

# 'AHA' Moments over the two days

Pursue efforts that have sustainability front-of-mind!

Community engagement is important.

SPINE will allow us to achieve progress across multiple objectives within our state obesity plan (OK)

The AMAZING work planned by all of the SPINE states. I had not idea such great work is planned.

None that I can think of!

"To get to equity we have to walk through truth"

The importance of indigenous land and its impact on our work.

Other historically marginalized groups to target

Details to share with partners

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Our history without slavery is much shorter than our history with slavery in the U.S.

# One action you will bring to your state's SPINE project after today

Develop a plan to collect local level information to inform our interventions

Assess partners and who is (not) represented

Emphasize sustainability of relationships beyond grant period

More diverse partnerships

Acknowledge hard truths AND figure out ways to take subsequent action.

Educating that being uncomfortable is a part of improving health equity

Enhanced partnerships

increasing the power of partners