WSCC Benefits and Impact on Student Learning and Health – Closed Captioning

WEBVTT

00:00:00.506 --> 00:00:14.546
[ Music ]

00:00:15.046 --> 00:00:17.976
>> As a parent of three children, when I send my kids

00:00:17.976 --> 00:00:20.516
out the door in the morning, I want to know

00:00:20.516 --> 00:00:23.326
that not only are they going to be kept safe, but I want to know

00:00:23.326 --> 00:00:24.966
that they're going to be cared for.

00:00:25.216 --> 00:00:28.086
>> I always like to think of it as rather than us trying

00:00:28.086 --> 00:00:31.856
to have the kid fit into the system, we're challenged

00:00:31.856 --> 00:00:34.416
with an opportunity to how can we get the system

00:00:35.016 --> 00:00:35.666
to fit the kid.

00:00:36.056 --> 00:00:38.856
>> The benefit of rolling out something like WSCC is

00:00:38.906 --> 00:00:42.976
that we're coming at an issue from the perspectives
of medical providers, schools, public health folks.

And so, so much more that we can really look

at almost every aspect of an issue and work toward our goals

in a more comprehensive way.

[ Music ]

>> From their health, their wellness,

their emotional health, helping them deal with trauma,

meeting their needs, making sure they're fed, you know.

And helping them to reach their fullest potential

in all aspects of life.

That's what our real purpose should be about.

How can we serve kids to their greatest benefit?
It's about the whole child, not just the academic piece, which we can always try to connect them to.

We, we describe it as a win philosophy.

So, a what I need philosophy that each child is kind of unique.

And so, because we have so many programs, there's really something for everybody.

>> We're really pushing to try and do services for these children and for the community, as well.

We've been pushing for dental.

We have a new grant with Sun Life, so we're going to be getting some healthcare services on our campus.
We provide counseling services, sometimes, for both the children and the parents.

All of our kids eat free breakfast, free lunch. And if they're here in the evening, they get a snack.

>> Even if it's for a, a yoga break,

that has been incorporated in one of my daughter's classes or a morning extra morning recess in my son's primary elementary schools.

You know, it's just proven that they need to get up and move.

>> We have so much up here, but let's pull it down and come back to what we need to do.

After we have our mindful moments, they're ready to go.
They understand that it's time to learn.

And just, really, sets up the day.

[ Music ]

>> It's not a secret that students that are healthy learn better.

So, providing nutritious meals at the cafeteria, making sure that they have regular access to physical activity, because we know that a lot of our students don't.

Making sure that they do have access to counseling service as necessary.

Those are things that have, definitely, had an impact,
not only on our academics, but they've had an impact on discipline levels here at the school site. 

It was a hard decision to go away from our meetings being all about academics to moving towards social and emotional side of our students.

As we moved in that direction, teachers started to see their students writing more, answering questions and moving towards full sentences.

So, by putting that, that piece forward,

far as the whole child method, it allowed us to become even stronger in the academic piece.

And any day, after
school, we have quite a few

00:03:18.796 --> 00:03:20.426 after school programs going on.

00:03:20.796 --> 00:03:22.936 All of these are relevant to what they want to do.

00:03:22.936 --> 00:03:25.076 I feel it keeps them coming back to school,

00:03:25.296 --> 00:03:28.156 keeps our attendance high, keeps these kids interested

00:03:28.156 --> 00:03:30.596 in what's going on at their school.

00:03:30.666 --> 00:03:32.456 Keeps the parents engaged, as well.

00:03:32.756 --> 00:03:35.286 >> A lot of the faculty are living healthy

00:03:35.376 --> 00:03:37.706 and they are really great examples.

00:03:37.866 --> 00:03:39.986 And they promote it in their classrooms,

00:03:39.986 --> 00:03:42.556 keeping them hydrated, being outside,

00:03:42.556 --> 00:03:43.956 having the brain breaks.

00:03:44.016 --> 00:03:46.336 Those kinds of things
have really helped kids

00:03:46.336 -- 00:03:48.256
to stay more focused
in their academics.

00:03:49.116 -- 00:03:51.116
[ Music ]

00:03:51.216 -- 00:03:53.786
>> When you start young and you, kind of like, keep this growing

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up until their senior year of high school, they have this idea

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in the back of their head that students need to stay healthy.

00:03:59.696 -- 00:04:00.516
They need to stay active.

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They need to go outside.

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And especially, like, once you're a senior

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and you graduate, you're an adult.

00:04:05.026 -- 00:04:07.006
Like, your health and wellness is in your hands.

00:04:07.256 -- 00:04:10.236
So, having this idea is super important for young adults

00:04:10.236 -- 00:04:12.646
who are taking that next step in their life.
And now, we're starting to change generations and how they see food, how they see learning, how they see active living in their lives. That's the real measurement of how we're doing, I think.