

State Burden

NPAO:

- In 2007, 65% of adults in North Carolina were overweight or obese and 17% of high schools students were overweight, based on self-reported height and weight. 85% of high school students and 78% of adults in North Carolina consumed fewer than 5 fruits and vegetables per day.
- 58% of North Carolina high school students did not attend physical education classes.
- 56% of adults in North Carolina were not engaged in sufficient moderate or vigorous physical activity.
Excerpt from CDPHP State Profiles at www.cdc.gov

Diabetes:

- 2,261 adults in North Carolina died from diabetes mellitus in 2005.
- In 2007, 9% of adults in North Carolina reported being diagnosed with non-pregnancy related diabetes.
Excerpt from CDPHP State Profiles at www.cdc.gov

Heart Disease:

- Heart disease accounted for 24% of deaths in North Carolina in 2005, while stroke caused 7% of deaths.
- In 2007, 29% of adults in North Carolina reported having high blood pressure (hypertension) and 40% of those screened reported having high blood cholesterol, which puts them at greater risk for developing heart disease and stroke.
Excerpt from CDPHP State Profiles at www.cdc.gov

Poverty:

% of people living below the poverty level (2007-2011) = 16.1 (*US Dept of Commerce, US Census Bureau*)

Funding

FFY 2012 funding level:

FY12 Estimated total: \$3,573,686

FY 2014 funding level

SPHA Basic Award: \$ 625,549
Enhanced Award Requested: \$2,792,492
SPHA Enhanced Award: \$1,802,672

Staffing Impact:

Total FTEs lost 11

Program Impact:

- Positive - We have been able to reduce duplication of effort by combining the work of physical activity, nutrition, diabetes prevention and control, and heart disease and stroke prevention
- Negative - We have reduced staff from 25 to 14 while adding additional strategies (school health). This negatively impacts our ability to provide services to North Carolinians through support provided by staff at the state level and also reduces the amount of funds we are able to provide for work directly in the communities