

60. [PRAPARE Tool to assess social needs](#)
61. [Kaiser Permanente Baldwin Hills](#)
62. [Enhanced Logic Modeling Framework](#)
63. [Data Center Landing Page | Commonwealth Fund](#)
64. [Perinatal Health Diagnostic Challenge](#)

Breastfeeding/Chest feeding

65. [Black Mamas Matter Alliance](#)
66. [World Health Organization \(WHO\) Guidance on Perinatal Mental Health and MCHA](#)
67. [Black Mothers Breastfeeding](#)
68. [API Breastfeeding Task Force](#)
69. [Breastfeeding: A History of Racism](#)
70. [Racial Trauma as Barrier to Breastfeeding](#)