



# JUNIPER<sup>®</sup>

Your Health. Your Community.

A Program of TRELLIS<sup>™</sup>

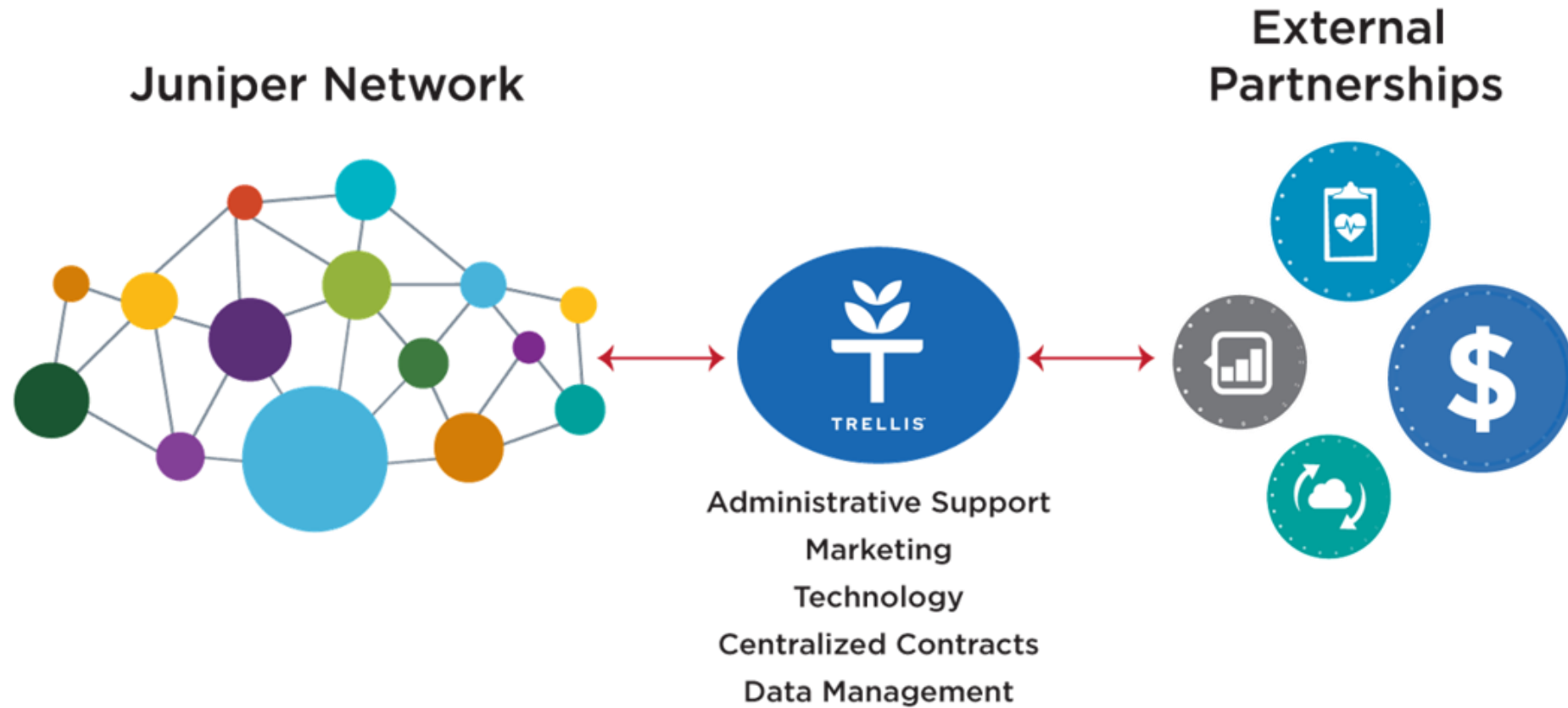
A robust network  
for **self-managed health**  
and **well-being**  
in Minnesota

It started with a question:

How can we help  
**more people benefit**  
from classes that promote  
health and wellness?

