

EMPLOYER NETWORK

Preventing Type 2 Diabetes, One Workplace at A Time

Considering the National DPP as a Solution for Your Employees? We've Got You Covered!

The National Association of Chronic Disease Directors (NACDD), Centers for Disease Control and Prevention (CDC), and State Health Departments and national organizations have partnered to offer a unique learning opportunity for employers who would like to prevent type 2 diabetes by offering the National Diabetes Prevention Program (National DPP) lifestyle change program to their employees. Together, we would like to help you and learn from you as you navigate the path to coverage, including delivery methods, provider selection and management, defining your engagement strategy, and evaluating your success.

The [Employer Learning Collaborative](#) (ELC) [Employer Network](#) is an exclusive opportunity for employers to work together as health innovators implementing diabetes prevention efforts. Employers in this network are leading the way in preventing type 2 diabetes and improving workforce health across the country. Follow the steps below to participate.

Step 1: Join the ELC Employer Network

By [joining the ELC Employer Network](#), you are informing NACDD and CDC that you would like to learn more about offering the National DPP lifestyle change program as a benefit for your employees.

Step 2: Get Involved

After joining the ELC Employer Network, you will receive a follow up email with more information about connecting with us and your peers. Keep this email as it includes links to helpful information.

Step 3: Expand Your Knowledge

Together, we will explore topics like tailoring the lifestyle change program to your employees, communicating about the lifestyle change program to leadership, and using your data to show the value of investment. Employer Network events, periodic educational emails, and online peer networking are provided by NACDD and CDC and are in addition to the technical assistance and guidance you may receive from your State Health Department or national organization partner.

Frequently Asked Questions

We are trying to decide if the National DPP lifestyle change program is a good fit for us. Why should we offer it to our employees?

Employers offer the National DPP lifestyle change program as a benefit for many reasons. Most organizations can expect about one-third of their workforce to have prediabetes, yet more than 80% of people with prediabetes don't know they have it. Those with prediabetes can reduce their risk for developing type 2 diabetes by up to 58% by participating in a National DPP lifestyle change program. This leads to healthier, more productive employees. With the cost of diabetes increasing by 26% between 2012 and 2017 for commercially insured populations, employers should consider evidence-based strategies to bend this cost trend. To learn more about the National DPP, visit [CoverageToolKit.org/About-National-DPP](https://www.chronicdisease.org/CoverageToolKit.org/About-National-DPP) or [NationalDPPCSC.cdc.gov](https://www.nationaldppcsc.cdc.gov).

What if we join the ELC Employer Network but decide not to cover the program?

Joining the ELC Employer Network simply informs us of your intent. While we hope we can provide the support you need to say “absolutely!” to coverage, we know there may be unexpected challenges that could prevent employers from covering the program. Since the ELC Employer Network is also about learning what works and doesn't to support employers around coverage, we will want to hear from you about your specific successes and challenges.

We recently launched the National DPP lifestyle change program for our employees. Should we participate in the ELC Employer Network?

Absolutely! Coverage is just the beginning. Your program may evolve and grow over time. We will host educational and networking activities on topics that are important during implementation, such as program engagement and retention strategies, growing the program with your employees, and working with multiple health plans and program providers. We plan to connect each employer with similarly situated peers. We hope you also consider sharing what you already have learned with others in the network.

Where do we go for additional information or support?

For additional information about participation in the Employer Network, contact Sara Hanlon, MBA at shanlon_ic@chronicdisease.org.

Since 1988, the National Association of Chronic Disease Directors and its more than 7,000 Members have worked to strengthen state-based leadership and expertise for chronic disease prevention and control in all states, territories, and nationally. Learn more at [chronicdisease.org](https://www.chronicdisease.org)

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