**2020 Food Security GEAR Group**

**Resources and References**

*This GEAR Group explored public health’s role in increasing food security - when all people have continuous access to sufficient, safe, nutritious, culturally appropriate food to maintain a healthy and active life.*

**Participating states:**

* Colorado
* Florida
* Vermont
* Pennsylvania
* Utah
* Washington
* Virginia
* Ohio
* North Dakota
* Commonwealth of the Northern Marianna Islands
* Minnesota

**About the Food Security GEAR Group:**

The 2020 GEAR Groups focused broadly on **health equity and upstream factors.**  **The Food Security GEAR Group** members focused specifically on evidence-based and promising practices for policy, systems and environmental changes and programmatic interventions to support food access in urban and rural settings. State case presentations and discussions touched on state and local level strategies for healthy food financing, farmers markets, health care referrals to healthy food, food service guidelines, and others and described below.

**Resources and References**

Participants shared the following resources during the four-week GEAR Group process in February 2020.

**Key Partners / National Resources for State and Local Level Food Security Work**

* [Share our Strength](https://www.shareourstrength.org/)
* [Feeding America](https://www.feedingamerica.org/)
* [Food Research and Action Center](https://frac.org/)
* [Wholesome Wave](https://www.wholesomewave.org/)

**State Level Initiatives**

* PA has a Governor led effort focused just on food security ‘Hunger Free PA’. Their goals are unified and then regular updates are shared. 6 different departments are working on it. The Governor supports an annual meeting.
* Hunger Free PA <https://www.dhs.pa.gov/about/Ending-Hunger/Pages/default.aspx>
* PA Governors ‘Blueprint for a Hunger Free PA’ <https://www.centralpafoodbank.org/wp-content/uploads/2018/12/Setting-the-Table_Blueprint.pdf>
* [Hunger Free Vermont](https://www.hungerfreevt.org/)
* [Colorado Prevention Alliance Toolkit](https://drive.google.com/file/d/0B-DdF1Kd9OOPaEZvYzBnd29BWjdULWxiRXMtRUJWdDZkOVlF/view)
* [Colorado Blueprint to End Hunger](https://static1.squarespace.com/static/59d7ac0712abd915ac75cec9/t/5a5cc22b71c10bca1347846a/1516028480722/Colorado+Blueprint+to+End+Hunger+Final.pdf)
* <https://livewellcolorado.org/resource-center/food-policy-webinars/>

**Health Equity and Upstream Factors to Food Insecurity**

* National Stakeholder Strategy for Achieving Health Equity: <https://www.minorityhealth.hhs.gov/npa/files/Plans/NSS/CompleteNSS.pdf>

# Examining the Impact of Structural Racism on Food Insecurity: Implications for Addressing Racial/Ethnic Disparities:<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5823283/>

* Want to Eradicate Huger in America? Take on Racism. A new study found that people who experience discrimination are almost twice as likely as others to struggle with hunger.  <https://www.thenation.com/article/archive/hunger-food-insecurity-racism-mariana-chilton/>

# Addressing the Root Causes of Food Insecurity in the U.S. – Disparities and Discrimination <https://hungerandhealth.feedingamerica.org/2019/04/addressing-root-causes-food-insecurity-u-s-disparities-discrimination/>

* <https://www.centerforhungerfreecommunities.org/sites/default/files/pdfs/chw_pa_disparities_nov_-_web_2.pdf>
* Ohio State University - [The Kirwan Institute](http://kirwaninstitute.osu.edu/): Understanding Implicit Bias Presentations: <http://kirwaninstitute.osu.edu/new-implicit-bias-presentations/>
* Children’s Health Watch From Disparities to Discrimination: Getting to the Roots of Food Insecurity in America: <https://childrenshealthwatch.org/from-disparities-to-discrimination-getting-at-the-roots-of-food-insecurity-in-america/>
* FOOD INSECURITY, HEALTH EQUITY, AND ESSENTIAL HOSPITALS <https://essentialhospitals.org/wp-content/uploads/2016/06/Food-Insecurity-Health-Equity-Essential-Hospitals.pdf>

* <https://www.smartbrief.com/original/2020/03/communities-fight-obesity-addressing-racism-poverty>

