

Care for Yourself

The Iowa Breast and Cervical Cancer Early Detection Program

The **Care for Yourself** Program is here to help patients receive life saving breast and cervical cancer screenings.



Who Qualifies?

- Individuals **40 years or older**; OR
- Those under 40 but have **breast cancer symptoms**
- Have a monthly income of **\$2,683 (net) or less**.
*Add \$946 for each additional person in the household
- Have **no health insurance**; OR
- Have **health insurance, but are unable to pay** the co-payment or deductible; OR
- Have **Health insurance, but need help** to be sure they get screened.



How do Patients Enroll?

Call the Care for Yourself Program at **1-866-339-7909**.

What Services are Available?

- Clinical breast exams
- Mammograms
- Pap tests
- Pelvic exams
- Diagnostic tests; and
- Barrier Assistance



Learn more at:

www.idph.iowa.gov/cfy

