**2019 Preventing Adverse Childhood Experiences (ACEs) GEAR Group**

*This GEAR Group explored strategies to connect chronic disease prevention with prevention of adverse childhood experiences. Topics included evidence based and promising practices for urban and rural settings.*

**Participating States:**

Arizona, California, Colorado, Florida, Hawaii, Idaho, Kansas, Maryland, New Mexico, Pennsylvania, Utah, and Vermont

The 2019 GEAR Groups focused broadly on **health equity and** **upstream factors**.  **The** **Preventing Adverse Childhood Experiences GEAR Group** members focused specifically on how chronic disease programs are collaborating to strengthen economic supports for families, promoting social norms for violence prevention, and connecting youth to caring. This effort is in line with the 2018-19 NACDD [President’s Challenge](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=59b5e492be&e=f24f4399a9) under Dr. [Gabriel Kaplan](https://www.chronicdisease.org/page/GabrielKaplan)’s leadership. Dr. Kaplan’s [presentation](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=019c43d8e8&e=f24f4399a9) at NACDD’s Chronic Disease Academy in April provides a [roadmap](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=d8d94e199a&e=f24f4399a9) for incorporating the social determinants of health into chronic disease prevention and control and health promotion, as does his article, [“Socially Determined: A Call to Action”](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=d87af3c3fa&e=f24f4399a9) featured in the Association’s [Insights](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=cc04473db5&e=f24f4399a9) magazine.

**Resources and References**

Participants shared the following resources during the four week GEAR Group process in August 2019.

**National Guidelines**

* Preventing Child Abuse and Neglect – [Technical Package for Policy, Norm, and Programmatic Interventions.](https://www.cdc.gov/violenceprevention/pdf/can-prevention-technical-package.pdf)
* Public Health efforts focused on preventing ACES:  ASTHO <https://www.astho.org/StatePublicHealth/State-Public-Health-Strategies-for-Preventing-Adverse-Childhood-Experiences/07-12-18/>

**ACEs Screening / Resiliency Screening / Social Determinants of Health Screening**

* [FUTURES Without Violence's Home Visiting Tools](file:///C:\Users\julie\Dropbox%20(NACDD%20Business)\ILPI%202019\GEAR%20Groups\4.%20Adverse%20Childhood%20Experiences\08.05.19\ipvhealth.org): Discusses trauma informed care/stewardship, building partnerships to increase the likelihood of warm handoffs, and ACEs.
* [ACEs Connection Resilience Screening Tools](https://www.acesconnection.com/g/resource-center/blog/resource-list-resilience-surveys): List of resilience screening tools.
* [Screening tools for ACEs](https://www.chcs.org/media/TA-Tool-Screening-for-ACEs-and-Trauma_020619.pdf), Center for Health Care Strategies, Inc
* Michigan: [Social Determinant of Health Screening Tool (](https://micmrc.org/system/files/Pediatric%20Version%20of%20SDOH%20Screening%20Tool%20v1_0.pdf)Pediatric)
* Tip: consider partnering with other groups/programs that are promoting social determinant of health screenings, such as food insecurity, housing, or a combined SDH screening. Approach providers and health systems together.

**Promising Programs / Interventions**

* [Sources of Strength](https://sourcesofstrength.org/): An evidence-based prevention for suicide, violence, bullying and substance abuse by training, supporting, and empowering both peer leaders and caring adults to impact their world through the power of connection, hope, help and strength.
  + [Home Visiting Program](https://www.cdph.ca.gov/Programs/CFH/DMCAH/CHVP/Pages/default.aspx) (California): The California Home Visiting Program (CHVP) is designed for overburdened families who are at risk for Adverse Childhood Experiences (ACEs), including child maltreatment, domestic violence, substance abuse and mental illness.
  + [Power of the Positive](http://www.kansaspowerofthepositive.org/) (Kansas) Presentation resources and tips for making the case for ACEs: <http://www.kansaspowerofthepositive.org/presentation_tips_tools.htm>
* [Innovative Partnership Opioid Toolkit](http://www.thecapcenter.org/what/innovative-partnership-opioid-toolkit): Sierra-Sacramento Innovate Partnership (The Child Abuse Prevention Center)
* [QPR Gatekeeper Training](https://qprinstitute.com/about-qpr): QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide
* CDC, [Preventing Suicide through Connectedness](https://www.cdc.gov/ViolencePrevention/pdf/ASAP_Suicide_Issue3-a.pdf)
* [Raising of America](https://raisingofamerica.org/), a documentary series and tools to show how a strong start for all kids can lead to better outcomes and a healthier, safer, more prosperous and equitable America.

