



SPIPA

2018 Annual Report

SPIPA Strategic Plan: Vision, Mission, Goals



Remembering Zelma McCloud, and the formation of SPIPA



In the mid-1970's, the tribal leaders of the south sound Tribes were determined to make some progress. A lot was happening, there was a change in the air; the civil rights movement, the fishing rights struggle, the Indian Self-Determination Act, and for the first time, federal funding for tribal programs. The South Sound Tribes needed to be a part of this, but individually they were small and had trouble competing for funds against cities and counties.

Zelma McCloud, Chairman of the Nisqually Indian Tribe at that time, was one of those tribal leaders who saw the need for an intertribal planning agency that was responsive to the Tribe's needs for planning, technical assistance, and funding support. Tribal staffs were small to nonexistent, and any help that could be secured through grants was desperately needed.

At that time, HUD had a "701 planning grant program" for which Tribes were eligible, and EDA had a similar economic development planning grant which was designed to help Tribes develop economic self-sufficiency. The Tribes were advised by both EDA and HUD that they stood a better chance of securing these fundings if a local intertribal planning agency was in place to provide collaborative support in managing funds. So they started to work on forming the SPIPA organization.

The Small Tribes Organization of Western Washington (STOWW) was in a sense the predecessor to SPIPA. STOWW had served a useful purpose for the Tribes in the early 1970s, but Zelma and the other tribal leaders of the Chehalis, Skokomish and Squaxin Island Tribes, felt the need for a smaller more accountable organization they could call their own.

A series of intertribal meetings took place in 1975 and early 1976 to conceptualize a new agency. Besides Zelma, other tribal leaders involved included Bill Smith, Cal Peters, Melvin Youckton, Gary Peterson, and Curtis Dupuis. Forming South Puget Intertribal Planning Agency was not an easy decision. There was concern about whether the Agency might grow to be unaccountable, or whether the Tribes could get along for the long term.

40 years later the verdict is in, and the vision of Zelma McCloud and the other tribal leaders of the SPIPA consortium has been borne out. The SPIPA consortium, although it has grown considerably, is still accountable to the Tribes, and the Tribes themselves have shown a remarkable ability to get along to achieve the greater common good.

Over the years, Zelma continued to be an advocate for the programs and services provided to the Nisqually community by SPIPA. She served as the Elders' Coordinator for her Tribe and only retired in her early 80's for health reasons. She participated in a variety of SPIPA activities, especially those pertaining to Elders and the Cancer programs, where she developed many friendships with people from all of the tribal communities. Zelma passed in December of 2018, but her legacy as a servant to her Tribe and a Champion of SPIPA will not be forgotten.

Greetings from the Board Chairman and Executive Director



It's been a busy year here at South Puget Intertribal Planning Agency, one that has included many successes as well as opportunities for the continued enhancement of SPIPA services to meet the needs of the Consortium Tribes and community members.

Throughout the year, SPIPA serves Consortium Tribes through projects and services delivered in partnership with Tribal programs. Quality services across the lifespan are grounded by building healthy foundations for community members. In the spring and summer this means healthy food activities supported by the Native Women's Wellness and Comprehensive Cancer Programs, (*featured on page eight.*) SPIPA staff also partnered with Garden Raised Bounty (GRUB) to provide the Feeding Seven Generations curriculum to all five Consortium Tribes and to offer a Train the Trainer series to implement this curriculum.

In addition to a healthy foods focus, the Native Women's Wellness Program has implemented a Patient Navigator Program (PNP) and is recognized by both the Centers of Disease Control (CDC) and the National Indian Health Board as being the only CDC grantee to implement the PNP model at the Tribal Clinic level. SPIPA continues to seek additional support for health and wellness programs to focus on specific health conditions and improving health outcomes in Consortium Communities.