**Defining Food Security**

* What is Food Security? <https://www.foodsource.org.uk/building-blocks/what-food-security>
* 5 Components of Food Security (video) <https://www.youtube.com/watch?v=lIsmmoWZ5hc>
* Explaining Food Insecurity in the US (video) <https://youtu.be/qn9tiawRM0w>
* Hunger Free PA <https://www.dhs.pa.gov/about/Ending-Hunger/Pages/default.aspx>

**Data Collection & Analysis**

* + From Washington: Food insecurity question on BRFSS every 3 years. Helps get information by different sub-populations than the Feeding America map (race/ethnicity, for example). It’s linked for analyses on chronic disease, other social determinants, etc. It was originally part of a social context model so asked more about whether people in the last 30 days were worried they wouldn't have enough food or food would run out. Per our partners requests, it switched to the actual "in the last 30 days we didn't have enough food" question, which is in the field right now.
  + Social Determinant of Health Data from the CO Environmental Public Health Tracking Program: <https://coepht.colorado.gov/social-determinants-health>
  + Food Insecurity, Chronic Disease, and Health Among Working-Age Adults <https://www.ers.usda.gov/webdocs/publications/84467/err-235.pdf?v=42942>
  + [Utah Health Improvement Index](https://health.utah.gov/disparities/data/ohd/UtahHII.pdf)
  + Feeding America, Food Insecurity in Virginia. <https://map.feedingamerica.org/county/2017/overall/virginia>
* [County Health Rankings- Food Environment Index](https://www.countyhealthrankings.org/explore-health-rankings/measures-data-sources/county-health-rankings-model/health-factors/health-behaviors/diet-exercise/food-insecurity)

**Expanding Access to Healthy Food for Medicaid Beneficiaries**

* From VA: <https://www.heart.org/-/media/files/about-us/policy-research/policy-positions/access-to-healthy-food/expanding-access-to-healthy-food-for-medicaid-beneficiaries--policy-statement-2019.pdf?la=en&hash=6D5AFE2F1040D1EA29BA9766512EB41855514832>
* “Cost-effectiveness of financial incentives for improving diet and health through Medicare and Medicaid: A microsimulation study” by Lee et al. (2019) describes how financial incentives through health insurance can promote healthier behaviors and be highly cost-effective: <https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.1002761>
* Partner with [QIN/QIO](https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/QualityImprovementOrgs) in state on Medicare data availability
* Project Angel Heart:

<https://www.projectangelheart.org/food-is-medicine/research-policy/>

<https://www.projectangelheart.org/statewide-pilot-program-provides-meals-for-people-with-diabetes/>

**Reducing Food Waste**

* <https://foodforfree.org/> is a nonprofit that repackaged food service leftovers and offered meals to those screened as being food insecure. in the Boston area
  + Denver hospitals trying to reduce food waste and have been measuring the weight that is thrown away or donated. Other examples on this topic from EPA: <https://www.epa.gov/sustainable-management-food/wasted-food-programs-and-resources-across-united-states>
  + Some counties in our area have a lot of money from their sanitation (garbage collection) programs, that they are now granting for food waste initiatives- Example, LA County: <https://dpw.lacity.org/blog/los-angeles-food-waste-grant-challenge>

**Building Local Capacity for Addressing Food Security**

* MN has a state health policy systems and environmental change grant that goes to communities to build capacity and address the social determinants of health with state guidance. From MN: <https://www.health.state.mn.us/communities/ship/index.html>
* Community Capacity Building and Sustainability: Outcomes of Community-Based Participatory Research <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3557849/>

**Community Based Participatory Approaches**

* + Community Based Solutions to Promote Health Equity in the United States <http://www.nationalacademies.org/hmd/Activities/PublicHealth/Culture-of-Health/2016-APRIL-27/Videos/Welcome%20and%20Panel%201/3-Wallerstein-Video.aspx>
  + <http://www.vdh.virginia.gov/health-equity/community-based-participatory-approaches/>
* Community Capacity Building and Sustainability: Outcomes of Community-Based Participatory Research <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3557849/>