**State Level Multi-Sector Coordination to Address ACEs**

* [The Washington State ACEs Public Private Initiative:](http://www.appi-wa.org/) (APPI) A collaboration of private, community and public entities working together to learn how communities can prevent and address Adverse Childhood Experiences (ACEs)
* [Leveraging the ACE Research and Collective Impact to Strengthen Child Sexual Abuse Prevention](https://www.d2l.org/wp-content/uploads/2018/10/Leveraging-Collective-Impact-and-the-ACE-research-Cary-Rayson.pdf)
* [2019 Starting & Growing Resilient Communities: Online & In Real Life (IRL) Webinar Series](https://www.acesconnection.com/blog/2019-starting-and-growing-resilient-communities-online-and-in-real-life-irl-webinar-series)
* Community Science: [Advancing the Measurement of Collective Community Capacity to Address Adverse Childhood Experiences and Resilience](http://www.appi-wa.org/wp-content/uploads/2016/07/APPI-White-Paper.pdf)
* Look to “braided funding” models through [New Hampshire](http://www.health.ri.gov/programs/detail.php?pgm_id=1108) and Oregon (equity focused) and Minnesota (Opioid Focused).
* Leverage tools for collaboration and coordination through the

**Data Sources, Dissemination and Making the Case**

* [About the Kaiser ACEs Study](https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/about.html)
* [How Childhood Trauma affects health across the lifespan](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en), TED talk by Dr. Nadine Burke Harris
* [Kids Count Databook](https://www.aecf.org/resources/2019-kids-count-data-book/?gclid=EAIaIQobChMI0-_ZuMDs4wIVn__jBx3VsQ4VEAAYASAAEgIut_D_BwE)
* [National Survey on Children's Health](https://www.childhealthdata.org/browse/survey)
* [CDC BRFSS ACEs Module](https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/ace-brfss.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Face_brfss.html)
* [ACEs Connection - Mapping the Movement](https://acesconnection.shinyapps.io/mapping_the_movement/): A map all of ACEsConnection.com's geographic communities - nearly 200 of them & a map that monitors which states have given the ACEs module as part of their annual BRFSS
* [Building Community Resilience infographic template](https://publichealth.gwu.edu/sites/default/files/downloads/Redstone-Center/BCR%20PoA%20Infographic%20Template%20-%20Data.pdf)
  + [Guide](https://publichealth.gwu.edu/sites/default/files/downloads/Redstone-Center/BCR%20PoA%20Infographic%20Template%20-%20Data.pdf) for creating the infographic
* Kansas: [Data Report on Adverse Childhood Experiences Among Adults](http://www.kansaspowerofthepositive.org/download/ACE_Kansas_2015.pdf), 2015.
* Utah: <https://health.utah.gov/disparities/data/ohd/UtahHII.pdf>

* [County Health Rankings](https://www.countyhealthrankings.org/)
* [The National Survey of Children’s Health](https://www.childhealthdata.org/learn-about-the-nsch/NSCH)
* [National Child Abuse and Neglect Dataset](https://www.acf.hhs.gov/cb/research-data-technology/reporting-systems/ncands)
  + [About the Child Abuse and Neglect Statistics](https://www.childwelfare.gov/topics/systemwide/statistics/can/can-stats/)
* [Community Check Box](https://checkbox.ctb.ku.edu/) (University of Kansas)

Research on Smoking, ACEs and Substance Abuse

* [Adverse Childhood Experiences and Adult Smoking, Nebraska, 2011 (Preventing Chronic Disease)](https://www.cdc.gov/pcd/issues/2013/pdf/13_0009.pdf)
* [Adverse Childhood Experiences and Smoking during Adolescence and Adulthood](https://jamanetwork.com/journals/jama/fullarticle/192056), JAMA
* [Smoking Cessation during Substance Abuse Treatment](https://www.integration.samhsa.gov/Smoking_cessation_during_substance_abuse_treatment.pdf), What you need to Know, Journal of Substance Abuse Prevention