In the fall, SPIPA celebrated with Tribal Elders as we came together for the third annual Looking Forward Together Event (*featured on page five*) hosted at the Nisqually Tribal Youth Center. Community members and staff alike were challenged to prepare for many emergency needs including animal care, physical health and evacuation plans. And in the spirit of good fun we closed the day with a rousing game of Emergency Preparedness BINGO.

Winter found staff preparing for snow flurries and a chance to practice the important emergency preparation lessons learned from Looking Forward Together as we hunkered down for unpredictable weather. And while the Federal funding environment continues to provide challenges un-related to snow, SPIPA had the opportunity to host several successful site visits from grant Project Officers which has allowed us to take a closer look at the impacts of our programs and be encouraged about how the quality of our services has grown over the years. The variety of programs we help administer may have different names but at the core, we strive to build on the success of health, wellness, community empowerment and workforce development from our 40+ year history.

We are indebted to the work of the visionary leadership who brought SPIPA to live and who were committed to a future of the Consortium Tribes working together to achieve all possible benefits from our collaborations. On behalf of the SPIPA Board of Directors, Whitney and myself, we thank those who came before us and those who carry on the important work of our future.

Dan Gleason

Whitney Jarvi

2018 SPIPA Board of Directors

The SPIPA Board, which meets once a month, sets direction and approves policies for the South Puget Intertribal Planning Agency (SPIPA). Each Board member listed below is appointed by their Tribal Council and assists the SPIPA team in keeping their Council and administration informed about SPIPA activities and intertribal project opportunities.



Chehalis

Harry Pickernell (*Delegate*)
Dan Gleason, (*Alternate*) Board Chairman



Skokomish

Alex Gouley (*Delegate*)
Jack-Lyn Smith (*Alternate*)



Nisqually

Sharlaine Revey (*Delegate*)
Marie McDonald (*Alternate*)
Joe Cushman (*Alternate*)



Squaxin Island

Vicki Kruger (*Delegate*) Board Treasurer
Patti Puhn (*Alternate*)
Charlene Krise (*Alternate*)



Shoalwater Bay

Kathirine Horne (*Delegate*) Board Secretary
Lynn Clark (*Alternate*)

Workforce Development Program

Transition from Social Service Model to a New Workforce Development Model

Previously our program was more of a direct cash assistance program with little oversight to client goals, activities and outcomes. We have revised our system for establishing goals and tracking outcomes. The program has begun to examine client suitability in the program versus simply their "eligibility". Clients must be willing and able to participate in work or education programs that will ensure their self-sufficiency at the time they exit the program. We have strengthened our overall case management process to hold case managers accountable to clients and the program.

Recognizing the organizational and staffing shift, staff development through training opportunities at regular case manager meetings and departmental in-service events for effective and efficient communication of policy and procedure changes, as well as, to engage staff in planning activities to create buy-in and ownership of program changes. During the bi-monthly case manager meetings, case managers bring files to "staff" as a group to determine actions that will emphasize workforce development counting activities towards participation. As system updates occur in TAS, trainings are also held as needed during these meetings or if significant enough, Eaglesun is brought in to facilitate training.

As SPIPA continues to move forward, we continually set aspirational goals to serve Tribal communities that are confronting a number of barriers. We strive to support them accomplishing their goals of becoming economically and wholistically self-sufficient. By continually learning and progressing, we are able to provide the Consortium Tribes we serve with best practices through sharing and offering what we have learned along the way.

Building upon our success to date, we are optimistic that our program will continue to flourish and that we can deliver significant accomplishments towards accomplishing the Board's Goal 3 to: "Support Consortium Tribes in increasing Tribal Member employability through workforce development and training programs."



Healthy Families Program

Focuses on new curriculum and accomplishments

SPIPA's Healthy Families Program has served families at Chehalis, Squaxin, Nisqually, Skokomish and the urban TANF sites located in Tacoma and Bremerton for many years now. Healthy Families provides home visiting services and Parents As Teachers curriculum training to eligible families located within the SPIPA service areas. Staff have been increasing caseloads at some sites while all home visitors remain focused on visit dosage, meaning conducting the required number of visits per family each month dependent on each family's individual needs. Staff also hold Parent Groups at each site and must conduct data collection activities at least twice a year. These projects keep our home visitors quite busy, but don't reflect the additional program requirements such as regular training, program coordination and other reporting obligations.

