



Health Equity Resources

Please note: this list of resources is a starting point and not an exhaustive list of all the resources that are available. New resources and sections will be added as the project continues.

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Racism and Public Health

1. Declaring Racism, a Public Health Emergency: What does that mean?—NACDD webinar <https://vimeo.com/showcase/6245040/video/461840938>
2. The Skin You're In <https://www.tsyi.org/>
3. Racism as a Cost for Everyone TEDTalk by Heather C. McGhee https://www.ted.com/talks/heather_c_mcghee_racism_has_a_cost_for_everyone?language=en
4. CDC Director Dr. Rochelle Walensky Addresses the Community Preventive Services Task Force <https://www.youtube.com/watch?v=kiJU4vSWwyQ>
5. Director's Commentary by Dr. Rochelle Walensky, MD, MPH, Director of CDC <https://www.cdc.gov/healthequity/racism-disparities/director-commentary.html>
6. Racism and Health: Racism is a Serious Threat to the Public's Health <https://www.cdc.gov/healthequity/racism-disparities/index.html>
7. TIME 100 Talks Health Summit: CDC Director Dr. Rochelle Walensky on Health Equity <https://www.facebook.com/time/videos/494864391826911/>
8. Impact of Racism on our Nation's Health—CDC <https://www.cdc.gov/healthequity/racism-disparities/impact-of-racism.html>
9. Race Equity and Public Health—American Public Health Association https://www.apha.org/-/media/Files/PDF/advocacy/SPEAK/210825_Racial_Equity_Fact_Sheet.ashx
10. Racism: The Ultimate Underlying Condition—American Public Health Association <https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-1-recording>
11. Race Toward Health: How Race is the Greatest Predictor of Health with Dr. Thomas LaVeist—NACDD podcast <https://soundcloud.com/nacdd/race-toward-health-health-and-race-in-america-will-this-time-be-different>



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12. Race Toward Health: What is a ‘Racial Equity Culture’? with Dr. Kristine Andrews—NACDD podcast
<https://soundcloud.com/nacdd/race-toward-health-what-is-a-race-equity-culture>
13. Race Toward Health: The Political Determinants of Health with Daniel Dawes—NACDD podcast <https://soundcloud.com/nacdd/race-toward-health-political-determinants-of-health-how-to-address-equity-through-a-political-lens>
14. Levels of Racism: A Theoretic Framework and a Gardener’s Tale by Dr. Camara Phyllis Jones
<https://www.health.state.mn.us/communities/practice/resources/equitylibrary/docs/jones-allegories.pdf>
15. How Racism Makes Us Sick by David R. Williams
https://www.ted.com/talks/david_r_williams_how_racism_makes_us_sick
16. If Racism is a Public Health Crisis, What Does that Mean for My Work? by Dr. Camara Phyllis Jones
<https://www.youtube.com/watch?v=y0hhtlru15U&t=3354s>

Unpacking: Examining Biases and Challenging Self

1. How Do We Overcome Our Biases—Walk Boldly Towards Them by Verna Myers
<https://www.youtube.com/watch?v=uYyvbglNZkQ>
2. Harvard Implicit Association Test
<https://implicit.harvard.edu/implicit/takeatest.html>
3. Unpacking the Invisible Knapsack of Privilege by Peggy McIntosh
https://psychology.umbc.edu/files/2016/10/White-Privilege_McIntosh-1989.pdf
4. University of Central Arkansas (UCA) Privilege Exercise Worksheet
<https://uca.edu/training/files/2017/11/Privilege-Exercises-Action-Steps-Handout.pdf>
5. Kimberlé Crenshaw: What is Intersectionality?
<https://www.youtube.com/watch?v=ViDtnfQ9FHc>



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6. Kimberlé Crenshaw at Ted + Animation
<https://www.youtube.com/watch?v=JRCi2V8PxW4>
7. Intersectionality and Health Explained—Sociological Studies Sheffield
https://www.youtube.com/watch?v=rwqnC1fy_zc
8. The Urgency of Intersectionality by Kimberlé Crenshaw
<https://www.youtube.com/watch?v=akOe5-UsQ2o>
9. Kimberlé Williams Crenshaw: Structural & Political Intersectionality
<https://www.youtube.com/watch?v=yWa63FLEYSU>
10. Be an Ally—NIH Office of Equity, Diversity, and Inclusion
<https://www.edi.nih.gov/blog/communities/be-ally>
11. I Grew Up in Poverty. Here's Why I Recognize my White Privilege by Tom Rietz
<https://youtu.be/xp8YYVxleVQ>

