Cardiovascular Health (CVH) Council
Welcome Packet
2022 -2023
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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. Established in 1988, in partnership with the U.S. Centers for Disease Control and Prevention, NACDD is the only membership association of its kind to serve and represent every chronic disease division in all states and U.S. territories. For more information, visit chronicdisease.org.
Welcome Letter

Thank you for your interest in the Cardiovascular Health (CVH) Council! The CVH Council is a virtual network of all CDC-funded state and local partners and their contractors addressing heart disease and stroke prevention strategies. The CVH Council supports training, identifies learning opportunities, and facilitates meaningful connections among state and local health departments. The Council also provides the cardiovascular health perspective to other NACDD councils, CDC leadership, and national partners.

CVH Council Meetings

The CVH Council meets quarterly. These calls are open to all members of the CVH Council.

Registration information is shared through Off the Cuff.

*Off the Cuff*, our weekly e-newsletter, is a compilation of timely information and announcements that are relevant to those working on CDC’s Division for Heart Disease and Stroke Prevention funded programs. *Off the Cuff* is distributed weekly and includes:

- updates from the CVH Council
- upcoming webinars
- useful resources from national and state partners
- sections pertinent to the CDC-funded programs
- section for health department staff questions for their colleagues.

*Off the Cuff* is also a tool for communicating about the following peer sharing opportunities:

1. **CVH Area Networks:** These smaller group calls happen quarterly and are led by peer liaisons to support CVH-related successes, opportunities, challenges, and resources, with an emphasis on program implementation.

2. **Evaluation Peer Network (EPN),** which is comprised of evaluators and epidemiologists involved in programs sponsored by CDC’s Division for Heart Disease and Stroke Prevention and Division of Diabetes Translation. The EPN meets bimonthly and is publicized in *Off the Cuff.*

NACDD Membership:

We encourage you to check out the NACDD 2021 Member Guide, “Resilient and Resolved: Strengthening the Impact of the Public Health Workforce,” which includes an enhanced collection of resources on racial and health equity to help Members respond more effectively to chronic disease burdens in the United States. For more information about the Cardiovascular portfolio at NACDD, please visit the CVH website here. If you have any questions, please let us know! Our CVH team is happy to assist in any way that we can. We look forward to working with you.

- On behalf of the NACDD CVH Team
CVH Council Overview

What is the CVH Council?
The CVH Council is a virtual network of all CDC-funded state and local partners and their contractors addressing cardiovascular disease prevention and management.

The CVH Council includes health department program staff, epidemiologists, evaluators, and affiliated partners from across the country. The CVH Council supports training, identifies learning opportunities, and facilitates meaningful connections among state and local health departments. The Council also provides the cardiovascular health perspective to other NACDD councils, CDC leadership, and national partners. NACDD’s CVH Team convenes CDC-funded programs related to cardiovascular health and identifies synergies and overlapping priority areas across these programs.

What is the purpose of the CVH Council?
The Purpose of the CVH Council is to:

1. Connect CDC-funded health departments working on heart disease and stroke prevention with each other in meaningful ways to share best practices, ideas, challenges, and solutions.
2. Identify synergies and emerging issues that arise from the CVH Area Network, Evaluation Peer Network, and other NACDD related councils to overlapping priority areas, such as health equity and racial justice; enhancing collaboration with community health workers; and working with pharmacists, hospitals, and health systems.
3. Provide learning opportunities across the CVH Area Networks by contributing to webinars, fireside chats, and other innovative learning opportunities.
CVH Council Roles

• **CVH Council Leadership Team** members are elected or appointed by members of the NACDD CVH Council. Members currently include the Chair, Chair-Elect, and Past Chair, as well as a liaison to the NACDD Health Equity Council. Leadership Team members can be program staff, evaluators, or epidemiologists. The CVH Council Leadership Team meets monthly and develops agendas for quarterly meetings, identifies synergies, suggests topics for webinars and other methods to enhance sharing information among funded sites (See page 6 for a description of the Leadership Team’s responsibilities).

• **CVH Area Networks** are led by appointed Liaisons. The CVH Area Networks build connections within their geographic area (see map) through quarterly calls. The intent of these calls is to facilitate the sharing of promising ideas and state-developed resources among those working on strategies that address heart disease and stroke prevention. Based on information shared during network meetings, the CVH Area Network Liaisons help inform and improve the CVH Council, NACDD, and CDC supports for CVH-related efforts.