**Collaboration with Land Grant and Public Universities**

* <https://www.aplu.org/members/councils/presidents/presidentsdocuments/6-2017/challenge-of-change-material.pdf>
* <https://cefs.ncsu.edu/addressing-food-security-and-food-sovereignty-the-role-of-land-grant-and-public-universities/>
* <https://www.thechicagocouncil.org/blog/global-food-thought/critical-roles-land-grant-universities-supporting-resilient-food-systems>

**Working within the Charitable Food System**

* [Healthy Eating Research Nutrition Guidelines for the Charitable Food System](https://urldefense.proofpoint.com/v2/url?u=http-3A__r20.rs6.net_tn.jsp-3Ff-3D001jBxYLPcelO-5F2NEPAHIt9AVfWqtLXRslnsK3-5FA42b9QwJivMLVPH-2D3Obckbm8-2DBOBQHdUOdocecidXYMEDr2NpfocEGawYk6-5F0BMbg0o6Uq-2D0ug4RhpmF5Np-5FH5L3RD9UdTQqnsZH-5FUXpVurQ7iBCh4hcgvpBIeJVzDDRQVnyqXsSFe0eaUTIf3Dd9TtA3XPChGjpBYf657INpyAmUIcvHytBf2HnrdAHs4T6sVzmclIn8pYE-5FOUmkV-5FqrJV89WqqkvbPbELT0Jxc-5FiGFLyBP2VAoVJslAVi7JYyApEGAopAyWNBMk5fa4A-5FSSbKqVzl907d3yx9NCwTr8O6KI7N0DgEGxd1i2Wh6vfjFLhGfGkI89-2DY3uKa99fJa9i-2DEUmgtna7GjGNrggMLSCE1S0t2tH2LLQgHhdyzlzIkzXLbhDTVvqTwqZ6jhg-3D-3D-26c-3DkmnzcW3OXKZoy4lbS6jEYYMLWTd3Ze1vloFWtZGDua9M-2DABLA8t7BA-3D-3D-26ch-3DgB-5FBAW7IaxWoi-5F8Y3UySBehVs8srzEbIvvlSmcCsiQQlnW8NVW-5F8Rg-3D-3D&d=DwMFaQ&c=sdnEM9SRGFuMt5z5w3AhsPNahmNicq64TgF1JwNR0cs&r=IRtPve-3iU6nDY0pJTGUPkNP9JhaCAoEuXJYCdkV0s8&m=59-mju-7gP1E1br4MKlMfF1mJlaSi1UatoRzFWt5TMQ&s=QplDr4npEny_BMpoBmkokW2Jw0ecsycf-GV3Y-wkl5w&e=): [Healthy Eating Research](https://urldefense.proofpoint.com/v2/url?u=http-3A__r20.rs6.net_tn.jsp-3Ff-3D001jBxYLPcelO-5F2NEPAHIt9AVfWqtLXRslnsK3-5FA42b9QwJivMLVPH-2D3Obckbm8-2DBOBxw3IbMAtxRjUVqOPTQEbJhPNvSIIDb8Sapb6jg5RTQ-5FBA7gxsQC6QGiyk9Q-2DJi9XoLWncGy6msFQKQnHbYdmqLjFGW85aXNkaSrzH-2DaFwqrgdx5Tw9GQudywSXdTcYZpAcaDjwRpIi6SN0wESbvrfvqXx-5FyqqkSnRZDk0eO-2DJK0ZSZAiYAQ2FTt08CKJspXnyERFVGPrku8WJnd3HRez-2DlVzv5wsxAXn8slYrRJRBsUnt2eP8bZDXTwKoPLCwZ31-26c-3DkmnzcW3OXKZoy4lbS6jEYYMLWTd3Ze1vloFWtZGDua9M-2DABLA8t7BA-3D-3D-26ch-3DgB-5FBAW7IaxWoi-5F8Y3UySBehVs8srzEbIvvlSmcCsiQQlnW8NVW-5F8Rg-3D-3D&d=DwMFaQ&c=sdnEM9SRGFuMt5z5w3AhsPNahmNicq64TgF1JwNR0cs&r=IRtPve-3iU6nDY0pJTGUPkNP9JhaCAoEuXJYCdkV0s8&m=59-mju-7gP1E1br4MKlMfF1mJlaSi1UatoRzFWt5TMQ&s=BRXzOXCYHNONshcZ72ISdGuPOhb74o82rewxoYf5YZI&e=) released a comprehensive set of evidence-based guidelines in partnership with [Feeding America](https://urldefense.proofpoint.com/v2/url?u=http-3A__r20.rs6.net_tn.jsp-3Ff-3D001jBxYLPcelO-5F2NEPAHIt9AVfWqtLXRslnsK3-5FA42b9QwJivMLVPH-2D3Obckbm8-2DBOBLnPkfHXP2tYCWOqb35rX5Yftz88PmuIvy7qYPWAkO9g8MkBVaRB0ejpNeG3InHvJaq29bZHtXBNEiG8JauNHr9ial2WIy2Z-5Fj6zkIKirJVfWnt9cSCddQ6pNL5eXl92Jp3Rs8WIvncZ15gJJWtqs49Z6jFy4uUQyMY-5FBKPV3WIY0bCKUHWjqc2bt5dUcQribTB1cNcdlNTIMbzjbXuGZPTt0UbnB6WugZhegIw9am0wbA8TKJwKCkZLGGCMPZlfh-26c-3DkmnzcW3OXKZoy4lbS6jEYYMLWTd3Ze1vloFWtZGDua9M-2DABLA8t7BA-3D-3D-26ch-3DgB-5FBAW7IaxWoi-5F8Y3UySBehVs8srzEbIvvlSmcCsiQQlnW8NVW-5F8Rg-3D-3D&d=DwMFaQ&c=sdnEM9SRGFuMt5z5w3AhsPNahmNicq64TgF1JwNR0cs&r=IRtPve-3iU6nDY0pJTGUPkNP9JhaCAoEuXJYCdkV0s8&m=59-mju-7gP1E1br4MKlMfF1mJlaSi1UatoRzFWt5TMQ&s=DsBKc2vQKD5n2gHzD2qG3KSZKkF9hSZoQMfI0Ptbeoo&e=) to help the charitable food system improve the nutritional quality of items provided to individuals and families. The guidelines focus on increasing access to healthier food choices, including fruits and vegetables, whole grains, low-fat dairy products and lean proteins, with an easy-to-understand system that organizes and ranks products according to the amounts of saturated fat, sodium and added sugar they contain.
* Improving Health while Alleviating Hunger: Best Practices of a Successful Hunger Relief Organization <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6121129/>
* Food pantries as partners in population health: Assessing organizational and personnel readiness for delivering nutrition-focused charitable food assistance <https://www.tandfonline.com/doi/full/10.1080/19320248.2018.1512931>
* The Unrealized Health-Promoting Potential of a National Network of Food Pantries <https://www.tandfonline.com/doi/full/10.1080/19320248.2019.1569819>