# How Juniper Works

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# Powerful technology platform

- Web portal for finding and registering for classes
- Back-end management information system for data management and reporting
- Cloud-based and HIPAA required security controls
- Referral portal
- Payment features

Make a Referral For Healthcare Providers For Class Leaders Contact Donate Sign In

**JUNIPER**  
Your Health. Your Community.  
A Program of TRELLIS™

Programs & Classes Why Juniper? Be Well News About Find Classes

Take charge of your health and your life  
Small group classes that help you stay active, independent and feeling your best.

**NO|FALLS Minnesota**  
Get strong, improve your balance and feel good. Join a Juniper class as part of this statewide initiative to get people moving, healthy and happy. Classes offered in-person and online and are free or low-cost.  
[Learn more](#)

**Participant Stories**  
"My Juniper class leaders were fabulous. I could count on reliable information and a nurturing and supportive environment." Participants give Juniper classes high marks, making them feel better prepared to take on whatever comes their way.  
[Learn more](#)

**Creating a healthier Minnesota**  
Juniper is growing a diverse and vibrant community of health. We're fostering friendships and building routines that make sense for each individual. While every life journey is unique, it doesn't have to be solo.  
[Learn more](#)

# Key Software Features

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- Customizable front end that looks like your community
- Online class registration
- Customizable program offerings and content
- Robust reporting features that track class participation and key measures
- HIPAA compliant referral capability
- Software is hosted in the Microsoft Azure cloud and includes security features offered by Microsoft
- Role based access control limits views of protected information
- Class leader credential tracking feature with automated reminders for re-certification/continuing education
- **Batch billing to Medicare for National DPP - COMING SOON**
- DPRP specific reporting measures including participant weight, height, race, attendance, activity level, A1C, etc.
- Reports exportable into Microsoft Excel for analysis and for sharing data with partners
- Participant portal allows participants to self-report information. Class leaders may enter data and verify participant reported information
- **Track social care needs and apply new SDoH z codes to develop care networks that support class participants**
- Automated registration confirmation and class reminder emails
- Pricing is flat monthly fee – no seat license cost



## Search Results

### Showing 4 results for Diabetes Prevention Program

**Class Type:** All sorted by date.

Don't see a desired class near you? More classes are coming soon. Call us at 1-855-215-2174 or email [info@yourjuniper.org](mailto:info@yourjuniper.org) to be connected to a representative and added to our waiting list.

#### Diabetes Prevention Program

9/6/2022 - 7/1/2023

9:00 AM - 10:00 AM

[See All Dates](#)

Online

**Cost:** \$0

**Provider Name:** Essentia Health Central (Crow Wing Energized)

**Class Leader:** Rebecca Kalton

**Location:** Online

**Contact Name:** Kara Schaefer

**Contact Email:** [Kara.Schaefer@Essentiahealth.org](mailto:Kara.Schaefer@Essentiahealth.org)

**Contact Phone:**

**Primary Language Spoken in Class:** English

National Diabetes Prevention Program (NDPP) is a collaborative, community-based, lifestyle change program designed for people with pre-diabetes. It is based on the Centers for Disease Control and Prevention's curriculum and National Diabetes Prevention Recognition standards. Hundreds of in-person and online lifestyle change programs nationwide teach participants to make lasting lifestyle changes, like eating healthier, adding physical activity into their daily routine, and improving coping skills.

You must have a laptop, desktop, iPad, tablet or smart phone to participate in the class. You will also need to have a scale at home to weigh yourself weekly.

Once you are registered you will receive a welcome email, curriculum and Zoom invite to attend your meetings.

The final 8 classes are subject to date change but will be discussed with your coach one class begins.

