



## SPINE Scoop | October 2022

### Welcome to the SPINE Scoop!

The purpose of this communication is to provide State Partnerships Improving Nutrition & Equity (SPINE) States with regular program updates related to grants administration, evaluation, technical assistance and training, upcoming meetings and events, and other relevant information.

For consistency, the SPINE Bulletin will typically be sent the first week of each month to streamline the number of emails sent to SPINE state leads; however, time-sensitive and urgent information will be communicated, as needed. We encourage you to share this with your state team members as well.

Please note all links, dates, and resources can also be found on the [SPINE State Internal Hub Webpage](#).

### SPINE Shoutout

This month we are shouting out **Oregon**! Oregon's state health improvement plan, Healthier Together Oregon, is overseen by a steering committee called the PartnerSHIP. The PartnerSHIP is made up of community members and those working on implementing the plan and is representative of priority populations in the state. PartnerSHIP is instrumental in the vision, prioritization, and implementation of the strategies of the plan. SPINE project activities are also overseen by the PartnerSHIP to ensure that project implementation and impact align with the intended outcomes. With SPINE grant extension, the PartnerSHIP will continue to serve as an advisory body for the project.

### Upcoming SPINE Training & Technical Assistance

- **October 12, 2022:** SPINE Special Topic Learning Opportunity, 2:00-3:30 PM ET. "Planning for the Long Haul: Understanding and Using the PSAT for Sustaining your SPINE Project". At least one representative from each state is **required** to attend. [Register now](#).
- **October 18, 2022:** SPINE Monthly Update Call, 3:00-4:00 PM ET. At least one representative from each state is **required** to attend. [Zoom Meeting Link](#). Zoom Meeting ID: 867 5536 7312.
- **October 19-25, 2022:** 1:1 Support Calls with Individual States. Please refer to the calendar invite for your state's date/time and Zoom meeting details.

- **October 26, 2022:** BRIC Webinar, 2:00-3:30 PM ET. “Partnerships, Coalitions and Sustainability.” Registration link forthcoming on the [SPINE State Internal Hub Webpage](#).

### Grant Administration/Budgets

- **Quarter 3 invoices are due on October 30, 2022 by COB ET.** Invoices should be sent to Crystal E. Doxie, [cdoxie@chronicdisease.org](mailto:cdoxie@chronicdisease.org). Please cc [Patrilie Hernandez](#) and [Charita James](#) on the email.
- **No Cost Extension.** If your state will be requesting a no cost extension for Year 1 SPINE activities, please submit your request to Crystal E. Doxie **before November 1, 2022**. Please cc Patrilie Hernandez and Charita James on the email.

### Action Plans, Progress Reports, and Evaluation

- **Quarter 3 progress reports are due on October 15, 2022 by COB ET.** Progress Reports should be entered into the [SPINE Project Management Hub](#). Please review [the SPINE Progress Reporting Guidance](#) before submitting your report.

### Non-SPINE Training and Technical Assistance Opportunities

#### Conferences

- [NIDDK Workshop on Housing and Obesity: Gaps, Opportunities, and Future Directions for Advancing Health Equity](#). November 14-15, 2022. This virtual workshop will explore the role of housing insecurity in obesity-related health disparities, the evidence base for housing-related interventions to address obesity disparities, and future directions to advance health equity for all. [Register now](#).

#### Webinars & Meetings

- **Michigan State University Webinar.** October 6, 2022, 1:00 PM ET. [Building More Equitable SNAP-Ed Collaborations Among Land-grant Universities and State & Community Partners, Part 1](#). In this 90-minute webinar you will learn about:
  - How SNAP-Ed funding is determined at the federal level
  - The latest SNAP-Ed community needs assessment tool seeking to increase equity
  - Tribal colleges and universities’ role in SNAP-Ed and policy recommendations
  - Perspectives on how funding decisions impact statewide collaboration and considerations for increasing equitable collaboration within states. [Register now](#).
- **NIH Webinar.** [Partners in Public Health – Healthy People 2030 and the Role of Public Libraries in Promoting Health and Health Equity](#).
  - **Part 1:** Thursday, October 6th, 2022, 3:00 PM ET. Sasha Fleary, Ph.D., will describe her research on health literacy and the role libraries can play in improving public health. Webinar participants will also hear an overview of [Healthy People 2030](#) and a demonstration of Healthy People data and resources. [Register now](#).
  - **Part 2:** Thursday, October 13th, 2022, 3:00 PM ET. Three public libraries from across the country will discuss how they impact health outcomes in their communities as Healthy People 2030 Champions. Webinar participants will also hear an overview

of [Healthy People 2030](#) and a demonstration of Healthy People data and resources. [Register now.](#)

