

# Looking for Ways to Increase MDPP Enrollment?

The Medicare Diabetes Prevention Program (MDPP) helps prevent the onset of type 2 diabetes for people with prediabetes. The key insights below from the Centers for Disease Control and Prevention (CDC) and the National Association of Chronic Disease Directors (NACDD) highlight roles State Health Departments can play in promoting the MDPP and provide ways others can participate in these efforts. Underlined text indicates an active weblink to an external resource.



## 1 Enhance the efforts of MDPP suppliers

- **Promote awareness of prediabetes** among Medicare beneficiaries, healthcare providers, and community-based organizations (CBO)
- **Help increase referrals** to MDPP suppliers from healthcare providers and CBOs
- **Provide access** to MDPP billing information and support
- **Create opportunities** for MDPP suppliers to network, problem solve, and share promising practices

## 2 Support partner development

- **Identify state partners** with the interest and capacity to help increase awareness of prediabetes and the MDPP benefit, including MDPP eligibility and access to organizations delivering MDPP services. These partners may include CBOs, faith-based organizations, aging services, accountable care organizations, health systems, quality improvement organizations, and others
- **Share the value and benefits** of MDPP with key partners
- **Help MDPP suppliers adopt processes** to facilitate programmatic success with bi-directional referral systems, electronic health record referrals and queries, connections to referral networks, and collaboration with CBOs serving populations of focus

# 3

## Identify MDPP Champions

- **Partner with Medicare Advantage** plan representatives who will communicate the value of investment of the MDPP
- **Spotlight physicians** who have referred patients achieving success with the MDPP
- **Share success stories** from willing MDPP participants
- **Designate trusted community members** who will promote the MDPP

# 4

## Create opportunities for partners to convene

- **Help facilitate meetings**, if needed
- **Offer access** to virtual meeting platforms or meeting space, when appropriate

# 5

## Provide financial support

- **Support** marketing campaigns, billing platforms, and the implementation of referral systems that advance enrollment in the MDPP, when feasible

**The Rock Enroll into MDPP LEAP** (Learn. Explore. Activate. Problem-solve.) Learning Lab helps State Health Departments (SHD) collaborate with Medicare Diabetes Prevention Program (MDPP) suppliers to increase beneficiary enrollment into MDPP. LEAP participants learn how to use best practices and existing resources to build the capacity and strengthen the outcomes of MDPP suppliers. Contact the [NACDD Diabetes Team](#) to learn more about LEAP offerings.



**NATIONAL ASSOCIATION OF  
CHRONIC DISEASE DIRECTORS**  
Promoting Health. Preventing Disease.

The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. Established in 1988, in partnership with the U.S. Centers for Disease Control and Prevention, NACDD is the only membership association of its kind to serve and represent every chronic disease division in all states and U.S. territories. For more information, visit [chronicdisease.org](http://chronicdisease.org). 325 Swanton Way, Decatur, GA 30030

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