• **Evaluation Peer Network** is led by both NACDD staff and recipient evaluation leaders. These bimonthly calls build connections among evaluators and epidemiologists who are addressing heart disease and stroke prevention strategies. The information shared during these meetings can help inform and improve evaluation efforts among funded sites.

• **NACDD** provides training, learning opportunities, and peer-to-peer networking through the CVH Council.

• **CDC** provides program funding and technical assistance to members of the CVH Council.
CVH Council Leadership Team Responsibilities

Below is an overview of the roles and responsibilities for the CVH Council Leadership Team, which is comprised of the Chair, Chair-Elect, Past Chair, and Liaison to the Health Equity Council.

General Responsibilities:

- Provide leadership and direction for the CVH Council and help set priorities for Council offerings, peer engagement opportunities, and other support to health department colleagues.
- Serve as the primary health department points of contact for the Leadership Team, including representing the Leadership Team to CVH Council members, NACDD, CDC, and other national partners.
- Represent the CVH Council Leadership Team at national in-person meetings and conferences, including CDC grantee meetings, and NACDD meetings.
• Engage and lead the Leadership Team in decision-making that affects the strategic direction for the CVH Council.

• Participate in Leadership Team meetings and review meeting minutes for completeness.

Chair Roles and Responsibilities (1 year as the Chair and 1 year as Past Chair)

Area of focus: Communications

• Serve as support on communication-related activities.

• Utilize Off the Cuff to share resources and information to the CVH Council.

• Participate in innovative communication activities such as podcasts, blog posts, or others as identified in collaboration with the NACDD CVH team.

• Coordinate and integrate activities with other NACDD Councils, as needed.

• Succeed to the office of Past Chair after completing one year of service as Chair.

• Time commitment: 1 call per month, 1 CVH Council Quarterly Call, 4 hours per quarter.

Chair-Elect Roles and Responsibilities (1 year as Chair-Elect, 1 year as Chair, and 1 year as Past Chair; serve in the absence of the Chair).

Area of focus: Professional development

• Serve as support for professional development.

• Provide input into speakers for CVH Council quarterly calls.

• Work with the NACDD CVH team to identify topics and speakers for webinars, fireside chats, and other innovative learning opportunities.

• Perform other duties as requested by the Chair.

• Succeed to the Office of Chair after serving a one-year term as Chair-Elect, or immediately, in the event of the Chair’s resignation.

• Time commitment: 1 call per month, 1 CVH Council Quarterly Call, 4 hours per quarter.
Past Chair Roles and Responsibilities (1 year as Past Chair; serve as Chair during Leadership Team meetings when the Chair and Chair-Elect are not present)

Area of focus: Leadership

- Serve as support for leadership opportunities, such as meetings/conferences that are relevant to the Leadership Team.
- Identify opportunities for the CVH Council to submit responses to comment periods or work on cross-cutting issues.
- Work with the NACDD CVH team to identify other opportunities that would elevate visibility of the CVH Council.
- Assist Area Network Liaisons with the direction of CVH Area Network calls.
- Perform other duties requested by the Chair.
- Time commitment: 1 call per month, 1 CVH Council Quarterly Call, 4 hours per quarter.
Appendix.

Appendix. A. Contact Information

NACDD CVH Team

<table>
<thead>
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Appendix. B. Helpful Links

To learn more about NACDD, we encourage you to view these current resources:

- NACDD CVH Webpage: [https://chronicdisease.org/page/cardiovascularhealth/](https://chronicdisease.org/page/cardiovascularhealth/)
- Off the Cuff Newsletter: [https://chronicdisease.org/page/cardiovascularhealth/newsletter/](https://chronicdisease.org/page/cardiovascularhealth/newsletter/)
- NACDD At-A-Glance Factsheet: [https://chronicdisease.org/nacdd-2021-at-a-glance-fact-sheet/](https://chronicdisease.org/nacdd-2021-at-a-glance-fact-sheet/)
- NACDD 2021 Member Guide: [https://chronicdisease.org/nacdd-2021-member-guide/](https://chronicdisease.org/nacdd-2021-member-guide/)
- NACDD Communications Guide: [https://chronicdisease.org/page/communications/](https://chronicdisease.org/page/communications/)