

Arthritis Council

Arthritis Council WWE Work Group Call Summary

Monday, July 19, 2021, 11:00 a.m. ET / 10 a.m. CT / 9 a.m. MT / 8 a.m. PT

Attendees: Celsa Bowman (UT), Katie Potestio (NY), Mona Burwell (VA), Allison Harris (OR), Serena Weisner (OAAA), Heather Murphy (NACDD)

Workgroup Charge: Provide a platform for discussion among council members on:

- **WWE in the work site**, with a specific focus on state employee groups/employees, looking at ROI and data for WWE in the worksite
- **WWE as a support for other EBIs** (e.g. DPP); package WWE to help expand EBI efforts, possibly through the development of a process map or flow chart; tie in referral and counseling linking with Electronic Health Records.
- **Comorbidities of arthritis** and collaboration with other state programs (e.g. 1817, 1815); also how physical activity EBIs (like WWE) could be used to support these arthritis comorbidities.

I. **WWE related successes or challenges in the current environment**

State/participant sharing

- Katie (NY) shared that NY launched WWE-SD in April which included a media campaign; over 500 people enrolled in WWE-SD; now working with media partners to find out more about the successes; digging into data to find out who enrolled (e.g., demographics). Katie will share learnings from the campaign once they are know.
- The group discussed partnering with AAA's
 - NY reached out to a group of AAA's that expressed interest in WWE and offered the use of the OAAA WWE portal
 - a new delivery partner agreement was created
 - there is a new ACL grant through the NY Office on Aging so the arthritis program is looking to partner and offer WWE as a new AAEBI
 - NY isn't providing any funding to AAA's to implement WWE, but will provide the services of the portal and AAA's will use title IIID funds for the books
- Mona (VA) shared that she is working to collaborate with the Cooperative Extension on WWE and CDSMP.
 - Katie (NY) requested that Mona please share any Extension and SNAP-Ed resources she has
- Celsa (UT) shared that with new partner agreements in place, Salt Lake County Health Department will be doing WWE in the future.
- Allison (OR) shared that they are a sub awardee on a grant that Comagine received from ACL.
- Serena (OAAA) shared that they are looking into incorporating a digital book into the portal; more to come on this.

II. WWE as a support for other EBIs

- Discussed the potential WWE/NDPP evaluation project; NACDD and DTTAC have been in conversation about a potential evaluation study; two phase study with the first phase collecting information to help direct the second phase
 - Suggestion to probe a bit on how WWE (both training and delivery) is being paid for; is there a charge to the participant, payment by Medicare, etc.?
 - Suggestion to think about probing on social connectedness/social isolation and if the coupling of programs helps to address this.

III. Other/Announcements

- Celsa shared that UT has included a social isolation question on their Participant Information Form (Pre survey) along with a few social determinates of health questions; AAEBI leaders and instructors are asked to direct people to 2-1-1 (United Way) for follow up on unmet needs; link to survey - https://arthritis.health.utah.gov/wp-content/uploads/2020/04/CDSME_PIF_Pre_English.pdf
- Katie (NY) asked if anyone has had success at integrating WWE into community walkability projects and how we can better align with and support that work?
 - Heather (NACDD) shared that there has been some discussion on coupling WWE with Vision Zero and Walkability efforts but no real progress at this point
 - Vision Zero is a strategy to eliminate all traffic fatalities and severe injuries, while increasing safe, healthy, equitable mobility for all. Here is a map of Vision Zero communities in the US - <https://visionzeronetwork.org/resources/vision-zero-communities/>
 - In Albuquerque, NM, an NACDD WWE project continues to building off work done in a REACH grant that focused part of their efforts on creating walkable paths, connecting communities and clinics with safe walking routes. WWE is an evidence-based program that has been introduced as a way to support some of the policies and built environment efforts and help people get moving.
- Next call - August 16, 2021, 11:00 a.m. ET / 10 a.m. CT / 9 a.m. MT / 8 a.m. PT