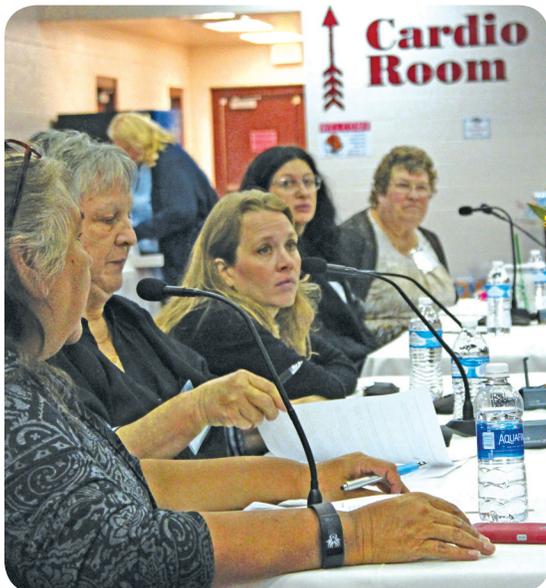
Most recently, our staff have participated with other Tribes in a training located at Daybreak Star in Seattle. We also attended the Annual All Grantee Meeting held in Baltimore, MD at the end of Feb, 2019.



Looking Forward Together 2018: *Elders Supports and Services*

Emergency Preparedness

Tribal Elders from the five Consortium Tribes along with SPIPA staff members and guest speakers gathered for the third annual Looking Forward Together: Elder's Supports and Services event on October 30, 2018. This year the event was held at the Nisqually Youth and Community Center and featured a theme developed from feedback from previous years events: Emergency Preparedness. The Statewide Health Insurance Benefits Advisor (SHIBA) provided a volunteer who shared Medicare Outreach Materials. The volunteer was at the entire event and answered any and all Medicare questions the Community members had.



Shoalwater Bay's Emergency Management Director, Lee Shipman anchored the first session, a panel of professionals with emergency planning expertise. Panelists included a pharmacist from the Nisqually Pharmacy, a representative from the Center for Independent living in Skagit County, and a canine training professional. These experts shared their knowledge, both professional and personal, while responding to questions from the audience which ranged from evacuation routes and safety measures to how to talk to your care provider regarding keeping an emergency supply of prescription medications. The panelists also shared the importance of devising a family meeting/contact plan, and how to train your pet to respond to commands in an emergency.

Todd Holloway, Center for Independent Living Director and Co-Chair of the National Council on Independent Living's Emergency Planning Subcommittee and Alex Hatcher, Independent Living Supervisor, Center for Independent living then gave a presentation called Safe and Ready: Emergency Preparedness for Elders. Both Todd and Alex work in Skagit County and briefly described what happens during a natural disaster, using as an example the catastrophic landslide in Oso that occurred just a few years ago. They encouraged audience members to work with the emergency management teams at each Tribe and in each community to

make sure their needs were addressed in local emergency planning.

After a robust lunch, SPIPA's Native Women's Wellness Program Coordinator and Communications Specialist led a seated group exercise with resistance bands to emphasize the importance of maintaining mobility and strength in everyday life and in emergency situations. This message was reinforced by a presentation on Falls Prevention offered by Debbie Behr, a podiatrist who serves the Skokomish and Chehalis Tribes.

The day concluded with door prizes and several rounds of Emergency Preparedness BINGO. Elders were encouraged to fill out a survey containing questions that were relevant to the day's topics of discussion and also questions that would provide the theme for the 2019 event. Elders went home with emergency grab-and-go back packs, warm blankets and tips for preparing their homes for an emergency.

