

Creating Healthy Schools and Communities – School Building Assessment Tool

1. School Building Name: _____ 2. Catalyst ID: _____ 3. Circle one: PRE POST

<i>Nutrition Standards for Competitive Foods and Other Foods and Beverages</i>		<i>Yes</i>	<i>No</i>	<i>N/A</i>
4.	Are there vending machine(s), school stores, or concession stands in the school or anywhere on the school campus that students have access to?			
5.	Do vending machines, school stores and concession stands carry only Smart Snacks approved food and beverage items? [NOTE: Smart Snacks meet USDA minimum nutrition standards.]			
6.	Do celebrations (e.g., birthday parties, holiday parties) that offer food and/or beverages occur during the school day?			
7.	Does the school allow food celebrations but with some restrictions? For example: food celebrations cannot occur before 2 p.m., soda is not allow to be brought for food celebrations, only one food celebration per month per grade.			
8.	Do all beverages sold to students during the school day meet USDA minimum nutrition standards (commonly referred to as Smart Snacks)?			
9.	Does the school participate in fundraisers during the school day that involve selling food and/or beverages?			
10.	Does the school permit food and beverage fundraisers but with some restrictions? For example, no candy fundraisers are permitted but cookie fundraisers are allowed.			
<i>Physical Education and Physical Activity</i>		<i>Yes</i>	<i>No</i>	<i>N/A</i>
11.	Is there a formal written physical education curriculum for every grade?			
12.	Is there a comprehensive school physical activity plan (CSPAP) at the school?			
13.	Is active transport promoted for all students?			
14.	Is before and after school physical activity promoted for all students?			
15.	Is there daily recess for every grade in elementary school?			
16.	Are regular physical activity breaks provided for all students?			
17.	Are there specific requirements for staff involvement in physical activity opportunities at the school?			
18.	Are there specific provisions for family and community engagement in physical activity opportunities at the school?			
19.	Is physical activity training provided for all teachers?			
<i>School Wellness Promotion and Marketing</i>		<i>Yes</i>	<i>No</i>	<i>N/A</i>
20.	Are specific strategies to encourage physical activity outside of PE promoted?			
21.	Are family wellness activities planned and included in nutrition and physical activity events?			
22.	Are foods and beverages that do not meet USDA Smart Snacks nutrition standards marketed on signs, scoreboards, and sports equipment on the school campus?			
23.	Are foods and beverages that cannot be sold to students during the school day (i.e., do not meet USDA Smart Snacks nutrition standards) marketed in curricula, textbooks, websites used for educational purposes, or other educational materials (both printed and electronic) prohibited?			
24.	Are foods and beverages that do not meet USDA Smart Snacks nutrition standards marketed/advertised on exteriors of vending machines, food or beverage cups or containers, food display racks, coolers, trash and recycling containers, etc.?			
25.	Do staff market foods and beverages that do not meet USDA Smart Snacks nutrition standards in school publications, on school radio stations, in-school television, computer screen savers and/or school-sponsored Internet sites or announcements?			
26.	Are foods and beverages that do not meet USDA Smart Snacks standards promoted in fundraisers and corporate-sponsored programs that encourage students and their families to sell, purchase, or consume products and/or provide funds to schools in exchange for consumer purchases of those products?			