

Arthritis Council

Arthritis Council Meeting Summary

Tuesday, April 6, 2021, 2pm ET/1pm CT/12pm MT/11am PT

Arthritis Council records can be found here: <https://www.chronicdisease.org/page/ArthritisCouncilReco>

NACDD Arthritis Resources can be found here: <https://chronicdisease.org/page/autoimmune/nacdd-action-on-arthritis/>

Summary

I. Presentations/State Sharing

- Reflection on March 25 NACDD General Member Webinar
 - Q&A didn't work that well; felt questions weren't answered; potential solution is to include the Q&A in the summary document and share broadly
 - Too much content to cover in the timeframe and potentially too many speakers
 - Recent webinars have a high-level view and don't dive into detailed information; the details are important
 - Consider time for breakouts during the webinar to allow for discussion on the details
 - Informative and speakers shared good information; especially liked the inclusivity piece
 - Erin has been contacted by multiple individuals that are interested in the work she is doing
 - Heather will reach out to Erin to see if she is available for a May 4 discussion; Tara shared that Erin has a 30 min presentation that she could do and then have a Q&A/discussion session
- Discussion on working with CDC to reach out to Park Rx America regarding the inclusion of materials on arthritis and physical activity in their resources
 - Consider adding a link to Arthritis Foundation and OAAA on the Park Rx America resource page
 - Include content on coupling Parks Rx America efforts with the WWE program
 - Include a direct link from Parks Rx to EBIs like WWE, possibly through the OAAA WWE portal
 - Include information from WWE on 5 step walking pattern from WWE
 - For local parks, consider adding an arthritis friendly trail on maps for each of the individual parks
 - State specific information
 - OR is working to develop a toolkit to increase accessibility to parks that includes information on walking; [Safe Routes to Parks](#) has materials on physical activity and parks
 - NY is working to promote walking in state parks; launched WWE-SD and customized WWE emails to highlight information on accessible locations; recently added information on their [webpage](#) and are actively promoting NY park resources like the [Golden Park Program Access Pass](#), [Explore Trail and Recreation Opportunities in New York State Parks](#) and [Universal Access in New York State Parks](#)
 - PA employers are cross referring to [WalkWorks](#) out of the Pennsylvania DOH
- A brief overview of the Arthritis Council and Steering Committee were provided with information about the upcoming election

- Arthritis National Grantee Meeting update provided

II. Announcements

- Arthritis TA Webinar on April 28, 2021, 1:30 p.m. – 2:30 p.m. ET – Public-private partnerships to engage employers in improving the public’s health
- NEW MS Teams Group for State Arthritis Programs – get connected
- Walk With Ease work group call Monday, April 19 at 11am ET/10am CT/9am MT/8am PT; Contact hmurphy_ic@chronicdisease.org for more information.
- WWE in prisons and the [First Step Act](#); see pages 34 and 43-44
- Arthritis Foundation INSIGHTS funding opportunity; extension for applications to 5/31
- COVID-19 Terminology Resource Guide available from NCOA
- OA Action Alliance “Exercise Prescription for Osteoarthritis and Weight Management” CME

III. Adjourn

*The next Arthritis Council call will be held on Tuesday, June 1, 2021 at
2pm ET/1pm CT/12pm MT/11am PT*