[REGISTER](#)

#### Diabetes Prevention Program

9/7/2022 - 2/15/2023

8:00 AM - 9:00 AM

[See All Dates](#)

In Person

**Cost:** \$0

**Provider Name:** Carris Health

**Class Leader:** Barbara Ahrenholz

**Contact Name:** Barbara Ahrenholz

**Contact Email:** [Barbara.Ahrenholz@centracare.com](mailto:Barbara.Ahrenholz@centracare.com)

**Contact Phone:**


# Schedule and Register Online

- Ability to schedule in-person and online offerings
- Online registration for participants

# HIPAA Compliant Referral Portal

- Partners can send referrals through a HIPAA compliant referral portal

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## Make a Referral

Do you know someone who could benefit from one of Juniper's health promotion classes? Whether you are a friend, a relative, or a health professional, it's easy to make a referral. When you refer someone to one of Juniper's classes, they will be contacted by a representative in their area within three business days. The representative will help them find a class that best fits their needs.

Please fill out the form completely. For more information about Juniper classes, please call us toll free at 1-855-215-2174.

**\*Required**

### Information of Person Being Referred

First Name *	Last Name *
<input type="text"/>	<input type="text"/>
Date of Birth *	
<div>--- Please Select ---</div>	<div>Day</div> <div>Year</div>
Phone *	Email
<input type="text"/>	<input type="text"/>
Insurance Provider	
<div>--- Please Select ---</div>	
Insurance Group Number	Insurance Member ID
<input type="text"/>	<input type="text"/>
Primary Care Provider	
<input type="text"/>	
City	State
<input type="text"/>	<div>--- Please Select ---</div>
County *	
<div>--- Please Select ---</div>	
Class the person is being referred for *	
<div>--- Please Select ---</div>	

# Track Social Determinants of Health Needs

- Assess program participants and community members for social care needs
- Categorize needs using new SDoH z codes using CMS Accountable Health Communities tool
- SDoH data is valuable to healthcare organizations and an important opportunity to hot spot services where they're needed most

Home Page

Classes

Participants

Locations

Class Leaders

Payers

Insurance Providers

Providers

Senior Provider Relationship Managers

Provider Relationship Managers

Referrals

Create SDoH Screening

Reports

Users

SDoH Screening for Charlie Brown

Select Existing Location 

Dunder Mifflin - 1725 Slough Ave, Scranton, MN 55123

1) Do you live alone?

Yes

2) Are you male or female?

Male

3) Are you of Hispanic, Latino, or Spanish origin?

No

4) What is your race? Mark all that apply.

White

5) What is the highest grade or year of school you completed?

High school graduate or GED

6) How often do you feel you lack companionship?

Some of the time

7) How often do you feel left out?

Some of the time

8) How often do you feel isolated from others?

Often

Living Situation

9) What is your living situation today?

I have a place to live today, but I am worried about losing it in the future

Z-Code Crosswalk

× Z59.9: Problem related to housing and economic circumstances, unspecified

× Z59.91: Worried about losing housing

× Z60.84: Feeling unsafe in current location

10) Think about the place you live. Do you have problems with any of the following? (Choose all that apply)

× Lead paint or pipes

× Lack of heat

× Oven or stove not working

Z-Code Crosswalk

--Please Select--

Food

Some people have made the following statements about their food situation. Please answer whether the statements were OFTEN.




# Intuitive Back End User Interface


- Ability to schedule in-person and online offerings
- Classes can be advertised in many languages
- Track registration online
- Flexible dates & times allow you to customize class availability
- Online program offerings that use your preferred web conferencing application (subscription required)