**Screening for Food Insecurity**

# Identifying food insecurity: Two-question screening tool has 97% sensitivity <https://www.aappublications.org/content/early/2015/10/23/aapnews.20151023-1>

* Food Screening Toolkit <https://hungerandhealth.feedingamerica.org/resource/food-insecurity-screening-toolkit/>
* Humana and Feeding America Toolkit <https://hungerandhealth.feedingamerica.org/wp-content/uploads/2017/11/Food-Insecurity-Toolkit.pdf>
* PRAPARE Tool <http://www.nachc.org/research-and-data/prapare/>
* Addressing Food Insecurity: A Toolkit for Pediatricians <https://frac.org/wp-content/uploads/frac-aap-toolkit.pdf>
* Medical-dental integration work <https://www.ahip.org/medical-dental-integration-the-best-of-both-worlds-for-consumers-and-their-health-care-coverage/>
* Pharmacists in DPP <https://www.cdc.gov/diabetes/prevention/pdf/pharmacists-guide.pdf> (May be transferrable to Food Security work)
* Dentist role in DPP screenings <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6299263/> (May be transferrable to Food Security work)
* Food Pharmacy: <https://www.cbsnews.com/news/fresh-food-pharmacy-program-prescribes-food-not-pills/>
* Children’s Health Watch: <https://childrenshealthwatch.org/public-policy/hunger-vital-sign/>
* Healthcare without Harm: Promotes food as medicine and works to transform the health sector worldwide, promoting environmental health and justice: <https://noharm.org/>
* In Colorado, funding through the tobacco tax allows for a local grant program (22 grantees) Some focused on the Diabetes Prevention Program others Cardiovascular Disease Focused – all are required to screen and refer for food insecurity and housing. Communities share with the state how they go about implementing the screening and referral process. Staff from 1815 and 1817 provide technical assistance.

