**2019 Leading With Race GEAR Group**

*This GEAR Group explored strategies to promote health equity by acknowledging and working to address the role of racism in systems and institutions.*

**Participating States:**

Arizona, Idaho, New Hampshire, Nevada, New York, Oregon, South Carolina and Vermont

The 2019 GEAR Groups focused broadly on **health equity and** **upstream factors**.  **The Leading With Race GEAR Group** members focused specifically on how chronic disease programs are collaborating to strengthen economic supports for families, promoting social norms for violence prevention, and connecting youth to caring. This effort is in line with the 2018-19 NACDD [President’s Challenge](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=59b5e492be&e=f24f4399a9) under Dr. [Gabriel Kaplan](https://www.chronicdisease.org/page/GabrielKaplan)’s leadership. Dr. Kaplan’s [presentation](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=019c43d8e8&e=f24f4399a9) at NACDD’s Chronic Disease Academy in April provides a [roadmap](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=d8d94e199a&e=f24f4399a9) for incorporating the social determinants of health into chronic disease prevention and control and health promotion, as does his article, [“Socially Determined: A Call to Action”](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=d87af3c3fa&e=f24f4399a9) featured in the Association’s [Insights](https://chronicdisease.us6.list-manage.com/track/click?u=f5eb710db3&id=cc04473db5&e=f24f4399a9) magazine.

**Resources and References**

Participants shared the following resources during the four week GEAR Group process in July 2019.

**Data Resources and Historical Perspective**

* National Equity Atlas. <https://nationalequityatlas.org/>
* Video on Redlining: <https://www.youtube.com/watch?v=mW764dXEI_8> A small sample of this longer video, “Race- The Power of an Illusion: How the Racial Wealth Gap was Created” <https://vimeo.com/133506632>
* Video #2 on Redlining: <https://www.youtube.com/watch?v=e68CoE70Mk8&t=2s>

**Social Determinants of Health Resources**

* <https://www.rwjf.org/en/library/research/2010/01/a-new-way-to-talk-about-the-social-determinants-of-health.html>
* Project ECHO. <https://echo.unm.edu/>
* A New Way to Talk About the Social Determinants of Health. Robert Wood Johnson Foundation. Retrieved from <https://minorityhealth.hhs.gov/npa/tem-plates/content.aspx?lvl=1&lvlid=33&ID=286>

**Health Equity Tools and Resources**

* Alliance for Healthier Communities. <https://www.allianceon.org/Health-Equity-Resources>
* NACDD Health Equity Council webpage. <https://www.chronicdisease.org/general/custom.asp?page=HealthEquity>
* NACDD Health Equity Tools and Resources. <https://www.chronicdisease.org/page/HealthEquityResource>
* Strategic Practices and Actions to Advance Health Equity in Local Health Departments. <https://healthequityguide.org/wp-content/uploads/2017/12/HealthEquityGuide_StrategicPractices_2017.11.pdf>
* Kirwin Institute for the Study of Race and Ethnicity. (n.d.). Understanding Implicit Bias. Retrieved from <http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/>
* Harvard Implicit Bias Testing. Project Implicit Bias Testing.- <https://implicit.harvard.edu/implicit/takeatest.html>
* The PHAB Standards and Measures 11.1.4 – Version 2. There is health equity language throughout the standards and measures.
* Colorado Office of Health Equity. <https://www.colorado.gov/pacific/cdphe/ohe>
* Race Forward. <https://www.raceforward.org/>

**Hunger and Social Justice**

* A Place At the Table. <http://www.takepart.com/place-at-the-table/index.html>
* Kwate, N. Fried chicken and fresh apples: Racial segregation as a fundamental cause of fast food density in black neighborhoods. [*Health Place.*](https://www.ncbi.nlm.nih.gov/pubmed/17576089)*2008 Mar*;14(1):32-44. Epub 2007 Apr 24

