

I smoked
every day.
Now I have
to take
medication
every day.

Beth has COPD, an incurable lung disease. Medication and doctors will always be part of her life.



Talk to your health care provider
about quitting smoking today.



For free medication and coaching, visit nysmokefree.com
or call 311 or 866-NYQUITS #NYCQUITS

NYC
Health