

Happy Birthday to You!

**Schedule your annual  
mammogram today!**

Birthdays happen once a year.  
If you are 40 or over  
mammograms should too.

**1-866-339-7909**



Early detection means better results. Starting at age 40, talk to your health care provider about a mammogram.

To learn more about how you can qualify for a free mammogram:



**1-866-339-7909**  
<http://idph.iowa.gov/cfy>



Iowa Department of Public Health

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