



RESOURCES FOR DIABETES & COMORBID CONDITIONS

NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS PROGRAM SHOWCASE
JANUARY 20, 2022

[Showcase 2022 Presentation and Materials](#)

DIABETES RESOURCES

The National Association of Chronic Disease Directors (NACDD) leads and manages multiple projects to expand, build sustainability, and increase access, enrollment, and completion for both the National Diabetes Prevention Program (National DPP) and diabetes self-management education and support (DSMES) services. NACDD works collaboratively with the Centers for Disease Control and Prevention (CDC), State Health Departments, and many national and state-level partners to help them strategically expand partnerships, build capacity to address state and national objectives, and advance health equity. The following projects and resources are key components of [NACDD's action on diabetes](#).

State Engagement Model

CDC and NACDD created the State Engagement Model (StEM) to catalyze coordinated action and collective impact of the National DPP and CDC-recognized lifestyle change program across diverse stakeholders in diabetes prevention. The model's primary purpose is to enhance stakeholder engagement and cultivate lasting partnerships that commit and act to help sustain and grow the National DPP.

Since 2012, NACDD has worked with 45 State Health Departments and the District of Columbia to plan and host a major event we call a State Engagement Meeting to identify multi-sector partners to help develop and implement a coordinated state action plan to prevent type 2 diabetes. The successful State Engagement Model has been used for other conditions such as oral health, physical activity and nutrition (PAN), and other projects. NACDD walks each state through the model and assists them to recruit partners who can make a significant difference in the success of the action plan. NACDD's [Collective Impact in Action Report](#), published in 2020, showcases the success of 14 states since putting their action plans in place.

Employer Learning Collaborative

The [Employer Learning Collaborative](#) provides tailored technical assistance and support while engaging employers to offer the National DPP lifestyle change program as a covered medical or wellness benefit for their employees. Twenty-five State Health Departments and five national organizations have participated in the program, which aims to accelerate employer coverage, capture employer perspectives, develop a replicable model, and provide technical assistance to participants.

Diabetes Council

The NACDD [Diabetes Council](#) is comprised of more than 250 Members from State Health Departments and the District of Columbia who work on diabetes initiatives. Members who become actively involved in the Diabetes Council benefit from access to networking, training, and other opportunities that support implementation of diabetes objectives. The Council is guided by 14 members of the [Diabetes Council Leadership Group](#), which serves as a collective voice for all State Health Departments.

Coverage 2.0

NACDD's Coverage 2.0 project builds capacity for public and private payer coverage of the National DPP lifestyle change program, with a particular focus on Medicaid and Medicare. The project expands public health infrastructure through group-based learning, technical assistance, and funding for 25 state health departments and over 50 Medicare Diabetes Prevention Program (MDPP) suppliers. It also provides stewardship of public health and Medicaid partnerships, and state and national stakeholders including CDC-recognized organizations and managed care organizations. The [National DPP Coverage Toolkit](#) is maintained through NACDD's Coverage 2.0 project and has been visited by nearly 75,000 unique users since its launch in 2017.

Umbrella Hub Arrangements

[Umbrella Hub Arrangements](#) are a novel approach connecting Community Based Organizations delivering the National DPP lifestyle change program with healthcare payment through an "umbrella" structure of administrative services. Lessons learned are shared in real time with the entire diabetes portfolio so that promising practices can be incorporated into other diabetes portfolio projects.

LEAP Learning Labs

LEAP (Learn. Explore. Activate. Problem-Solve.) learning labs offer a series of sessions that are a combination of presentations, peer-to-peer learning, and small-group discussions with facilitation by NACDD. The purpose of LEAP Learning Labs is to build participants' deeper capacity in specific areas to enhance access to and enrollment in the National DPP. Learning lab topics to date include, Umbrella Hub Arrangements, Increasing Beneficiary Enrollment in MDPP and Increasing MDPP Suppliers. Email the [diabetes team](#) to learn more about LEAP Learning Labs.

Scaling the National Diabetes Prevention Program in Underserved Areas

CDC's cooperative agreement, [Scaling the National DPP in Underserved Areas](#), funds 10 national organizations with affiliate sites (CDC-recognized organizations) to deliver the National DPP lifestyle change program across multiple states. In addition to NACDD being a recipient of this cooperative agreement, NACDD's Diabetes Technical Support and Assistance team supports CDC to provide technical assistance to all 10 recipients. Priority populations include Medicare beneficiaries, men, African Americans, Asian Americans, Hispanics, American Indians, Alaska Natives, Pacific Islanders, and non-institutionalized people with visual impairments or physical disabilities.

Make a Choice to Text HEALTH

Through the Make a Choice to Text HEALTH media campaign project, NACDD is testing the use of text messaging to screen and enroll into the National DPP lifestyle change program. The project will study participant motivators and the streamlining of enrollment of underserved populations (specifically Black and Latinx people of low socio-economic status) into the National DPP lifestyle change program. The project uses traditional media, social media, and partnership engagement. The Make a Choice to Text HEALTH campaign is set to launch in mid-2022. Email the [Diabetes Team](#) to learn more.

