

## Arthritis Council

### Arthritis Council Meeting

Tuesday, July 7, 2020, 2:00 PM ET

Arthritis Council records can be found here: <https://www.chronicdisease.org/page/ArthritisCouncilReco>

### Agenda

#### I. Call to Order

- Scot welcomed everyone to the webinar and officially call the meeting to order.
- Scot introduced the 2020-2021 newly elected At-Large Members:
  - Amy Ellings (WA)
  - Amy Michael (MN)
  - Lainey Faulkner (KS)
  - Melicent Miller (VA)
- There was a special thank you to Melissa Dale (MT) for serving as an At-Large member for the past several years.

#### II. State Sharing and Discussion

- Scot shared that the Arthritis Council Guidelines have been updated to more accurately reflect all CDC funded state arthritis programs.
  - Updated Guidelines were shared in the calendar appointment. Participates were asked to contact [hmurphy@chronicdisease.org](mailto:hmurphy@chronicdisease.org) if a copy was not received.
  - Comments and feedback will be accepted through July 24<sup>th</sup>; send to [hmurphy@chronicdisease.org](mailto:hmurphy@chronicdisease.org)
- The remaining time of the call was used to network, check-in on successes/challenges, and share resources with each other
  - Information on the new Arthritis Foundation WWE materials were shared, including the [WWE Self-Directed Enhanced Kit](#) and the [WWE Enhanced Self-Directed for Leaders Power Point Presentation](#).
  - Amy Ellings (WA) shared that with the NACDD supplemental grant, WA ParkRx partners are working with the State Health Department to get free passes to healthcare providers to provide to patients with arthritis as an incentive to counsel and refer to physical activity.
  - Meaghan Avery (MA YMCA) shared that they hope to offer EnhanceFitness virtually in the near future. In addition, they are reaching out to local Y's that might have an interest in WWE SD online (Scot asked Meaghan to share feedback once they have implemented).
  - Melicent Miller (VA) shared that they are continuing WWE Self-Guided and using Google hangouts weekly. VA Arthritis Program is also working with AAAs on WWE Self-Guided. Through the NACDD supplemental grant VA is working with FQHCs to develop diagnostic triggers for counseling and referral (Strategy 2).
  - Nicolle Miller (UNC-A) announced that a new project manager was hired. [Nadia Mazza](#) joined the call and was introduced. Nicolle shared that UNC-A continues to offer Self-Directed WWE and the CDSME toolkit with virtual programming or phone calls and will continue with clinician education efforts.

- Amy Ellings (WA) shared that WA is working to strengthen strategy 2 activities, and can't find a counseling protocol on arthritis and physical activity that could be provided to healthcare providers. Amy asked participants if anyone has a protocol or workflow that you use with your providers for them to adopt into their systems?
  - ✓ Melicent replied that VA is working with FQHCs to expand EHR patient registry to include arthritis-related ICD10 codes.
  - ✓ Celsa (UT) is promoting the OACare Tools and EIM Toolkit using the patient workflow outlined on the EIM website. Utah also works with FQHCs and is partnering with the Utah Physician Assistant Program to train to counsel and refer to physical activity and other classes.

### III. Announcements

- Walk With Ease work group call July 16, 2020, 11 AM ET. Contact [hmurphy@chronicdisease.org](mailto:hmurphy@chronicdisease.org) for more information.
- Peer to Peer Sharing Webinar #2 is July 22<sup>nd</sup> 1:30-2:30 PM ET and will focus on using patient portals and medical records as tools for influencing arthritis and lupus self-management practices. Please note that this call is also part of the CDC Arthritis Program Technical Assistance/Learning Community Webinar Series. Contact [eerck@chronicdisease.org](mailto:eerck@chronicdisease.org) for more information.
- The American Chronic Pain Association is requesting information on resources to be included in their September Pain Awareness Month toolkit by July 19, 2020. If you have items you would like included in the toolkit, please contact [pcowan@theacpa.org](mailto:pcowan@theacpa.org).
- Steering Committee requested that a link to the NACDD arthritis web page be shared with all; link to the main NACDD Arthritis Council page - <https://www.chronicdisease.org/page/Arthritis>
  - Another resource for state arthritis programs is the OAAA resource webpage <https://oaaction.unc.edu/resource-library/for-community-partners/>

### IV. Adjourn

*The next Arthritis Council call will be held on Tuesday, August 4, 2020 at 2:00 PM ET.*