**Strategies to Address Food Security with other Social Determinants of Health**

* + From WA: Photo Voice Report: <https://www.doh.wa.gov/Portals/1/Documents/Pubs/340-349-FINI-FruitVegetableRx-PhotovoiceReport.pdf>
  + From VA: The Everyone Project: <https://www.aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html>

**Financial / Produce Incentives**

* [Evaluating A USDA Program That Gives SNAP Participants Financial Incentives To Buy Fresh Produce In Supermarkets](https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2019.00431)
* Poll Finds Strong Support for Incentivizing Fruits and Vegetables for People on Food Stamps
* <https://www.pcrm.org/news/news-releases/poll-finds-strong-support-incentivizing-fruits-and-vegetables-people-food-stamps>
* Make Food Stamps Healthy <https://www.pcrm.org/good-nutrition/nutrition-programs-policies/make-food-stamps-healthy>
* Incentivizing fruit and vegetable purchases among participants in the Special Supplemental Nutrition Program for Women, Infants, and Children <https://pdfs.semanticscholar.org/36a6/c38c6a27fdf22e332703933eb548519d9cc7.pdf>

**Health in All Policies Including Local Level Recognition Programs that Promote that Advance Food Security**

* Health in All Policies: A guide for State and Local Governments [file:///C:/Users/cambridgeak/Downloads/Health\_in\_All\_Policies-A\_Guide\_for\_State\_and\_Local\_Governments.pdf](file:///C:\Users\cambridgeak\Downloads\Health_in_All_Policies-A_Guide_for_State_and_Local_Governments.pdf)
* From CO: <https://livewellcolorado.org/healthy-communities/heal-cities-towns-campaign/>
* From VA: <https://www.healcitiesmidatlantic.org/>
  + [Virginia HEAL Cities and Towns Campaign](https://www.institutephi.org/our-work-in-action/policy-health-systems-improvement/heal-cities-towns-campaign/)
  + [Ohio Healthy Community Award](file:///C:\Users\julie\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\3HBKU0WI\•%09https:\odh.ohio.gov\wps\portal\gov\odh\know-our-programs\creating-healthy-communities\Healthy-Community-Award\)
  + National: Let’s Move Cities, towns and Counties: <http://www.healthycommunitieshealthyfuture.org/>
    - [Guidebook](file:///C:\Users\julie\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\3HBKU0WI\•%09http:\www.healthycommunitieshealthyfuture.org\wp-content\uploads\2014\03\FINAL-NLC-LMCTC-GUIDE.pdf)
    - FNS: <https://fns-prod.azureedge.net/sites/default/files/sfsp/smt-lets_move_cities.pdf>
    - WV Example: [Shinnston, WV](http://www.healthycommunitieshealthyfuture.org/places/#Shinnston%2CWV)
  + [Wisconsin Active Together](https://www.wiactivetogether.org/)
  + [Healthy Hometown](https://www.wellmark.com/about/community/community-health-improvement/iowa) by Wellmark
  + Oklahoma: <https://certifiedhealthyok.com/community/>
  + HUD Healthy Communities Assessment Tool (HCAT): <https://www.huduser.gov/healthycommunities/node/160058>
  + Blue Zones: <https://www.bluezones.com/services/blue-zones-project/#section-7>
* Michigan: <http://checklist.mihealthtools.org/about.aspx#preview>
* CDC:<https://www.cdc.gov/healthyplaces/toolkit/>
* Healthy Community Design checklist: <https://www.cdc.gov/healthyplaces/toolkit/Healthy_Community_Design_Checklist.pdf>
* **Let’s Go!** is an obesity prevention initiative working with communities to create environments that support healthy choices. Bringing evidence-based strategies for healthy living into schools, childcare and out-of-school programs, health care practices, and workplaces, Let’s Go! reaches children and adults where they live, learn, work, and play. <https://mainehealth.org/lets-go>
* The **Healthy People Healthy Places program** celebrates WV communities committed to supporting healthy choices [**https://wvhealthypeoplehealthyplaces.com**](https://wvhealthypeoplehealthyplaces.com)
* Wisconsin (Rural Focus)<https://static1.squarespace.com/static/5787880659cc6802a0cf8d22/t/5abab9a088251b3d7c2f7a86/1522186658837/V3.1.1_HealthyRuralCommunityDesign_complete.pdf>
* Hennepin County, Minneapolis MN: <https://www.hennepin.us/-/media/hennepinus/your-government/projects-initiatives/active-living/final-checklist-healthy-community.pdf?la=en>
* **Oklahoma:** [Certified Healthy Oklahoma.](https://certifiedhealthyok.com/) R
* **Louisiana:** [Well Ahead](http://wellaheadla.com/) LA
* **Iowa and South Dakota:** [Healthiest State Initiative](file:///C:\Users\julie\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\3HBKU0WI\Healthiest%20State%20Initiative):