- **ASTHO Webinar.** October 11, 2022, 1:00 PM ET. [Advancing Breastfeeding Equity Through Prevention: The Home Visiting Impact](#). This webinar will focus on breastfeeding and the positive impact of home visiting. Participants will learn the relation home visiting has on breastfeeding initiation and duration. [Register Now.](#)
- **NACDD General Member Webinar.** October 13, 2022, 3:00 PM ET. [Making “Upstream” Mainstream in State Health Departments](#). Hear from state public health practitioners leading the journey upstream to focus on the social and institutional inequities that affect health. [Register now.](#)
- **Human Milk Banking Association.** October 18, 2022, 2:00 PM ET. [Implementing a Donor Milk Program: How to Get Started](#). This webinar will share guidelines on how to introduce and implement a donor milk program at a hospital. [Register now.](#)
  - **Food Service Guidelines Collaborative Virtual Annual Meeting.** November 1, 2022 11:30 AM CT & November 2, 2022 12:00 PM CT. [The Food Service Guidelines Collaborative's Annual Virtual Meeting](#) will explore new food service trends, dive into the future of the supply chain, see behavioral design in action and much more. [Register now.](#)
  - **Michigan Breastfeeding Network.** [Navigating New Motherhood as a Birth/Breastfeeding Worker](#), an on-demand webinar that covers what receiving lactation support in both the hospital and community looks like and how lived experience of many BIPOC lactation/birth workers intersects with that of the families they serve.

## Resources Pertinent to the SPINE Program

### Food and Nutrition Security

- [Applying an Intercultural Competence Lens: A Section from the Nutrition in Food Banking Toolkit](#)
- [CDC Adult Obesity Prevalence Maps](#) (Updated September 2022)
- [Cultural Food Preferences in Food Service](#)
- [Food and Nutrition Security Terms used by Federally-Funded Nutrition Programs](#)

### Health Equity

- [Bilingual resources and materials on Hispanic/Latino health for Hispanic Heritage Month Unidos: Inclusivity for a Stronger Nation.](#)
- [Fostering Health Communities Through Planning and Public Health Collaboration.](#)

### Breastfeeding

- [Intersectionality Policymaking Toolkit: Key Principles for Intersectionality-Informed Policy Making Process To Serve Diverse Women, Children and Families.](#)
- [Video Series on Workplace Lactation Support.](#) The series feature solutions and perspectives from Human Resources, supervisors, and employees in Ohio businesses representing a variety of industries. Access the series under the “Toolkit Videos” tab.

### **Society for Public Health Education (SOPHE) Action Institute Announcement**

- On January 17-20th, 2023 from 12:00 to 4:00 PM ET, SOPHE and the Division of Nutrition, Physical Activity and Obesity (DNPAO) will host another Integrating Nutrition and Intercultural Competency in the Charitable Food System Action Institute. The goal of the 2023 virtual Action Institute is to bring together elected interdisciplinary teams from recipient programs to receive focused technical assistance and utilize protected team time for action planning. Potential topic areas for action include facilitating the adoption of the [Healthy Eating Research \(HER\) Nutrition Guidelines for the Charitable Food System](#), enhancing intercultural competency practices and, and creating nutrition policies at the food bank and/or food pantry level. The outcomes of this work can improve the neighbor experience when accessing the charitable food system and ensure that their food needs and preferences are met. Application information will be released on Monday, October 10<sup>th</sup>, 2022 and posted on the [SPINE Internal Hub](#). If you have questions, please email Doreleena Sammons Hackett ([dsammons-hackett@sophe.org](mailto:dsammons-hackett@sophe.org)).

### **White House Conference on Hunger, Health and Nutrition Update**

- If you were not able attend the White House Conference on Hunger, Health and Nutrition (either in person or virtually), you can access the recordings on the [conference website](#). We also encourage you to review the “Call to Action” sections of the [National Strategy](#) and begin developing a course of action.

Please [visit the resource page](#) on the [SPINE Internal Hub](#) for more food and nutrition security, health equity, and breastfeeding resources. Also, remember that you can [submit questions anonymously](#) before SPINE T/TA opportunities (i.e., Special Topic Learning Opportunity, Peer Exchange, Office Hour, & Monthly Update meeting).

Questions? Have a resource to share? Contact [Patrilie Hernandez](#) and [Charita James](#).