HALT

[HALT Diabetes](#) is an online delivery platform for the National DPP lifestyle change program that allows states to increase access and affordability of the National DPP lifestyle change program to those at highest risk for type 2 diabetes. The platform is offered in both English and Spanish and is being used by 16 states.

National DPP and DSMES State Specialist Networks

NACDD in partnership with the CDC (and other partners) developed two Networks of diabetes specialists. The Networks are each comprised of a state level public health workforce equipped with specialized

training to become either a Diabetes Self-management Education and Support (DSMES) State Specialist or a National Diabetes Prevention Program (National DPP) State Quality Specialist. The specialists are trained to provide technical assistance and support to delivery organizations and partners to who aim to increase access to and enrollment in the National DPP lifestyle change program or DSMES. They also have an intentional focus on health equity to help address the high rates of diabetes among the priority population. Email the [Diabetes Technical Support and Assistance team](#) to learn more.

VISION AND EYE HEALTH RESOURCES

NACDD's vision and eye health activities are focused on building the capacity of state, tribal, local and territorial (STLT) agencies to improve vision and eye health. For the past several years our capacity building activities have included grants, technical assistance and resources provided to public health agencies and their partners. Examples of resources available to STLT agencies and their partners include the following:

The **National Resource Center for Vision and Eye Health** (www.visionandeyehealth.org), which includes information and resources designed to build awareness of vision and eye health as a public health issue, promote vision and eye health as a public health priority, and identify and implement evidence-informed and promising approaches to enhance vision and eye health.

Building Public Health Capacity to Enhance Vision and Eye Health: A Toolkit for Public Health Agencies and their Partners, which provides resources and guidance to assist public health agencies and their partners to assess the burden of vision impairment, build partnerships, implement evidence-based interventions to improve vision and eye health, and evaluate the impact of those interventions. The Toolkit is available on the National Resource Center for Vision and Eye Health and the CDC Vision Health Initiative website at www.cdc.gov/visionhealth/pdf/VisionAndEyeHealthGuide508.pdf.

State Profiles on Vision and Eye Health, which present an overview of the impact of vision impairment and comorbid conditions in each of the nation's 50 states. (Is the previous item is not a sentence.)The profiles are available on the National Resource Center for Vision and Eye Health and the CDC Vision Health Initiative website at www.cdc.gov/visionhealth/data/state-profiles/index.htm.

ORAL HEALTH RESOURCES

NACDD's oral health projects are focused on two key activities:

1. providing technical assistance to five states (Colorado, Connecticut, North Dakota, South Carolina, and Virginia) that are being funded by CDC's Division of Oral Health to implement medical-dental integration projects in collaboration with their state partners and documenting the process so they can be disseminated as promising approaches; and
2. developing a framework to promote medical-dental integration strategies so interested organizations and their partners can promote these approaches broadly. Additional elements that will be part of the medical-dental integration framework include branding and partnership engagement strategies. Resources for states and their partners are under development. They will be guided by the evidence base obtained from a comprehensive review of the literature.

A sample of key resources are listed below:

[Oral Health in America: Advances and Challenges](#) is a culmination of two years of research and writing by more than 400 contributors. As a follow up to the Surgeon General's Report on Oral Health in America, this report explores the nation's oral health over the last 20 years.

[Innovations in Oral Health and Primary Care Integration](#) calls for two vital areas of the healthcare system to collaborate more. Primary care, as the main point of entry and access to support for patients in the healthcare system, represents a remarkable opportunity to better meet patients' oral health needs across the socio-economic spectrum. In addition, integration of oral health and primary care is increasingly acknowledged as a key strategy to achieve health justice. Using the framework of the seven Principles of Primary Care, this report highlights the many diverse mechanisms and the varying scope of integration efforts across the U.S.

[Smiles for Life: A National Oral Health Curriculum](#) was originally developed in 2005 by the Society of Teachers of Family Medicine Group on Oral Health. The 4th edition of Smiles for Life was released in 2020. It continues its broad focus on all primary care clinicians, while adding a module on the oral examination and opportunities for interactive on-line learning opportunities that focus on individual learners and small groups. Smiles for Life was honored by the American Dental Association and the American Academy of Family Physicians with Letters of Commendation in 2011. Smiles for Life is now the nation's most comprehensive and widely used oral health curriculum for primary care clinicians. It has been officially endorsed by 20 national organizations and is in wide use in professional schools and post-graduate training programs.

Organizational resources:

[Division of Oral Health](#), National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention is a resource for state health departments.

[National Diabetes Education Program \(NDEP\)](#): A partnership between the Centers for Disease Control and Prevention and the National Institutes of Health.

Association of State and Territorial Dental Directors White Paper: [Opportunities for Improving Oral Health and Chronic Disease Program Collaboration and Medical-Dental Integration](#). Adopted: October 2018.

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