**Addressing Food Security through Early Care and Education Centers**

* Evidenced based strategies to end childhood food insecurity <https://www.urban.org/sites/default/files/publication/99831/evidence-based_strategies_to_end_childhood_food_insecurity_and_hunger_in_vt_1.pdf>
* Strategies to address Food Insecurity Among Head Start Families (video) <https://eclkc.ohs.acf.hhs.gov/video/strategies-increase-food-security-among-head-start-families>
* Addressing Food Security through Health Start Centers: <https://eclkc.ohs.acf.hhs.gov/video/strategies-increase-food-security-among-head-start-families>
* Ohio: [Children’s Hunger Alliance (CHA)](https://childrenshungeralliance.org/)
* [Ohio Child Care Resource and Referral Association](https://occrra.org/) (OCCRRA)
* Child and Adult Care Food Program: <https://www.fns.usda.gov/cacfp/why-cacfp-important>
* Food Research and Action Center: <https://frac.org/>
* From CO: Example of quality improvement efforts around ECEs and Food Security / Nutrition <https://asphn.org/wp-content/uploads/2020/02/Colorado-Update.pdf>
* Early Care and Education Center Recognition Programs (State Level) (Not specific to Food Security, but perhaps an opportunity to incorporate it?) <https://d3knp61p33sjvn.cloudfront.net/2017/08/ECE-HEPA-RecognitionPrograms_Review021517.pdf>
  + Louisiana:<http://www.wellaheadla.com/WellSpots/WellSpot-Benchmarks/Child-Care-Centers>
  + Oklahoma: <https://certifiedhealthyok.com/early-childhood-program/>

**Stakeholder Engagement / Coalition Building**

* + 5 Steps to Stakeholder Engagement in Strategic Planning <https://www.smestrategy.net/blog/stakeholder-engagement-in-your-strategic-plan-pt-1>
  + 10 Principles of Stakeholder Engagement <https://www.apm.org.uk/resources/find-a-resource/stakeholder-engagement/key-principles/>
  + Orla Health Ex of Stakeholder Engagement Planning <http://www.chcs.org/media/OH-Stakeholder-Engagement-Plan-Template_121815.pdf>
  + Vermont’s legislature established a group focused on food systems – in addition there are several other working groups, one on health, Hunger Free VT, Food Shelf, etc.
  + Hospitals, insurance companies / payers are essential for food is medicine – one state is hosting a panel of them so their State Health Officer can learn how they are working to address food insecurity – from here the state health department plans to establish a longer standing team of these partners so they can work together.
  + From VA: Resources for coalitions: <http://coalitionswork.com/>
  + PA Food Security Partnership was started by the Governor in 2015. Yearly convening and updates are shared throughout the year on the 9 goals of the partnership’s blueprint. Six state departments and dozens of local and statewide organizations are a part of the Partnership. <https://www.dhs.pa.gov/about/Ending-Hunger/Pages/Blueprint.aspx>

**Facilitating Communities of Practice**

* MN hosts a coffee call every month or two months, where people can come and talk about a certain topic (e.g. farmers markets).
* Resource Kits for Facilitating Communities of Practice: <https://www.cdc.gov/phcommunities/resourcekit/index.html>

<https://www.cdc.gov/phcommunities/index.html>

**Food Service Guidelines: Hospitals, Pantries, etc.**

* Philadelphia Hospitals Offer Healthier Options with Good Food, Healthy Hospitals https://www.cdc.gov/nccdphp/dnpao/state-local-programs/pdf/philadelphia-hospitals-offer-healthier-options.pdf

