

State Burden

NPAO:

- In 2007, 63% of adults in Maryland were overweight or obese and 15% of high schools students were overweight, based on self-reported height and weight.
- 81% of high school students and 73% of adults in Maryland consumed fewer than 5 fruits and vegetables per day.
- 63% of Maryland high school students did not attend physical education classes.
- 52% of adults in Maryland were not engaged in sufficient moderate or vigorous physical activity.

Excerpt from CDPHP State Profiles at www.cdc.gov

Diabetes:

- 1,388 adults in Maryland died from diabetes mellitus in 2005.
- In 2007, 8% of adults in Maryland reported being diagnosed with non-pregnancy related diabetes.

Excerpt from CDPHP State Profiles at www.cdc.gov

Heart Disease:

- Heart disease accounted for 26% of deaths in Maryland in 2005, while stroke caused 6% of deaths.
- In 2007, 29% of adults in Maryland reported having high blood pressure (hypertension) and 37% of those screened reported having high blood cholesterol, which puts them at greater risk for developing heart disease and stroke.

Excerpt from CDPHP State Profiles at www.cdc.gov

Poverty:

% of people living below the poverty level (2007-2011) = 9.0 (*US Dept of Commerce, US Census Bureau*)

Funding

FFY 2012 funding level:

FY12 Estimated total: \$ 626,587

FY 2014 funding level

SPHA Basic Award: \$ 525,252

Enhanced Award Requested: \$ 1,800,000

SPHA Enhanced Award: \$ 1,205,370

Staffing Impact:

Total FTEs lost 0

Program Impact:

- Positive - Diabetes Prevention and Control Program: This represents an increase in funding for the program which will allow for the expansion of existing initiatives and implementation of innovative evidence based strategies to increase program reach and health impact
- Positive - Heart Disease and Stroke Prevention program: this represents an increase in funding for the program which will allow for the expansion of existing initiatives and implementation of innovative evidence based strategies to increase program reach and health impact
- Positive - School Health: In past years, Maryland has not received federal funding for School Health initiatives. This funding opportunity allows for the enhancement of existing initiatives

- Positive - Nutrition, Physical Activity, and Obesity: this represents a re-instatement of program funding since 2009 and offers an opportunity to enhance current program initiatives that address the risk factors of chronic disease such as obesity, nutrition, and physical activity