Health and the Social Determinants of Health

1. Does My Neighborhood Determine My Future?
<https://www.youtube.com/watch?v=pu2sKNJMH-k>
2. Where You Live Has a Huge Impact on Your Health
<https://www.youtube.com/watch?v=zNzFnHL-8Zk>
3. Segregated by Design <https://www.segregatedbydesign.com>
4. Health to be Determined: Using Built Environment to Relieve Communities from Arrested Mobility with Charles T. Brown, MPA—NACDD podcast
<https://soundcloud.com/nacdd/charles-brown>
5. Why the Built Environment? by Dr. Matthew Trowbridge
<https://www.youtube.com/watch?v=vL4VPMYmTUw>



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6. Downstream, Upstream, Mainstream: Getting to Equity with Dr. Renée Canady—NACDD webinar
https://chronicdisease.zoom.us/j/2HLvH3EOMO_DNW5IY54d2Yk3Nf3OU_Lha11tBWBzB78oHXIqbrvVISQVspb-s8VCjThJKJ26CMi6KRREq.QnrHY9EVjkl8LQy6?autoplay=true&startTime=1586887103000
7. How We in State Health Departments Can Support Active People, Healthy Nation—NACDD webinar
<https://vimeo.com/388273275>
8. Insights Magazine: Socially Determined – A Call to Action—NACDD report
https://chronicdisease.org/resource/resmgr/website-2019/30anniversary/nacdd_insights_mediumres.pdf
9. Complete Streets Webinar by Public Health Partners—NACDD webinar
<https://vimeo.com/351058979>
10. Health: To Be Determined—NACDD Podcast Series
<https://chronicdisease.org/category/publications-library/podcasts/?tag=socially-determined>
11. Deliberate Practice: Programs-Level Approaches to Address Upstream Factors—NACDD webinar <https://vimeo.com/368824798>
12. Upstream Factors: From What and Why to How—NACDD webinar
<https://vimeo.com/363588802>
13. Community IS Medicine – an “Rx” for Eating, Exercise, Sleep and Community—NACDD webinar <https://vimeo.com/334663786>
14. Building the Public Narrative to Address Root Causes for Health Disparities & State Examples—NACDD webinar <https://vimeo.com/267233262>
15. The Color of Law: The Forgotten History of How Our Government Segregated America Webinar and Q&A with author Richard Rothstein, NACDD consultant Robyn Taylor, and NACDD Board Past President Dr. Susan Kansagra—NACDD webinar <https://chronicdisease.org/the-color-of-law-presentation-and-qa-with-richard-rothstein/>



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Health Equity Tools and Toolkits

1. Health Equity Guiding Principles for Inclusive Communication—CDC
https://www.cdc.gov/healthcommunication/Health_Equity.html
2. Educating and Communicating about Breast and Cervical Cancer in the Community—Innovating Health International
<https://www.uicc.org/sites/main/files/atoms/files/ENGLISH-Breast-Cancer-Training-Manual.pdf>
3. Health Equity Toolkit—Campaign for Action
<https://campaignforaction.org/resource/equity-toolkit-helps-communities-take-on-social-determinants-of-health/>
4. Advancing Health Equity: Key Questions for Assessing Policy, Processes, and Assumptions—Minnesota Department of Health
<https://www.health.state.mn.us/communities/practice/resources/publications/docs/1811advancingHEkeyQs.pdf>
5. Breast Cancer Disparities Online Toolkit—ASTHO
<https://www.astho.org/breastcancer.aspx>
6. Disparities Impact Statement—Centers for Medicaid and Medicare Services
<https://www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/Disparities-Impact-Statement-508-rev102018.pdf>
7. Plan of Action for Cervical Cancer Prevention and Control 2018-2030—PAHO
<https://www.paho.org/en/documents/plan-action-cervical-cancer-prevention-and-control-2018-2030>
8. Compilation of Resources on Health Equity to Accelerate Population Health--NACDD
<https://chronicdisease.org/accelerating-population-health-recommendations-from-the-2018-nacdd-gear-groups/>
9. Social Vulnerability Index—CDC
<https://www.atsdr.cdc.gov/placeandhealth/svi/index.html>