# Hospital – Food Bank Partnerships: A Recipe for Community Health <https://hungerandhealth.feedingamerica.org/2018/04/hospital-food-bank-partnerships-recipe-community-health/>

* CO Healthy Hospital Compact:<https://www.colorado.gov/pacific/cdphe/healthy-hospital-compact>
* Hospitals and food banks partner to increase access to healthy food: <https://foodcommunitybenefit.noharm.org/resources/implementation-strategy/program-food-banks-and-pantries>
* Collection of Food Service Guideline (FSG) used by states (see food pantry section) <https://asphn.org/food-service-guidelines/>
* [“Smart Food Choices: How to Implement Food Service Guidelines in Public Facilities.” CDC. 2018.](https://www.cdc.gov/obesity/downloads/strategies/Smart-Food-Choices-508.pdf)
* [Conversations Across the Food System: A Guide to Coordinating Grassroots Community Food Assessments.” Oregon Food Bank. 2013.](https://164xbp2ocd6p4enk8z35eujo-wpengine.netdna-ssl.com/wp-content/uploads/2016/07/Conversations-Across-the-Food-System_First-Edition.pdf)
* From VA: <https://nopren.org/working_groups/food-service-guidelines-research-and-operations-workgroup/>
* [Good Food Purchasing Program](https://goodfoodpurchasing.org/): Five core beliefs: 1) supporting local economies, 2) health, 3) valued workforce, 4) animal welfare, and 5) environmental sustainability

**Corner Store Initiatives**

* Healthy Retail Recognition Pilot: <https://snapedtoolkit.org/interventions/programs/healthy-retail-recognition-pilot/>
* Virginia's Healthy Corner Store Initiative Approach <http://www.vdh.virginia.gov/healthy-corner-store-initiative/>
* <http://thefoodtrust.org/uploads/media_items/healthy-corner-store-overview.original.pdf>
* ‘Good Food Sold Here’ campaign as a model <https://www.health.state.mn.us/communities/healthyeating/goodfood.html>
* MN strategy for recruiting stores: <http://healthynorthland.org/resources/how-to-be-a-healthy-store/>
* DC Central Kitchen Healthy Corner Stores <https://dccentralkitchen.org/healthy-corners/>
* A Snapshot of Healthy Corner Store Initiatives <https://www.nlc.org/resource/a-snapshot-of-healthy-corner-store-initiatives>
* Evaluating Healthy Corner Store Initiatives <https://www.sciencedirect.com/science/article/abs/pii/S0149718918300703>
* Formative Evaluation of efforts in Pittsburgh <https://www.ncbi.nlm.nih.gov/pubmed/23866164>
* <https://healthyeatingresearch.org/research/evaluating-the-efficacy-of-a-healthy-corner-store-initiative-in-reducing-childhood-obesity/>

**Rural Areas**

* Rural Food Access Toolkit <https://www.ruralhealthinfo.org/toolkits/food-access>
* Rural Health Info: [www.ruralhealthinfo.org](http://www.ruralhealthinfo.org)
* Challenges Serving Rural Children Summer Meals <https://scholars.unh.edu/cgi/viewcontent.cgi?referer=&httpsredir=1&article=1107&context=carsey>
* Kansas State rural grocery - conference this summer <https://www.ruralgrocery.org/>
* Rural Grocery Stores: Challenges <http://files.cfra.org/pdf/rural-grocery-stores.pdf>
* Independent Grocery Stores are important in Rural America <https://www.ers.usda.gov/amber-waves/2018/januaryfebruary/despite-slow-growth-from-2005-to-2015-independent-grocery-stores-remain-important-for-rural-communities/>

**Growing and Collaboration with Farmers**

* VA indoor/hydroponic example was a ‘game changer’ in Petersburg, VA
* MN Extension Deep Winter Greenhouses for year round growing: <https://extension.umn.edu/growing-systems/deep-winter-greenhouses>
* Freezing food to sustain access after the growing season. Retrofit facilities to accommodate freezing in schools & hospitals: <http://www.ngfn.org/resources/ngfn-database/knowledge/LocalFrozenProduce_CommonMarket.pdf>
* <http://www.hungerfreend.org/>
* <https://www.usda.gov/sites/default/files/documents/usda_gleaning_toolkit.pdf>
* Economic Impact Grants: Greenhouse growing <https://www.rd.usda.gov/programs-services/economic-impact-initiative-grants>