**Programmatic Resources on ACEs**

* [Family Support Policy and Program Approaches](https://www.childwelfare.gov/topics/supporting/support-services/policy/), Child Welfare Information Gateway
* National Academies – [Healthy and Vibrant Kids – Aligning Science, Practice and Policy to Advance Health Equity](•%09http:/nationalacademies.org/hmd/Reports/2019/vibrant-and-healthy-kids)
* [CORE Statewide Violence and Injury Prevention Program](https://www.cdc.gov/injury/stateprograms/index.html)
* [Safe States Alliance](https://www.safestates.org/)
* [Kansas School Mental Health: A Resource Guide for Kansas School Communities](https://www.ksdetasn.org/smhi/school-mental-health-a-resource-for-kansas-school-communities)
* [Futures without Violence](https://www.futureswithoutviolence.org/?gclid=EAIaIQobChMI5_75vPqt5AIVkp-fCh1fkAGtEAAYASAAEgIeUvD_BwE)

Food Insecurity

* [An Examination of Food Insecurity and Its Impact on Violent Crime in American Communities](An%20Examination%20of%20Food%20Insecurity%20and%20Its%20Impact%20on%20Violent%20Crime%20in%20American%20Communities)
* Gretchen Swanson Center for Nutrition: <https://www.centerfornutrition.org/her-fini?gclid=EAIaIQobChMI1OjblvKE5AIVQySGCh3tPg2tEAAYASAAEgI8sPD_BwE>

Community Based Programs

* Community Based Whole Child Approach, Leon County Florida: <https://wholechildleon.org/>
* Cooperative Extension Offices: [Family Well-Being Programs](https://nifa.usda.gov/topic/family-well-being)

Resources for Rural Settings

* [Exploring the Rural Context for Adverse Childhood Experiences](https://www.preventioninstitute.org/projects/accountable-communities-health-ach), HRSA
* [2011-2012 ACEs Data Portrait](https://mchb.hrsa.gov/nsch/2011-12/rural-health/childs-family/adverse-childhood-experiences.html)
* [Child Health and Adverse Childhood Experiences, Implications for the Medical Home](https://mchb.hrsa.gov/research/project_info.asp?ID=271)

**Workplace Health, Mental Health**

* [CDC Worksite Health Promotion](https://www.cdc.gov/workplacehealthpromotion/index.html)
  + [CDC, Current Practices in Worksite Wellness](https://www.cdc.gov/nccdphp/dnpao/state-local-programs/pdf/current-practices-worksite-wellness.pdf) (PDF with state examples)
  + [CDC Worksite Health Scorecard](https://www.cdc.gov/workplacehealthpromotion/initiatives/healthscorecard/index.html)
  + <http://workplacementalhealth.org/Mental-Health-Topics/Suicide-Prevention/How-to-Effectively-Invest-In-Suicide-Prevention>
  + Vermont: <https://www.healthvermont.gov/wellness/worksite-wellness/3-identify-worksite-wellness-strategies>
  + Resource for employers on hiring people in recovery: <https://www.ccoavt.org/employer-toolkit>
  + CDC, Engaging Businesses in assuring safe, stable and nurturing relationships for children: <https://vetoviolence.cdc.gov/apps/child-abuse-neglect-biz/>

Advocating for Workplace Policies that Support Families

* [Colorado Good Business Association](https://www.goodbusinesscolorado.org/)
* [Vermont Businesses for Social Responsibility](https://vbsr.org/)
* Why family and medical leave is good for a business’s bottom line:
  + <http://www.nationalpartnership.org/our-work/resources/workplace/paid-leave/paid-leave-good-for-business.pdf>
  + <http://image-src.bcg.com/Images/BCG-Why-Paid-Family-Leave-Is-Good-Business-Feb-2017_tcm30-205334.pdf>

Workplace Supports for Breastfeeding

* [The Business Case for Breastfeeding](https://www.womenshealth.gov/breastfeeding/breastfeeding-home-work-and-public/breastfeeding-and-going-back-work/business-case)
* [Texas Mother Friendly](http://texasmotherfriendly.org/about-the-program)

**K-12 School Settings / Social Emotional Learning**

* [Second Step Program](https://www.secondstep.org/): A social-emotional learning (SEL) program that helps transform schools into supportive, successful learning environments uniquely equipped to help children thrive.
* <https://www.cfchildren.org/programs/social-emotional-learning/>
* American Foundation for Suicide Prevention: AFSP partners with CDC on school related work and social/ emotional learning (SEL).  Here is a model school district policy for suicide prevention: <https://afsp.org/wp-content/uploads/2016/01/Model-Policy_FINAL.pdf>
* SAMSHA-HRSA Center for Integrated Health Solutions: [Suicide Prevention Training Resources](https://www.integration.samhsa.gov/clinical-practice/suicide-prevention-update#Resources_for_Staff) (specific sections on Children/Youth and Trauma Informed Care).

