



**NATIONAL ASSOCIATION OF  
CHRONIC DISEASE DIRECTORS**  
Promoting Health. Preventing Disease.

**Springfield School District**  
**Springfield, Vermont**  
[www.ssdvt.org](http://www.ssdvt.org)

## SPRINGFIELD SCHOOL DISTRICT IN BRIEF

School buildings: 4  
Grades: PreK-12  
Students: Approximately 1,500  
Free and reduced price meal eligibility (K-12): 48%

## WSCC VIDEO SPEAKERS

**David Cohn**, MEd, Assistant Superintendent of Curriculum, Instruction and Assessment  
Mr. Cohn is also the Equity Coordinator and Homeless Liaison for the district.

**Jenny Anderson**, MEd, BSN, RN, School Nurse, Springfield High School  
Ms. Anderson is the Team Coordinator for the WSCC Committee.

**Jenna Knight**, 12<sup>th</sup> grade student, Springfield High School  
Ms. Knight is a student representative of the WSCC Committee.

**Tami Stagner**, Afterschool Director Credential, Parent  
Mrs. Stagner has four children, one attending each of Springfield's schools.

**Will Fritch**, BSN, RN, Public Health Nurse, Vermont Department of Health  
Mr. Fritch serves as a school liaison for three Supervisory Unions and one school district (Springfield) in the local health office service area.

## SPRINGFIELD SCHOOL DISTRICT – BACKGROUND AND EXAMPLES OF WSCC IN ACTION

- 1) Springfield School District (Springfield) is located within the small town of Springfield in southeastern Vermont.
- 2) Springfield has four school buildings and approximately 1,500 students in grades PreK-12.
- 3) An estimated 48% of K-12 students are eligible for free and reduced priced meals.

4) Implementation of the WSCC model is guided by a committee that includes administration, school staff, parents, students, and community members. Each school has a representative on the committee.

5) The district works closely with the local health department to strengthen implementation of the WSCC model.

6) Springfield received a small grant from the Vermont Department of Health in 2015 to begin implementation of the WSCC model. The district used some funds to add water bottle-filling stations and purchase physical activity equipment, such as snowshoes.

7) Springfield improved its coordination of policy, process, and practice to address all 10 components of the WSCC model. The WSCC model has provided a sustainable framework to leverage partnerships and bridge multiple supports to reduce barriers to learning and improve health.

8) Students district wide participate in regular physical education, and elementary students have daily recess. In winter months, regular physical activity is maintained through increased use of indoor space for physical education and athletic programs.

9) Each school has a breakfast before the bell program.

10) Many classroom teachers incorporate health education into instruction and offer brain breaks.

11) Springfield promotes school employee wellness primarily through the Vermont Education Health Initiative, which offers health events and afterschool physical activities.

12) Each school employs one full-time school nurse. The school nurse at Springfield High School provides oversight of strategies to implement the WSCC model and facilitates coordination across the district.

13) Springfield has leveraged the WSCC model to enhance supports to build school connectedness, reduce bullying, and promote a healthy social and emotional climate.