**Healthy Food Prescription Programs**

* Fruit and vegetable prescription programs improve access to and affordability of health-supporting foods for adults, but their effect on dietary behavior among children is not known. The objective of this study was to describe the extent to which exposure to a fruit and vegetable prescription program was associated with changes in consumption among participants aged 2 to 18. [**https://www.cdc.gov/pcd/issues/2019/18\_0555.htm**](https://www.cdc.gov/pcd/issues/2019/18_0555.htm)
* Under Produce Rx, people who receive benefits via the AmeriHealth Caritas DC managed Medicaid health plan can get a prescription for fruit and vegetables from a medical professional for a diet-related chronic illness and fill the script in Giant’s supermarket pharmacy at 1535 Alabama Ave. SE in Washington. [**https://www.supermarketnews.com/produce-floral/giant-food-pharmacy-prescribe-fruit-and-vegetables**](https://www.supermarketnews.com/produce-floral/giant-food-pharmacy-prescribe-fruit-and-vegetables)
* Minnesota SNAP Rx program connects them to a food helpline that will screen for SNAP eligibility and help them get signed up if they qualify

<http://www.hungersolutions.org/programs/mn-food-helpline/snap-rx/>

* <https://www.wholesomewave.org/how-we-work/produce-prescriptions>

**Health Plan and Pharmacy Engagement in Food Security and the Social Determinants of Health**

* **Aetna addressing Social Determinants:** The National Quality Forum and Aetna Foundation on Thursday launched a nine-month initiative to identify best approaches toward addressing social determinants of health to develop a national standard of effective strategies for payers and providers. <https://www.modernhealthcare.com/article/20190124/TRANSFORMATION01/190129965/nqf-aetna-join-forces-to-tackle-social-determinants>
* **CVS Health** will be making considerable investments in community health, creating funding programs and patient engagement tools that help target the social determinants of health, the company recently [**announced**](https://www.prnewswire.com/news-releases/cvs-health-announces-destination-health-a-new-platform-addressing-social-determinants-of-health-300889643.html). These social programs, will span community health and housing investments as well as patient engagement tools. The CVS Health and Aetna Foundation are funding much of these latest programs. <https://patientengagementhit.com/news/cvs-health-aetna-plan-investments-in-community-health-sdoh>
* **Pharma Funding sources**
* Farm House to Your House funded by Novo Nordisk <https://www.farmhousetoyourhouse.com>
* Connecting for Cardio Vascular Health funded by Astrazeneca Foundation <https://www.astrazeneca-us.com/sustainability/healthcare-foundation/connections-for-cardiovascular-health.html>
* **Community Benefit sources:** Kaiser Permanente of WA <https://wa.kaiserpermanente.org/html/public/about/physically-active>
  + **ProMedica ‘Hunger as a Health Issue’** ProMedica is a non-profit, mission-based health system committed to community health needs. We work together with community agencies, faith organizations, businesses, and elected leaders to end hunger, sharing successful strategies employed throughout our region. These strategies include:

<https://www.promedica.org/Pages/service-to-the-community/come-to-the-table.aspx>

* + Message from ProMedica CEO <https://www.promedica.org/Public%20Documents/our-communities/hunger/a-case-to-end-hunger.pdf>

**Leadership and Management**

* Leadership is Still Not Management: <https://hbr.org/2013/01/management-is-still-not-leadership>
* A great weekly podcast, HBR Ideacast: https://hbr.org/2018/01/podcast-ideacast
* Being a Good Follower: An Important Component of Effective Public Health Leadership <https://journals.sagepub.com/doi/full/10.1177/0033354916669699>
* WHO Leadership and Management Framework: <https://www.who.int/workforcealliance/forum/SBW_WHO_Leadership_and_Management_Framework.pdf?ua=1>
* 15 Commitments for Conscious Leadership: <https://www.amazon.com/15-Commitments-Conscious-Leadership-Sustainable-ebook/dp/B00R3MHWUE>