SPIPA appreciates all employees who helped in planning, the Tribes who assisted by providing additional funding or use of venue, and the speakers and panelists who took the time to come and share vital information on this very relevant topic in Tribal Communities.



SPIPA Program C

Community Resources



WIC / LIHEAP/ USDA Foods

- case load is at 90%

Impacts:

- 48 Women served
- 130 Children fed and 11 breastfed infants
- 5 homes weatherized
- 245 LIHEAP Clients served

Family Supports



Healthy Families

- Connects resources and services to Native families.
- Provides free education and facilitates cultural activities.

Impacts:

- 150 families served
- 135 families visited and screened
- 135 families participated in cultural events
- 85 cases connected with resources



Cluster Highlights

Workforce Development

TANF/ WFD / VR

- ✓ 238 Clients in FY18

Impacts:

- 30 participants achieved high school, GED, college, Vocational training.
- 41 cases closed due to higher earned income
- 80% attendance at events



Health and Wellness

Cancer Programs

- ✓ Achieved Nationally recognized certification
- ✓ Formed new partnerships with:

- Salish Cancer Center
- American Cancer Society
- Mt. View Women's Center
- American Cancer Society

Impacts:

- 511 women received cancer screenings
- 711 Community members received outreach education and awareness



Programs Collaborate at Gatherings for Health and Wellness

Last year, programs in the SPIPA Health and Wellness Cluster worked hard with Patient Navigators at the consortium Tribes to increase the collaboration of programs by partnering together to look for ways to increase cancer screenings, prevention, and community awareness by holding events centered around a healthy lifestyle. This resulted in access to a resource pool of nutrition and physical fitness subject matter experts. By assisting in providing these resources to the Tribes, they now have access to resources that they have not had before.

Since then, all five Tribes have initiated policy changes that encourage healthy food/drink options to be available at community events and council meetings. Infused water, traditional teas and foods are now served as an educational, talking piece. Also noteworthy are the informational events that each Tribe is holding for its community members. Modeling healthy lifestyle practices such as diet, exercise, and routine cancer screenings. Facilitations encompass traditional ways, with a hands-on approach to healthy cooking, medicine making, and exercise.



The Confederated Tribes of the Chehalis Reservation has educated a group of Elders (Wisdom Warriors), encompassing cancer survivors and caregivers on the benefits of healthy eating and provided oncology driven nutritional education from a member of the Salish Cancer Center Oncology team. Engaging topics of discussion were centered on free-radicals and how to limit and counteract exposure.

The Nisqually Indian Tribe held a two-day conference at the Salish Cancer Center to cancer survivors and caregivers. The

Wellness event provided nutritional education on traditional herbs and teas from Elise Krohn and a seminar from Naturopathic Oncologist, Amy Loschart. The Nisqually Tribe also hosts a Annual Health Fair and showcases the bounty of their tribal garden with tastings of recipes prepared for community members.



The Shoalwater Bay Tribe provides a monthly nutritional education program for community members that typically have a minimum of 25 participants for each class. Traditional foods education along with a cooking demonstration is provided along with information on how to create lasting changes in habits and diet.



The Skokomish Indian Tribe provides a gathering, harvesting and preservation of traditional foods educational seminar twice a year. Additionally they reduce the barrier of access to fresh fruit and vegetables by partnering with a local farm that provides a CSA delivery box to 10 Tribal Elder Families. The delivery boxes include proteins from eggs and meats, fruits and vegetables, and recipe information which includes nutritional guidance.

The Squaxin Island Tribe is holding a yearlong educational seminar following CDC curriculum. Partnership programs in this effort are: CCCP, Diabetes, Tobacco Cessation, and Healthy Families. They are also collaborating among their cancer programs, Elders Program, Healthy Families, and their community garden. These collaborative efforts will address the need for volunteer resources at the garden, the need for healthy living

resources, and the opportunity for community engagement. They are also providing physical activity education to their community members through a CDC curriculum with a regular meet up for a year-long seminar.

