



SPINE Scoop | August 2022

Welcome to the SPINE Scoop!

The purpose of this communication is to provide State Partnerships Improving Nutrition & Equity (SPINE) States with regular program updates related to grants administration, evaluation, technical assistance and training, upcoming meetings and events, and other relevant information.

For consistency, the SPINE Bulletin will be sent the first Monday of each month to streamline the number of emails sent to SPINE state leads; however, time-sensitive and urgent information will be communicated, as needed. We encourage you to share this with your state team members as well.

Please note all links, dates, and resources can also be found on the [SPINE State Internal Hub Webpage](#).

SPINE Shoutout

This month we are shouting out **Oklahoma**. Oklahoma participated in the SOPHE Action Institute, along with the two food banks that they are collaborating with for their SPINE project, Regional Food Bank of Oklahoma and Food Bank of Eastern Oklahoma. As a result of their participation, Oklahoma developed two SMARTIE goals that have been included in their [State Obesity Prevention Plan](#). The goals are as followed:

- By 2024, work collaboratively at the food bank level on incorporating Healthy Eating Research nutrition guidelines and cultural preferences among both of Oklahoma's food banks.
- By 2024, work at the state and local level to support changes through policy and practice to build community support, increase access, create culturally supportive environments, and build demand for Healthy Eating Research nutrition guidelines and Supporting Wellness at Pantries (SWAP) spotlight system at Oklahoma food banks and within their partner programs.

In addition, their State Obesity Prevention Plan incorporated a goal that will be addressed and met through their SPINE project:

- By 2023, increase by at least 2 the number of health care clinics utilizing a food insecurity screening in the intake/EHR process and providing additional resources for those who screen as food insecure.

Upcoming SPINE Training & Technical Assistance

- **August 11, 2022:** SPINE Peer Exchange, 2:00-3:00 PM ET. "Addressing Nutrition Across the Lifespan: Incorporating Breastfeeding in your Equitable Food & Nutrition Security Efforts." During this optional meeting, SPINE states, and other programs within NACDD's Center for Advancing Healthy Communities are invited to learn how states are implementing equitable breastfeeding efforts. Please register in advance for this meeting. [Register now](#).
- **August 16, 2022:** SPINE Monthly Update Call, 3:00-4:00 PM ET. At least one representative from each state is **required** to attend. [Zoom Meeting Link](#). Zoom Meeting ID: 867 5536 7312.
- **Aug 17-23, 2022:** 1:1 Support Calls with Individual States. Please refer to the calendar invite for your state's date/time and Zoom meeting details.
- **August 24, 2022:** BRIC/SPINE Webinar, 2:00-3:30 PM ET. Working Title "Advancing Health Equity Through the Charitable Food System." At least one representative from each state is **required** to attend. Please register in advance for this meeting. Registration link forthcoming on the [SPINE State Internal Hub Webpage](#).
- **August 26, 2022:** BRIC Food & Nutrition Security Office Hour, 2:00-3:00 PM ET. [Zoom Meeting Link](#). Zoom Meeting ID: 840 6851 6965.

Non-SPINE Training and Technical Assistance Opportunities

Conferences

- [National Association of Community Health Workers](#) (virtual). August 3-4, 2022. The conference is organized for the CHW workforce, allies, and CHW organizations who are making a difference. You must be a [member](#) of [NACHW](#) before [registering](#).
- [2022 National Conference on Health Communication, Marketing and Media](#) (virtual and in-person). August 16-18, 2022. The conference will offer a variety of thematic panel sessions on topical public health communication issues such as managing misinformation, reducing vaccine hesitancy, improving health equity, rebuilding trust in public health and much more. [Register now](#).

Webinars & Meetings

- **Prioritizing Health Equity to Close Gaps in Care.** August 5, 2022, 1:00PM ET. There is an opportunity for at-home testing to reshape the health care experience and address barriers to health care access such as location, transportation, education, and income. This webinar will explore the barriers impacting member access and how at-home testing programs can help close the gaps. A member of [LetsGetChecked's](#) Partnership team will share how our at-home testing solutions enable more equitable healthcare access by meeting members where they are, and a [LetsGetChecked](#) client will share their experience leveraging an at-home screening program to help members overcome barriers to accessing important preventative care. [Register now](#).
- **NACDD General Member Webinar.** August 11 & 25, 2022, 3:00-4:00 PM ET. Please register in advance for these meetings. Registration link forthcoming on the [SPINE State Internal Hub Webpage](#).

- **Take Ten Steps Up for Breastfeeding.** August 3, 2022, 11:00 PM ET. Join the Global Breastfeeding Collective during World Breastfeeding Week to learn about the Ten Steps to Successful Breastfeeding, find tools and resources to help adopt them in your organization, and be inspired by stories about the Ten Steps in action. [Register now.](#)
- **What's New with the 2022 AAP Breastfeeding Policy.** August 10, 2022, 8:00 PM ET. Hosted by the American Academy of Pediatrics, speakers will highlight recommendations of the revised AAP Policy Statement on Breastfeeding and the Use of Human Milk. The session will summarize the current breastfeeding statistics, benefits of breastfeeding, and opportunities to advocate for breastfeeding supportive policies at the local, state, and national levels. [Register now.](#)

Resources Pertinent to SPINE Program

Food and Nutrition Security

- [Cultural Food Preferences in Food Service.](#) This resource answers some of the frequently asked questions audiences may have when seeking to offer culturally preferred foods in food service. Federal, state, and local public health practitioners can use this resource to learn about how to identify which foods to offer, how to communicate with vendors, how to use policies and contracts to ensure culturally preferred foods are available, and more.

Health Equity

- Association of State Territorial Health Officials Blog Post: [State Policy Can Reduce Systemic Racism in Public Health.](#)

Breastfeeding

- [Breastfeeding and Returning to Your Workplace.](#) This CDC webpage answers questions about expressing breast milk when returning to the workplace after having a baby and provides tips for parents on talking to employers and cleaning breast pump kit parts at the workplace.
- World Breastfeeding Week is August 1-7 and World Alliance for Breastfeeding Action released resources to support individuals and organizations in their celebrations. [Access the resources.](#)
- The U.S. Department of Agriculture updated the WIC Breastfeeding Support social media library to include shareable National Breastfeeding Month graphics. [Access the graphics.](#)

Funding Opportunities & Resources

- [Rising Tide Scholarship Lactation Equity Scholarship.](#) The scholarship is designed to increase the number of Black IBCLCs (International Board Certified Lactation Consultants) in the United States. Application deadline is August 15, 2022.

Please [visit the resource page](#) on the [SPINE Internal Hub](#) for more food and nutrition security, health equity, and breastfeeding resources. Also, remember that you can [submit questions](#)

[anonymously](#) before SPINE T/TA opportunities (i.e., Special Topic Learning Opportunity, Peer Exchange, Office Hour, & Monthly Update meeting).

Questions? Have a resource to share? Contact [Patrilie Hernandez](#) and [Charita James](#).