**Program Resources**

* Racial and Ethnic Approaches to Community Health. <https://www.cdc.gov/chronicdisease/resources/publications/aag/reach.htm>
* Community Commons. <https://www.communitycommons.org/home>
* Men’s Health. Reaching Out to Minority Males. <https://www.manningsforhealth.org/mens-health/>
* Boston’s racism work- <https://healthequityguide.org/case-studies/boston-builds-capacity-to-address-racism-and-achieve-health-equity/>
* The Witness Project is a culturally informed, community-based breast and cervical cancer education program. <http://www.theamberproject.org/study-participants>
* Milwaukee Public Health Crisis. <https://www.wbur.org/onpoint/2019/05/30/milwaukee-racism-public-health-crisis>

Tobacco Resources

* Tobacco Control Archives- <https://www.library.ucsf.edu/archives/tobacco/>
* National African American Tobacco Prevention Network- <https://www.naatpn.org/>
* Tobacco. <http://www.blacklivesblacklungs.com/>

Diabetes Resources

* + Culturally Targeted Strategies for Diabetes Prevention in Minority Population <https://www.ncbi.nlm.nih.gov/pubmed/28118127>

**Policy Resources**

* Wisconsin Public Health Resolution on Racism - <https://cdn.ymaws.com/www.wpha.org/resource/resmgr/2018_folder/WPHA_Racial_Equity_Resolutio.pdf>
* The National CLAS Standards (The National Culturally and Linguistically Appropriate Services Standards), there is a section which talks about the importance of having diversity throughout the organizational structure. <https://thinkculturalhealth.hhs.gov/clas/standards>
* The National Stakeholder Strategy for Achieving Health Equity; specifically speaking to raising awareness, leadership and cultural competency. <https://minorityhealth.hhs.gov/npa/files/Plans/NSS/NSS_07_Section3.pdf>
* Policy Link. <https://www.policylink.org/our-work>
* Wisconsin’s resolution which declares racism to be a public health crisis.-<https://cdn.ymaws.com/www.wpha.org/resource/resmgr/2018_folder/WPHA_Racial_Equity_Resolutio.pdf>

**Other Resources**

* From Community Engagement to Ownership-Tools for the Field with Case Studies of Four Municipal Community-Driven Environmental & Racial Equity Committees. <https://www.usdn.org/uploads/cms/documents/community_engagement_to_ownership_-_tools_and_case_studies_final.pdf>
* Taking Freedom: <https://psmag.com/social-justice/taking-freedom-school-segregation>
* The Color of Law: A Forgotten History of How our Government Segregated America, Richard Rothstein <https://www.amazon.com/Color-Law-Forgotten-Government-Segregated/dp/1631492853>
* It’s Not Your Coworkers’ Job to Teach You About Social Issues. <https://hbr.org/2019/07/its-not-your-coworkers-job-to-teach-you-about-social-issues?utm_campaign=hbr&utm_source=facebook&utm_medium=social>
* The Delmar Divide - <https://vimeo.com/50172283>
* Over 50 years after the "Gautreaux" case began, the city's neighborhoods remain divided along racial lines.  <https://psmag.com/social-justice/a-major-chicago-public-housing-lawsuit-is-wrapping-up-the-segregation-it-fought-against-lives-on>
* White Fragility: Why It’s So Hard For White People to Talk About Racism, by Robin Diangelo. <https://robindiangelo.com/publications/>
* McIntosh, P. (2000). White privilege and male privilege: A Personal account of coming to see correspondences through work in women’s studies. In A. Minas (ed.) Gender basics: Feminist perspectives on women and men (pp. 30-38). Belmont, CA: Wadsworth.
* National Academies of Sciences, Engineering, and Medicine. 2016. Framing the dialogue on race and ethnicity to advance health equity: Proceedings of a workshop. Washington, DC: The National Academies Press. doi: 10.17226/23576.
* The Perception Institute: Perception Institute is a consortium of researchers, advocates, and strategists who translate cutting edge mind science research on race, gender, ethnic, and other identities into solutions that reduce bias and discrimination, and promote belonging. We work in sectors where bias has the most profound impact—education, healthcare, media, workplace, law enforcement, and civil justice.

**Additional Local resources to consider for outreach**

* Office of Diversity at local universities
* Black fraternities and sororities
* Diabetes coalitions
* Community Health Workers
* Patient Navigators
* Search influential black business leaders
* Faith-based organizations