
Contact us for NO COST services:

If you live in Maryland and need breast or cervical cancer screening, **contact the health department listed below**. Every attempt will be made to provide you with cancer screening services at a location that is convenient for you.

*"I was able to see a great doctor for the breast exam and Pap test. **It was easy.** The local Health Department staff helped me to set up the appointment when it was convenient for me, and both services were done in the same doctor's visit."*

~ A Patient Testimonial

Maryland Breast and Cervical Cancer Program



**Cancer Screening
Can Save Lives
Are you up-to-date?**

The program will ask you questions to determine if you qualify for the program, such as income, family size, and health insurance coverage.



Maryland

DEPARTMENT OF HEALTH

Funding provided by the
Maryland Department of Health and
Centers for Disease Control and Prevention
(Award 1NB01OT009297)

**We provide services
at NO COST to you:**

- ◆ Clinical Breast Exam
- ◆ Mammogram
- ◆ Pap and Human Papillomavirus Test

What is the Maryland Breast and Cervical Cancer Program (BCCP)?

The Maryland BCCP provides breast and cervical cancer screenings at **NO COST** to women across Maryland who meet program eligibility requirements below:

- Live in Maryland
- Have limited income
- Have no health insurance or insurance that does not fully pay for cancer screenings
- Belong to the following age groups:
 - * For breast cancer screenings: 40 to 64 years old, or over 65 and do not have Medicare Part B
 - * For cervical cancer screenings: 21 to 64 years old

What if I have health insurance?

Even if you have health insurance, we can assist you through our patient navigation services at **NO COST** to you.

What services does the program offer?

Breast Cancer Screening

- A clinical breast exam
- A mammogram
- Additional tests, if there is an abnormal finding

Cervical Cancer Screening

- Pap test (also called pap smear)
- Human Papillomavirus (HPV) test
- Additional tests, if there is an abnormal finding

Patient Navigation Services

We can help you:

- Understand the screening process
- Find a doctor in your area
- Understand your test results
- Understand any follow-up tests your doctor recommends
- Find transportation to your appointments
- Pay for your screenings, if it is not fully covered by your insurance

Why should I get screened for breast and cervical cancer?

Yearly breast exams, mammograms and regular Pap tests and/or HPV tests can help detect breast and cervical problems early. When problems are found at an earlier stage, they can be treated more easily.

What can I do to reduce my risk of breast cancer?

- Have regular breast screenings (such as clinical breast exam, mammogram)
- Keep a healthy weight
- Exercise regularly
- Avoid or limit alcohol use

What can I do to reduce my risk of cervical cancer?

- Have regular screening tests (such as Pap test and HPV test)
 - Don't smoke
 - Get the HPV vaccine (recommended for 11 to 26 year olds)—talk to your health care provider for more information
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