



**SPINE Program Training and Technical Assistance Offerings**  
**January – December 2022**  
*Subject to Change*

The following table provides a summary of **1) Required training and technical assistance (T/TA) opportunities; 2) Optional T/TA opportunities; and 3) Resource Sharing.** For required meetings, at least one state representative must participate. Meetings will be supported by specific calendar appointments. **Note: Additional, optional offerings may be made available pending State T/TA needs.**

Meeting Name	Purpose	Date/Frequency	Notes/Registration Details
<b>REQUIRED T/TA OPPORTUNITIES</b> <i>(At least one state representative must participate in each)</i>			
<b>SPINE Monthly Update Calls</b>	Administrative updates re: program implementation and evaluation, general support, and Q&A.	Monthly, every 3 <sup>rd</sup> Tuesday, 3:00 – 4:00 pm ET.	Calendar invites with meeting details will be sent by SPINE Team.
<b>Individual 1:1 Support Calls with States</b>	Overall program implementation support (e.g., project management, budget, evaluation, action plan activities etc.). On some months, states can showcase their SPINE work and existing projects around food and nutrition security and health equity.	Monthly, times and dates vary.	Calendar invites with meeting details will be sent by SPINE Team once states confirm availability.
<b>Special Topic Learning Opportunities</b>	Deeper dive on pre-selected topics related to SPINE, based on T/TA opportunities outlined in the initial SPINE application in addition to requests made by states on what is needed to support their work. Format of opportunity might vary (e.g., panel discussions, seminars, workshops, etc.).	Monthly, with most taking place every 2 <sup>nd</sup> Wednesday, 2:00 – 3:30 pm ET. Occasionally it will take place the 4 <sup>th</sup> Wednesday of the month if there is a BRIC Webinar on a SPINE-	Calendar invites with meeting details will be sent by SPINE Team.

Meeting Name	Purpose	Date/Frequency	Notes/Registration Details
		related topic. See row below for more detail.	
<b>Select BRIC Monthly Webinars</b>	States will be required to attend monthly webinars hosted by the BRIC program in lieu of the Special Topic Learning Opportunity, if they are on topics related to the SPINE program.	BRIC Monthly Webinars are held every 4 <sup>th</sup> Wednesday, 2:00 –3:30 pm ET.	Calendar invites with meeting details will be sent by SPINE Team.
<b>OPTIONAL T/TA OPPORTUNITIES</b>			
<b>Other BRIC Monthly Webinars</b>	States will be invited to all BRIC Monthly webinars (though you are only required to attend those with a focus on food and nutrition security and health equity; see above). Topics of other webinars include access to safe physical activity opportunities and social connectedness.	BRIC Monthly Webinars are held every 4 <sup>th</sup> Wednesday, 2:00 – 3:30 pm ET.	Calendar invites with meeting details will be sent by SPINE Team.
<b>Peer Exchange Sessions</b>	Peer-to-peer learning opportunities based on needs related to SPINE strategies such as, but not limited to, food and nutrition security strategies across the lifespan, health equity, partnership building, etc. States will be invited to present using the <i>Offer and Ask</i> method; additionally, specific questions and resources will be used to help shape the conversation.	Second Thursday of every other month, 2:00 – 3:00 pm ET. Will alternate with Office Hours.	Calendar invites with meeting details will be sent by SPINE Team.
<b>Office Hours</b>	Office Hours will be on a pre-selected topic (most likely related to the Special Topic Learning Opportunity of the month) and time will be dedicated to discussing the topic further and answering questions.	Second Thursday of every other month, 2:00 – 3:00 pm ET. Will alternate with Peer Exchange Sessions.	Calendar invites with meeting details will be sent by SPINE Team.
<b>CDC DNPAO Weekly Trainings</b>	CDC/DNPAO Weekly Networking Calls/Listening Sessions for SPAN/HOP/REACH-funded states/organizations. Opportunities open to SPINE states will be shared, as relevant and/or applicable.	Weekly, every Thursday, 2:00 – 3:30 pm ET. Topics may relate to SPINE.	Meeting details will be shared by SPINE team.

<b>ADDITIONAL SPINE T/TA RESOURCES</b>		
Resource Name	Purpose	Notes
<b>Group Communication</b>	States can connect with each other, ask questions, and share information in an informal manner.	Platform /mechanism TBD.

<b>SPINE Bulletin</b>	SPINE program communication disseminated the 3 <sup>rd</sup> Tuesday of each month. The purpose of the Bulletin is to provide grant and evaluation updates, and to share resources and stories from states.	
<b>NACDD SPINE Website</b>	To provide a one-stop-shop opportunity for information sharing; examples include, but are not limited to, program management documents, state profiles, T/TA opportunities, and other resources. Website will be updated monthly.  <b>External SPINE Program Webpage:</b> <a href="https://chronicdisease.org/spine-program">https://chronicdisease.org/spine-program</a> <b>Internal SPINE Program Webpage for SPINE states:</b> Coming soon!	
<b>Resource Sharing</b>	To provide additional information, in written or visual formats, regarding SPINE strategy areas, health equity, COVID-19-specific pivots or learnings; this information can be shared by and across all SPINE program partners and states.	SPINE Team will disseminate the resources via the program website or SPINE Bulletin.
<b>Implementation Guide</b>	This guide will include guidance on how states can implement projects that promote food and nutrition security with a health equity lens in the wake of COVID-19. SPINE best practices, challenges, and successes will be shared in the document. All SPINE states will be interviewed and contribute to this document.	This resource will be developed post-SPINE program implementation.
<b>SPINE Showcase</b>	To provide a shared space and opportunity to discuss lessons learned, celebrate what's working, and reflect on sustainability moving forward. Slated for Fall 2022/Winter 2022.	