

CCS WELLNESS INITIATIVE

NOVEMBER 2017



- 8 ● FITNESS CLASS
- 9 ● FLU SHOT CLINIC
- 1 ● PD DAY PRESENTATION
- 3 ● WEIGHT WATCHERS AT WORK

- HOSTED PROGRAMMING
- NO CURRENT PROGRAMMING HELD



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NOVEMBER 2017



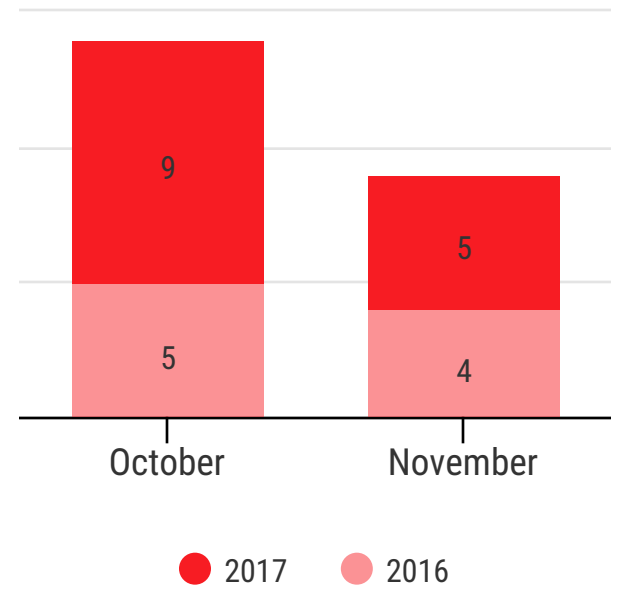
FITNESS CLASSES

	October	November	YTD
Total Classes/Week	9	9	9
Total Unique Locations	8	8	8
Total Classes Removed from Schedule	0	0	0
Total Planned Class Cancellations	2	10	12
Total Classes Scheduled	39	30	69
Total Unplanned Class Cancellations	1	1	2
Total Classes Offered	38	29	67
Cumulative Participation	316	148	464
Unique Participants	124	70	135
New Participants	63	5	68
Returning Participants	61	65	67
Average Participants/Class	9	5	7

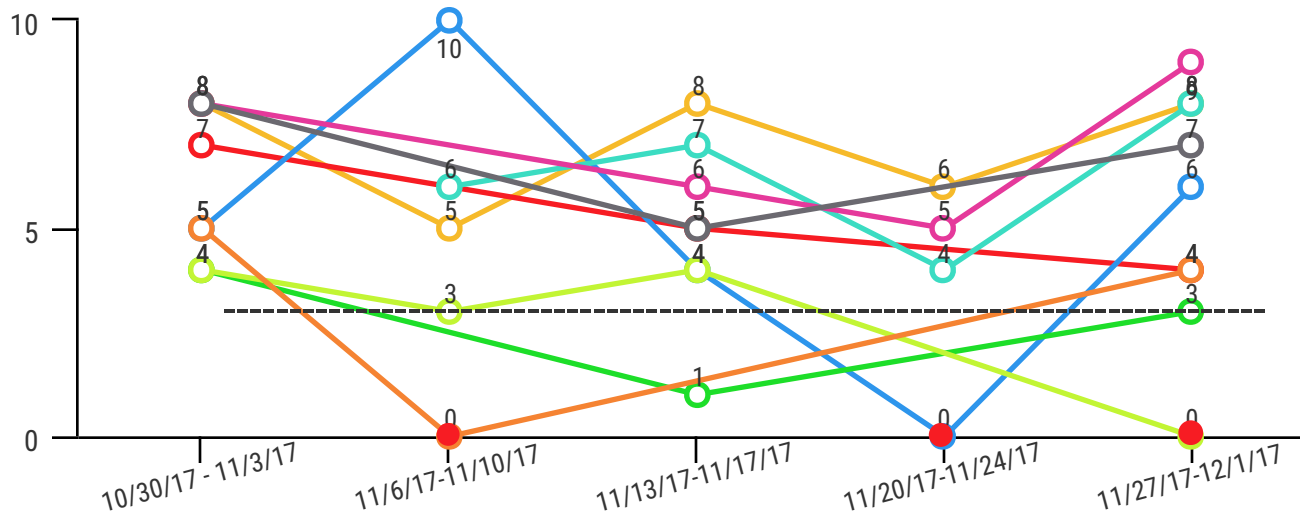
UNPLANNED CLASS CANCELLATIONS:

