

Reaching People with Disabilities through Healthy Communities

June 2019

| Wanda Reed | |
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| <p>This project has impacted my life because:</p> | <p>I am a community resident who visits the mobile produce pantry twice every month. Through this project I have met some very good friends who are people with disabilities and I have also received delicious fresh produce.</p> |
| <p>The most influential policy, system, or environmental change of this project to me was:</p> | <p>The mobile produce pantry is run by people with developmental disabilities and it provides me with the opportunity to access fresh fruits and vegetables. The produce is free and the <i>Good Food Here</i> Specialists load it directly into my car. This is a win-win for residents and those who now staff the mobile market.</p> |
| <p>As a result of this, I/we: <i>(List how you have been impacted, influenced, affected – e.g. tell us something you can do now that you couldn't before, or what the change has helped to improve)</i></p> | <p>Because of the mobile produce pantry, I eat more nutritious fruits and vegetables that are very important for my diabetic dietary needs.</p> |
| <p>What was the emotional connection, self-efficacy, or "ah-ha" moment for this project?</p> | <p>In addition to accessing produce, I have made some amazing friends who I look forward to seeing every couple of weeks. I truly enjoy their company every time I'm there and feel like my life has been positively impacted by getting to know them. I like that this mobile pantry has created inclusion for all of us.</p> |

Please note that testimonials may be edited for clarity by the NACDD Communications Department.