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LGBTQIA+ Resources

1. National LGBT Cancer Network website—National LGBT Cancer Network <https://cancer-network.org/out-the-national-cancer-survey/>
2. Vanessa Goes to the Doctor—National LGBT Cancer Network <https://www.youtube.com/watch?v=S3eDKf3PFRo&t=1s>
3. What Goes Unsaid—National LGBT Cancer Network <https://cancer-network.org/resources/what-goes-unsaid/>
4. The Southern LGBTQ Health Survey Report (2019) —Southern LGBTQ Health Initiative <https://southernequality.org/wp-content/uploads/2019/11/SouthernLGBTQHealthSurvey-FullReport.pdf>
5. Latinx LGBT Adults in the US—UCLA School of Law, Williams Institute <https://williamsinstitute.law.ucla.edu/>
6. Increasing Access for the LGBTQ+ Population—National LGBT Cancer Network/CDC <https://www.youtube.com/watch?v=eKpowMu1kn8>
7. Effects of gender discrimination on health <https://www.medicalnewstoday.com/articles/effects-of-gender-discrimination>

Indigenous/Native Resources

1. Impact of Unresolved Trauma on American Indian Health Equity <https://www.youtube.com/watch?v=CBKiKuVtrtg>
2. American Indian Health Equity/Disparities—Center for American Indian Resilience <https://in.nau.edu/cair/ai-health-equity-and-disparities/>
3. Native Americans and Health Equity—NIHCM <https://nihcm.org/publications/native-americans-health-equity>
4. Communities in Action: Pathways to Health Equity. Chapter 2: The State of Health Disparities in the United States. <https://www.ncbi.nlm.nih.gov/books/NBK425844/>



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5. Racialization as a Barrier to Achieving Health Equity for Native Americans
<https://journalofethics.ama-assn.org/article/racialization-barrier-achieving-health-equity-native-americans/2020-10>

Asian American and Pacific Islander Resources

1. How Do We Advance Equity for Asian Americans? —RWJF
<https://www.rwjf.org/en/blog/2021/06/how-do-we-advance-health-equity-for-asian-americans.html>
2. Asian Americans and Pacific Islanders Heritage
<https://www.cdc.gov/healthequity/features/asian-pacific/index.html>
3. Asian Americans and Health Equity: Dismantling Stereotypes and Changing the Narrative by Dr. Simona C. Kwon
<https://www.youtube.com/watch?v=vbjMv7wAtnY>
4. Anti-Asian American Racism: A Wake-Up Call for Population Based Cancer Research
<https://cebp.aacrjournals.org/content/30/8/1455>

Other Resources and References

1. Using Data to Promote Equity in Policy and Programming—NACDD
https://chronicdisease.org/wp-content/uploads/2021/02/2021-Resources-and-References_2021-Using-Data-to-Promote-Equity-in-Policy-and-Programming.pdf
2. #Ableism—Center for Disability Rights
<https://cdrnys.org/blog/uncategorized/ableism/>
3. What is Classism? —Class Action
<https://classism.org/about-class/what-is-classism/>



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4. Health inequalities by class and race in the US: What can we learn from the patterns? https://scholar.harvard.edu/files/davidrwilliams/files/2010-health_inequalities_by-williams.pdf
5. Awake to Woke to Work: Building a Race Equity Culture — Equity in the Center <https://equityinthecenter.org/aww/>
6. Measuring the Impact of Public Health Policy—CDC https://www.cdc.gov/pcd/issues/2010/jul/09_0249.htm