**Promoting Trauma Informed Care**

* ACEs Connection Network (ACEs CN). [Trauma-informed care (TIC) toolkits: Education resources.](https://www.acesconnection.com/blog/trauma-informed-care-toolkits-1?nc=1)
* [Dr. Lynda Chamberlin’s Toolkit on DV and ACEs](https://www.acesconnection.com/g/alaska-aces-action/blog/dr-linda-chamberlain-s-toolkit-on-dv-and-aces-now-available) (Resilience Training / Training for Caretakers)
  + [Alaska Resilience Initiative](https://www.akresilience.org/)
* [CPTS-Health care toolbox](https://www.healthcaretoolbox.org/) - Center for Pediatric Traumatic Stress (CPTS). Health care toolbox.
* [Accountable Communities for Health](https://www.preventioninstitute.org/projects/accountable-communities-health-ach) (Some hospitals focusing on ACEs)
* [Attitudes Toward Trauma Informed Care Survey](https://traumaticstressinstitute.org/the-artic-scale/)
* [SAMHSA’s Guidance for a Trauma Informed Approach](https://store.samhsa.gov/system/files/sma14-4884.pdf)
  + [SAMHSA-NCTIC TIP57](https://www.integration.samhsa.gov/clinical-practice/SAMSA_TIP_Trauma.pdf) - Substance Abuse and Mental Health Services Administration (SAMHSA). National Center for Trauma-Informed Care (NCTIC). (2014). Trauma-informed care in behavioral health services. Treatment Improvement Protocol (TIP) Series 57. Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA); 2014 HHS Publication No. (SMA) 13-4801.
  + [SAMHSA Trauma and Violence](https://www.samhsa.gov/trauma-violence)
  + [SAMHSA Child Trauma](https://www.samhsa.gov/child-trauma)

**Financial Literacy and Funding**

* Financial Literacy through Extension Programs (Land Grant Institutions)
  + Michigan State University: <https://www.canr.msu.edu/mimoneyhealth/>
  + University of Maryland: <https://extension.umd.edu/money>
  + University of Hawaii: <https://manoa.hawaii.edu/undergrad/finlit/>
    - <https://cms.ctahr.hawaii.edu/tcym/>
* Financial literacy through Local libraries
  + <https://www.librarieshawaii.org/learn/life-skills/financial-literacy/>
* [Raliance](https://www.raliance.org/)**:** Raliance was created using a $10 million funding commitment from the National Football League. Serves as the central hub for three top organizations in the country working to end sexual violence: the National Sexual Violence Resource Center (NSVRC), the California Coalition Against Sexual Assault (CALCASA)-Prevent Connect and the National Alliance to End Sexual Violence (NAESV).
* [Stop it Now!](https://www.stopitnow.org/) Stop it Now! has made great strides in identifying, refining and sharing effective ways to prevent child sexual abuse before children are harmed.
* [NoVo Foundation](https://novofoundation.org/)**:** The NoVo Foundation gave a total of $5 million between 2009 and 2012 to the Ms. Foundation for Women to support a project called Child Sexual Abuse: A Social Justice Prevention Model.
* [Philanthropy Women](https://philanthropywomen.org/subscribe-to-philanthropy-women/) (need paid subscription to see content)
* [Green Dot Bystander](https://alteristic.org/services/green-dot/) Intervention Program

**Potential New Partners**

* Children's hospitals: <https://www.childrenscolorado.org/community/community-health/early-childhood/>
* Non-Profit Hospitals (Community Benefit Offices): <https://journalofethics.ama-assn.org/article/how-should-nonprofit-hospitals-community-benefit-be-more-responsive-health-disparities/2019-03>
* Colleges and Universities / Land Grant Institutions: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3292771/>

**Collective Impact**

* [Collective Impact Forum](https://www.collectiveimpactforum.org/)
* [Community Toolbox](https://ctb.ku.edu/en/table-of-contents/overview/models-for-community-health-and-development/collective-impact/main).

**Leadership and Management**

* [Leadership is Still not Management](https://hbr.org/2013/01/management-is-still-not-leadership): Harvard Business Review, [John P. Kotter](https://hbr.org/search?term=john%20p.%20kotter) 9/2013
* [Cross-Silo Leadership](https://hbr.org/2019/05/cross-silo-leadership), Harvard Business Review 2019