11/21 WERQ @ Linmoor due to low expected participation

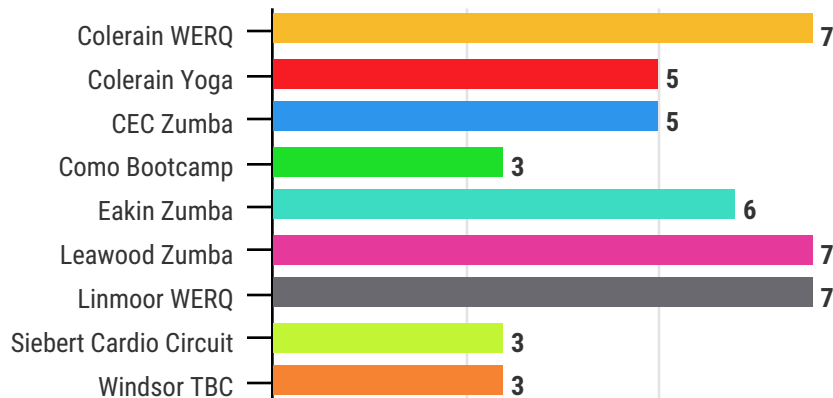
Average Participants/Class



WEEKLY PARTICIPATION PER CLASS



- Baseline, 3 participants/class
- Colerain WERQ
- Colerain Yoga
- CEC Zumba
- Como Bootcamp
- Eakin Zumba
- Leawood Zumba
- Linmoor WERQ
- Siebert Cardio Circuit
- Windsor TBC
- Zero participation at class:
 11/9 Windsor TBC
 11/20 CEC Zumba
 11/29 Siebert Cardio Circuit



5 AVERAGE PARTICIPANTS PER CLASS

Legend

- Total Classes Removed from Schedule:** Class location/date/time /type removed from the fitness calendar.
- Total Scheduled:** Cumulative scheduled events in a given month published on the programming calendar.
- Total Planned Class Cancellations:** Classes cancelled as indicated on the fitness schedule or more than 48 hours in advance. Includes: PD, Records Day, Parent Teacher Conferences.
- Total Unplanned Class Cancellations:** Classes cancelled within 48 hours prior to the scheduled date/time.
- Total Offered:** Cumulative events scheduled and completed.
- Cumulative Participation:** Cumulative number of participants. An individual can be counted more than once.
- Unique Participation:** Number of *different* individuals that participated.
- New Participants:** First time participants in the specific program during this programming year.
- Returning Participants:** Participants who have attended the specific program more than once during this programming year.



**HEALTHY BODIES
ACTIVE MINDS**
Columbus City Schools



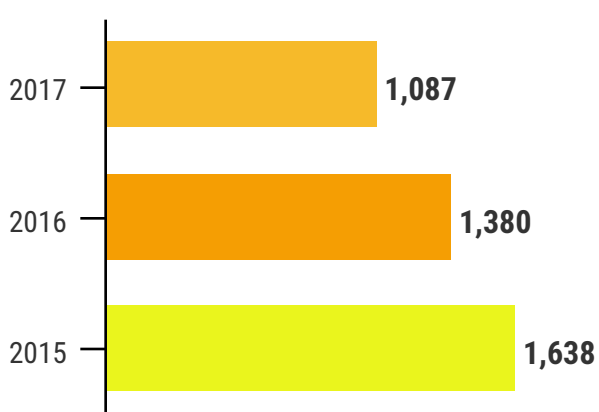
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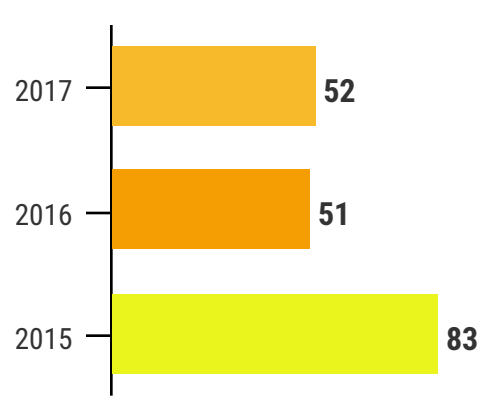


	September	October	November	All
Total Clinics Scheduled	13	29	10	52
Total Unique Locations	13	27	9	47
Total Participants	401	503	183	1087
Average Participants/Clinic	31	17	18	21

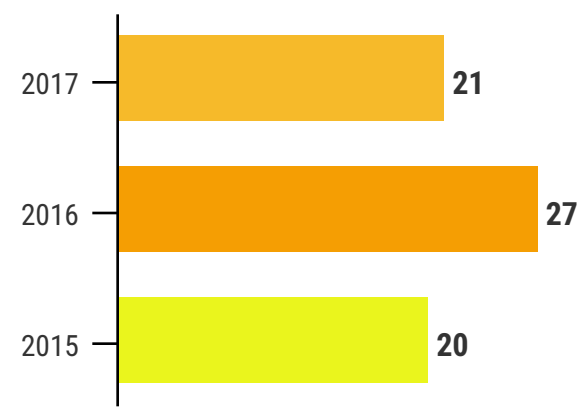
TOTAL PARTICIPANTS



TOTAL CLINICS SCHEDULED



AVERAGE PARTICIPANTS/CLINIC



FLU SHOTS



	October	November
Total Presentations	1	1
Location	Parkmoor	Colerain
Vendor	Alyfe Wellbeing	Goode Solutions
Presentation Topic	What's Your Why	Motivation = Success
Total Participants	21	35

PD EVENTS



YEAR TO DATE PARTICIPATION (JAN. 1, 2017 - NOV. 30, 2017)

Year-To-Date	CEC	Central Enroll.	Hudson	Liberty	West Mound	All
12-week Sessions Completed	4	2	4	1	2	13
Cumulative Participation	72	32	77	16	32	229
Cumulative Weight Loss (lbs)	429	252	498	481	240	1900
Average Participants/Session	18	16	19	16	16	17

139
UNIQUE
PARTICIPANTS
*from Jan. 2016 to present

WEIGHT WATCHERS

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Programming Year: September - May



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