Breast Cancer/Cancer Articles

1. Breast cancer statistics. Centers for Disease Control and Prevention. <https://www.cdc.gov/cancer/breast/statistics/index.htm>. Updated June 8, 2020. Accessed July 15, 2020.
2. Breast cancer basic information. Centers for Disease Control and Prevention. https://www.cdc.gov/cancer/breast/basic_info/index.htm. Updated July 26, 2019.
3. Cancer disparities. National Cancer Institute. <https://www.cancer.gov/aboutcancer/understanding/disparities>. Updated March 11, 2019. Accessed July 17, 2020.
4. Yedjou CG, Sims JN, Miele L, et al. Health and racial disparity in breast cancer. *Adv Exp Med Biol.* 2019;1152:31-49. doi:10.1007/978-3-030-20301-6_3
5. Yi H, Xiao T, Thomas PS, et al. Barriers and facilitators to patient-provider communication when discussing breast cancer risk to aid in the development of decision support tools. *AMIA Annual Symposium Proceedings Archive.* 2015; 1352-1360. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4765687/pdf/2245313.pdf>
6. Lunsford NB, Sapsis KF, Smither B, Reynolds J, Wilburn B, Fairley T. Young women's perceptions regarding communication with healthcare providers about breast cancer, risk, and prevention. *J Women's Health (Larchmt).* 2018;27(2):162-170. doi:10.1089/jwh.2016.6140



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7. Sutton AL, He J, Edmonds MC, Sheppard VB. Medical mistrust in black breast cancer patients: acknowledging the roles of the trustor and the trustee. *J Cancer Educ.* 2019;34:600-607. doi:10.1007/s13187-018-1347-3
8. White-Means SI, Osmani AR. Racial and ethnic disparities in patient-provider communication with breast cancer patients: evidence from 2011 MEPS and experiences with cancer supplement. *Inquiry.* 2017;54:1-17. doi:10.1177/0046958017727104
9. Abittan B, Herman S, Herman J. Provider-patient communication of personal breast cancer risk (bcr): providers' beliefs [18M]. *Obstet Gynecol.* 2018;131 Suppl 1:145S-145S. doi:10.1097/01.AOG.0000533074.18359.7c
10. Breast cancer in young women. Centers for Disease Control and Prevention. https://www.cdc.gov/cancer/breast/young_women/index.htm. Updated July 9, 2019. Accessed July 21, 2020.
11. Joseph-Williams N, Elwyn G, Edwards A. Knowledge is not power for patients: a systematic review and thematic synthesis of patient-reported barriers and facilitators to shared decision making. *Patient Educ Couns.* 2014;94(3):291-309. doi:10.1016/j.pec.2013.10.031
12. Davio K. African American women are at a disadvantage in preventing breast cancer. *The American Journal of Managed Care.* Published January 16, 2019.
13. Vraga EK, Stefanidis A, Lamprianidis G, et al. Cancer and social media: a comparison of traffic about breast cancer, prostate cancer, and other reproductive cancers on Twitter and Instagram. *J Health Commun.* 2018;23(2):181-189. doi:10.1080/10810730.2017.1421730
14. Black KZ, Eng E, Schaal JC, et al. The other side of through: young breast cancer survivors' spectrum of sexual and reproductive health needs. *Qual Health Res.* June, 2020. doi:10.1177/1049732320929649
15. Underwood JM, Townsend JS, Stewart SL, et al. Surveillance of demographic characteristics and health behaviors among adult cancer survivors – Behavioral Risk Factor Surveillance System, United States, 2009. *Morbidity and Mortality Weekly Report.* 2012;61(SS01):1-23. <http://www.cdc.gov/mmwr/preview/mmwrhtml/ss6101a1.htm>



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16. Shea-Budgell MA, Kostaras X, Myhill KP, Hagen NA. Information needs and sources of information for patients during cancer follow-up. *Curr Oncol.* 2014;21(4):165-73. doi:10.3747/co.21.1932
17. Husson O, Mols F, van de Poll-Franse L V. The relation between information provision and health-related quality of life, anxiety and depression among cancer survivors: A systematic review. *Ann Oncol.* 2010;22:761-772. doi:10.1093/annonc/mdq413
18. Institute of Medicine. *Delivering high-quality cancer care: charting a new course for a system in crisis.* The National Academies Press. doi.org/10.17226/18359
19. Peppercorn J: Need to improve communication in breast cancer care [Editorial]. *J Clin Oncol.* 2012;30(15):1744-1746. doi:10.1200/jco.2011.41.3195
20. Brown M, McElroy JA. Sexual and gender minority breast cancer patients choosing bilateral mastectomy without reconstruction: "I now have a body that fits me." *Women & Health.* 2016;58(4):403-418. doi:10.1080/03630242.2017.1310169
21. Rubin LR, Tanenbaum M. "Does that make me a woman?" breast cancer, mastectomy, and breast reconstruction decisions among sexual minority women. *Psychol Women Q.* 2011;35(3):401-414. doi:10.1177/0361684310395606