The success of these events would not be possible without the contribution from the Tribal Patient Navigators within their respective communities. They are dedicated to their positions and provide a connection to the community that aids in participation attendance. Providing healthy options at community meetings and events show continuity in program goals. External partnerships and community donations help in maintaining the direction of this objective.



SPIPA Program Clusters

Community Resources

Community Services Block Grant (CSBG)- Reduces the impact of poverty by improving nutrition and providing education, recreational, and social activities.

Home Weatherization Program - Low-income households receive an energy audit and receive products and services to improve the energy efficiency of their home.

Low Income Home Energy Assistance (LIHEAP) - Low-income households receive financial assistance for home energy costs.

Food Distribution Program on Indian Reservations (USDA Foods) - Distributes food each month including fresh vegetables and frozen meats.

Family Violence Prevention Services Act (FVPSA)- Comprehensive dating and domestic violence prevention program which offers assistance and support to victims and non-offending members of their household.

Women Infants Children (WIC) - Provides healthy food along with nutritional information, to women, infants and children.

Emergency Food Assistance Program (EFAP) - Provides emergency food vouchers to eligible households and individuals.

Health and Wellness

Native Womens Wellness Program (NWWP) - Promotes community awareness and education, access, referrals and free screenings for the early detection of breast and cervical cancer.

Comprehensive Cancer Control Program (CCCP) - Convenes community members and resources to promote healthy lifestyles, the earliest possible detection of cancers and support to all community members going through treatment after a cancer diagnosis.

Senior Meals - Provides nutritious meals to Tribal elders.

Caregivers - Provides support for unpaid family caregivers with training, one-on-one counseling and support groups. Also may provide assistive medical equipment such as walkers, hand rails, lifting straps, etc.

Medicare Improvements for Patients & Providers Act (MIPPA) - Teaches people about applying for and accessing Medicare benefits for themselves, family and community members.

Workforce Development

Tribes Assisting Native Families (TANF) - Provides employment and training services to eligible, enrolled native families and may provide financial assistance as clients move toward self-sufficiency.

Vocational Rehabilitation (VR)- Provides training, counseling, and other assistance to eligible clients to overcome barriers to employment.

Native Employment Works (NEW) - Provides work activities and supportive services to prepare for, obtain and/or retain employment to eligible clients.

Family Supports

Healthy Families - Home Visitors provide services to improve child and family outcomes including health & development, parenting practices, and improved school readiness for eligible families.

TANF-Child Welfare Building Healthy Generations (TANF-ICW) - Coordinates Tribal TANF and Child Welfare Systems to develop processes and cooperative models at the local and intertribal level through program technical assistance and community education.

Foster Home Program - Provides a full range of foster care services including foster home recruitment, child placement and foster parent training and support.

Child Support Program - Coordinates with Washington State's Division of Child Support and SPIPA TANF sites to assist in providing child support pass-thru payments for eligible families who receive SPIPA TANF.

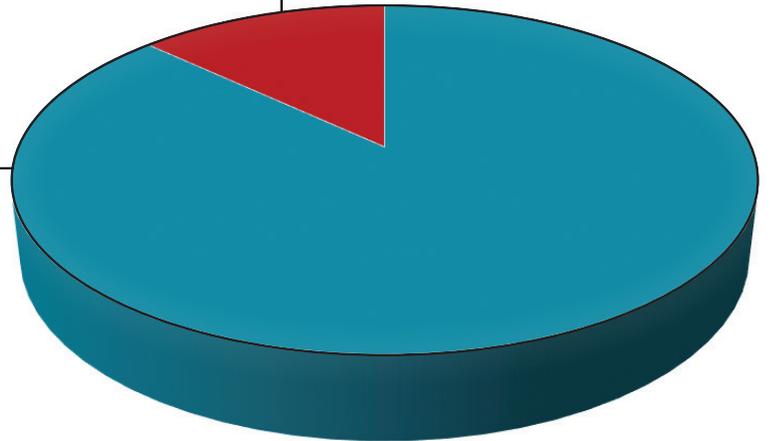
Child Care Development Fund (CCDF) - Assists low-income families to obtain child care for work, promotes early childhood development/afterschool program coordination.