The screenshot displays a web application interface for creating a class. On the left is a dark sidebar menu with the user 'John Doe Admin' at the top. The menu includes links for Home Page, Classes (active), Participants, Locations, Class Leaders, Payers, Insurance Providers, Providers, Senior Provider Relationship Managers, Provider Relationship Managers, Referrals, Create SDOH Screening, Reports, and Users. The main content area is titled 'Create Class' with a breadcrumb 'Classes / Create'. It contains a form with the following fields: 'Class Type' (dropdown with 'Regular' selected), 'Provider' (dropdown with '-- Please Select --'), 'Program' (dropdown with '-- Please Select --'), 'Class Leader(s)' (dropdown with '-- Please Select --'), 'Cost' (text input with '0' and a note about formatting), 'Maximum Participants (optional)' (text input), 'Language' (dropdown with '-- Please Select --'), 'Can participants join this class in-person?' (Yes/No buttons), 'Can participants join this class online?' (Yes/No buttons), 'Can participants call in to this class?' (Yes/No buttons), 'Registration Contact' (text input), 'First Name' (text input), 'Last Name' (text input), 'Email Address' (text input), 'Phone Number' (text input), 'Select Existing Location' (dropdown with '-- Please Select --'), 'Online Class Link' (text input with placeholder 'Virtual link to class'), and 'Call-in Phone Number' (text input with placeholder 'Call-in information').

[Make a Referral](#)
[For Healthcare Providers](#)
[For Class Leaders](#)
[Contact](#)
[Lester Brown](#)



[Programs & Classes](#)
[Why Juniper?](#)
[Be Well](#)
[News](#)
[About](#)
[Find Classes](#)



**Lester Brown**

1234 Lester Dr., Minneapolis, MN 55420

peseke2735@upsdom.com

**Insurance information**  
UCare

Group Number: 1435

Member ID: awkskdf5465

[EDIT PROFILE](#)

Hello Lester

**Current Classes**

It looks like you aren't signed up for any upcoming classes.

[FIND CLASSES](#)

**Past Classes**

**Diabetes Prevention Program**

Start Date: 6/1/2022  
End Date: 7/5/2022

[CLASS DETAILS](#)  
[Activity Tracker](#)  
[CDC Prediabetes Risk Test](#)  
[PRE-CLASS SURVEY](#)

**A Matter of Balance**

Start Date: 1/12/2022  
End Date: 2/23/2022

[CLASS DETAILS](#)  
[PRE-CLASS SURVEY](#)  
[POST-CLASS SURVEY](#)

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**Stay Connected! Email Sign-up**

Email Address

First Name

Last Name

[SUBMIT](#)

This site is protected by reCAPTCHA and the Google [Privacy Policy](#) and [Terms of Service](#) apply.

# Participant Portal for Improved Experience

- Participants can complete program paperwork online
- Participants can enroll in additional classes (e.g., physical activity classes) that support National DPP goals

# Reporting is Easy

- Data exports to Microsoft Excel
- Weight, physical activity, and attendance are easily tracked at the participant level
- Participants can log into their own account and update these records

Session Date	Participant Weight (lbs)	Physical Activity (minutes)
8/2/2022	<input type="text"/>	<input type="text"/>
8/9/2022	<input type="text"/>	<input type="text"/>
8/16/2022	<input type="text"/>	<input type="text"/>
8/23/2022	<input type="text"/>	<input type="text"/>
8/30/2022	<input type="text"/>	<input type="text"/>
9/6/2022	<input type="text"/>	<input type="text"/>
9/13/2022	<input type="text"/>	<input type="text"/>
9/20/2022	<input type="text"/>	<input type="text"/>
9/27/2022	<input type="text"/>	<input type="text"/>
10/4/2022	<input type="text"/>	<input type="text"/>

Attendance

☐ Tue, Aug 2  
8:00a

☐ Tue, Aug 9  
8:00a

☐ Tue, Aug 16  
8:00a

☐ Tue, Aug 23  
8:00a

☐ Tue, Aug 30  
8:00a

☐ Tue, Sep 6  
8:00a

☐ Tue, Sep 13  
8:00a

☐ Tue, Sep 20  
8:00a

☐ Tue, Sep 27  
8:00a

☐ Tue, Oct 4  
8:00a

☐ Did Not Attend

Select all sessions

Update

Cancel

# Contact us

**Mark Cullen - Trellis**

Vice President of Strategy and Business Development

[mcullen@trellisconnects.org](mailto:mcullen@trellisconnects.org)

(651) 917-4649

