

Your Boss Cares: Time Off for Mammograms in Puerto Rico

The Puerto Rico Breast and Cervical Cancer Early Detection Program used CDC's [Worksite Health ScoreCard](#) to develop a needs assessment for employers in January 2019. The assessment helped the program evaluate the strengths and weaknesses of a company's health promotion strategies. With this resource in hand, the program approached a small company, Myriad Benefits Incorporated, that agreed to the needs assessment.

Based on the needs assessment findings, in May 2019 the program talked to Myriad Benefits Incorporated about ways in which they could encourage healthy behaviors among their employees. The next month, the company agreed to grant up to four paid hours of leave for employees to get a mammogram and began promoting the smoking quit line. Myriad Benefits plans to complete a follow-up needs assessment next year to measure results and choose more health promotion policies to consider.



Policies that grant paid time off for cancer screenings help employees get the medical care they need.