2022 GEAR Group: 
Not Racist is Not Enough: Journey towards Anti-Racism

About NACDD GEAR Groups
GEAR Groups explore their topic through case presentations, short didactic presentations, and active discussions throughout four 90-minute video conferences. A facilitator and strategist guide each discussion to explore opportunities for improvement through partnerships, promising interventions or policies, data, and evaluation. The 2022 GEAR Groups focused on equity as a foundation and community voice at the center.

About: Not Racist is Not Enough: Journey towards Anti-Racism
This GEAR Group explored the frameworks and application of anti-racism to chronic disease prevention and health promotion and elucidated the distinction between anti-racism and “not racist.” The national awakening around racism, catalyzed by the 2020 death of George Floyd, has propelled many institutions and organizations, including health departments, on a journey toward becoming anti-racist. Case presentations or proposals highlighted efforts to elevate anti-racist work by chronic disease units and programs. Meetings were held in 2022 on Oct 4, 11, 18, and 25.

Participating states
- Colorado
- Massachusetts
- Michigan
- New York
- South Carolina

Resources and References
The following resources were shared amongst the participants during the four-week GEAR Group in October 2022. The linked articles or resources do not necessarily represent the official views of individual participants, participants’ respective organizations, or NACDD.

Potential Partners
1. Native American Health Center
2. Chronic Disease Prevention Council
3. The Good Life Program
4. Michelle Sirmons, R.D. of Being Brigid Functional Nutrition

Racial Equity Experts, Facilitators, Trainers
5. Black Women’s Health Imperative
6. Constanza Eliana Chinea
7. Samara Tahmid
8. Ahad Zwooqar
9. Racial Equity Group
10. State Health Department Equity Self-Assessment

The linked articles or resources do not necessarily represent the official views of individual participants, participants’ respective organizations, or NACDD.
11. Race Equity Cycle Pulse Check
13. Training at Beam Community

Health Equity Resources
14. Advancing Health Equity (CDC)
15. Health Equity Guiding Principles for Inclusive Communication
17. Addressing health equity in evaluation efforts
18. The Advancing Health Equity and Preventing Chronic Disease page on the CDC's website can be a good start
19. Health Equity at Work Tool
20. Health Equity Primer
21. NACDD Health Equity Homepage
22. NACDD Equity Podcast
23. Equity Matters Podcast
24. 2022 Illinois Minority Health Conference
25. Study: Community Engagement in Biomedical and Health Sciences Research
26. Cornell Health Campus Leadership
27. Racial Equity Data Road Map

Racism as a Public Health Issue
28. Necessary conversations: Understanding racism as a barrier to achieving health equity
29. Racism is a Public Health Issue with Dr. Matias Valenzuela
30. Racism as Public Health Crisis: Assessment and Review of Municipal Declarations and Resolutions Across the United States
31. Racism Declarations: Opportunities for Action

Working with Youth
32. Program Connecting Students with Local Health Departments Shows Promise Beyond COVID-19
33. Creating Safe Spaces for Youth through Political Movements: Health Justice
34. Working with Youth of Color and their Families to Create Change in the Community: Flourish Agenda | Together we Flourish

Commercial Tobacco Prevention and Control Resources
35. Former FDA Officials working with Phillip Morris
36. Tobacco Free Kids and Policy Work: Home - Campaign for Tobacco-Free Kids (tobaccofreekids.org)
37. Freedom from Smoking Facilitation Certification
38. Push for Product Standards, Synthetic vs Natural Menthols
39. Including Psychological Services in Smoking Cessation

Resources for Cancer Prevention
40. New York Cancer & Blood Specialists (all types of specialists, including Nutritionists)
41. New York Cancer Foundation

The linked articles or resources do not necessarily represent the official views of individual participants, participants’ respective organizations, or NACDD.
42. BNMC Community Health Initiative
43. The LGBT Cancer Project
44. Hue Arts NYC
45. S:US (Services for the Underserved)
46. Disability Content Consulting

Building Partnerships for Cancer Prevention
47. University of Georgia Equity Fireside Chat
48. Meaningful Community Engagement
49. Mighty Men Cancer Screening
50. LGBTQ Best Practices Throughout the Cancer Continuum
51. Resources for LGBTQ+ People with Cancer
52. Cultural Humility: A Way to Reduce Health Disparities in the BIPOC Community
53. Ultraprocessed Foods and Colorectal Cancer
54. White House Council on Hunger Ultra-Processed Foods Presentation
55. Skin Cancer Concerns in People of Color: Risk Factors and Prevention

Land Acknowledgement/Land Appreciation Resources
56. Beyond the Land Acknowledgment; College “LAND BACK” or Free Tuition for Native Student
57. NMPHA Indigenous Peoples Ancestral Lands Acknowledgement Statement
58. Native Land Digital
59. Guide to Land Acknowledgement

Resources for Racial Equity in Clinical Settings
60. PRAPARE Tool to assess social needs
61. Kaiser Permanente Baldwin Hills
63. Data Center Landing Page | Commonwealth Fund
64. Perinatal Health Diagnostic Challenge

Breastfeeding/Chest feeding
65. Black Mamas Matter Alliance
66. World Health Organization (WHO) Guidance on Perinatal Mental Health and MCHA
67. Black Mothers Breastfeeding
68. API Breastfeeding Task Force
69. Breastfeeding: A History of Racism
70. Racial Trauma as Barrier to Breastfeeding