SPIPA Audited Financials Fiscal Year 2018

EXPENSES \$14,846,120

Management & General
13% [\$1,959,781]

*Program Service Expenses
87% [\$12,886,339]



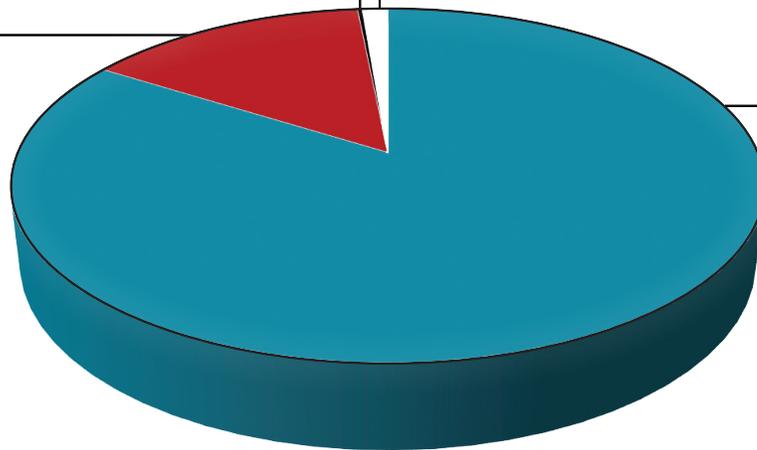
REVENUES \$14,651,967

Investment Income
.25% [\$37,212]

Program Service Revenue
14.5% [\$2,056,640]

Other Revenue
1.3% [\$200,551]

Contributions &
Grants
84%
[\$12,357,564]



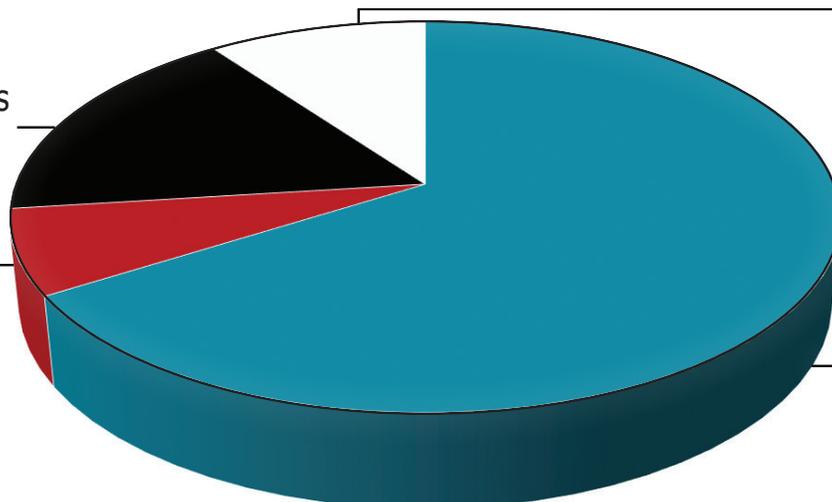
*PROGRAM EXPENSES BY CLUSTER AREA

Family Supports
17%

Community
Resources
7%

Health and Wellness
10%

Workforce Development
66%



South Puget Intertribal Planning Agency

3104 SE Old Olympic Hwy Shelton, WA 98584 360.426.3990 spipa.org



SouthPugetPlanning

SPIPA is a Tribally chartered 501(c)(3) non-profit serving the Chehalis, Nisqually, Shoalwater Bay, Skokomish and Squaxin Island Tribes.

