PROJECT FINDINGS:
A robust evaluation conducted by CDC, NACDD, and RTI International documented evidence that the National DPP can be effectively implemented through Medicaid. Evaluation findings and lessons learned include:

- Nearly 1,000 beneficiaries were enrolled in online and in-person programs
- Retention for Medicaid beneficiaries was better than the national average
- Weight loss average of 4.5% of body weight was achieved
- Program supports and services to facilitate attendance were important
- Assessing CDC-recognized organizations’ needs for technical assistance to engage with MCOs and Medicaid was critical

SUSTAINABLE COVERAGE:
Maryland will continue to cover the National DPP lifestyle change program in Medicaid through its §1115 HealthChoice Demonstration Waiver (effective September 1, 2019).

- Available to HealthChoice managed care participants statewide
- Can be provided by in-person, online, distance learning, and/or combination CDC-recognized organizations enrolled in Medicaid and contracted with one or more MCOs

Oregon’s Health Evidence Review Commission approved coverage for the National DPP lifestyle change program in Medicaid (effective January 1, 2019).

- Offered to both fee-for-service and managed care beneficiaries
- Provided by both in-person and online CDC-recognized organizations enrolled in Medicaid

APPLYING FINDINGS:
Lessons learned from the Demonstration Project inform:

- **National DPP Coverage Toolkit** updates and enhanced content and resources (coverage toolkit.org)
- **Technical assistance and support** for Medicaid and public health departments including 6|18 diabetes prevention states, select states operationalizing coverage, and Demonstration states (Md. and Ore.)

LEARN MORE:
- Read more about the Demonstration Project and find the evaluation report at coverage toolkit.org/medicaid-coverage-for-the-national-dpp-demonstration-project/