

Year 1 Outcomes Tracker to Date

(Prepared and submitted by Kama Harris, MSPH – NACDD Walkability Project Lead)

2015 (Year 1) Walkability Action Institute (WAI) Specifics:

- **Official Course Title:** Increasing Walking and Walkability – Action Institute for Interdisciplinary State/Intra-State Teams (referred to as Walkability Action Institute (WAI))
- **Course Implemented:** Nashville, Tennessee May 3 – 6, 2015
- **Target Audience:** Interdisciplinary State/Intra-State Regions
- **Course Attendees:** **12** Total Teams
 - Included 10 state-level and two intra-state regional level cross-disciplinary teams
 - A total of 10 of the 12 teams (**83%**) received competitive travel assistance to attend the course; one team (Tennessee) attended without needed travel assistance; and one team (Virginia) paid their own way after not being selected.
- **Total Course Participants:** **82**

Year 1 State/Intra-State Teams:

- 1) **Arkansas** (state; received travel assistance)
- 2) **Colorado** (state; received travel assistance)
- 3) **Indiana** (state; received travel assistance)
- 4) **Michigan** (state; received travel assistance)
- 5) **Montana** (state; received travel assistance)
- 6) **New Hampshire** (state; received travel assistance)
- 7) **Ohio** (state; received travel assistance)



- 8) **Oregon** (state; received travel assistance)
- 9) **Southwest Minnesota** (intra-state regional; received travel assistance)
- 10) **Tennessee** (state; attended without needed travel assistance)
- 11) **Virginia** (state; paid own way after not being selected)
- 12) **Wisconsin Fox Valley** (intra-state regional; received travel assistance)

Year 1 Individual Outcomes to Date:

- **Arkansas**
 - Original interdisciplinary state team still meets annually.
 - New Policy Changes:
 - Complete Streets policies have been passed in Little Rock and Bryant (**n=2**)
 - Master bicycle/pedestrian plans have been adopted in Bryant and El Dorado (**n=2**)
 - Additional Outcomes in Progress:
 - Phase 1/partial completion of master bicycle/pedestrian plan is underway in Batesville (**n=1**)
 - Total estimated reach provided = **None Provided**
 - Total of **four policy changes** and **one additional outcome in progress** to date (**five total outcomes**)

- **Colorado**
 - Three members of the original interdisciplinary state team still meets quarterly.
 - New Policy Changes:
 - The Colorado DOT passed a policy directive on Complete Streets, now making it much more difficult for engineers to “opt out” of including bicycle and pedestrian facilities in projects (**n=1**)
 - New Systems Changes:
 - Currently partnering with the department of health’s (DOH) Violence and Injury Prevention teams to promote community design that not only promotes walkability, but also safe environments for youth and protective factors against future substance abuse (**n=1**)

- Currently partnering with DOH's Tobacco team to promote smoke-free outdoor spaces, parks and trails (n=1)
 - Non-PSE Outcomes:
 - Completed a study on the economic impacts of walking and biking in the state of Colorado (n=1)
 - Coordinated a five-workshop series in various parts of the state focused on designing main streets that are state highways to be more walkable and bikeable, reaching approximately **20** total communities and **200** attendees (n=1)
 - New Resources Developed:
 - Completed a state "Guidebook" on designing streets that could help inform future PSE changes throughout the state (n=1)
 - Total estimated reach provided = **5,200,200**
 - Total of **one policy change, two systems changes, two non-PSE outcomes, and one resource developed** to date (**six total outcomes**)
 - Reported total funds leveraged since WAI = **\$85,000** (*funding sources were not identified*)
- **Indiana**
 - The original team does not meet formally anymore, but does routinely interact with joint projects;
 - New Policy Changes:
 - Established a Memorandum of Agreement (MOA) among state-level agencies to agree to work together towards state walkability improvements (n=1)
 - Amended existing MOA to now include a collaboration/exchange of funding to co-sponsor the Indiana Bike Walk Summit in Summer 2016 (n=1)
 - Non-PSE Outcomes:
 - Complete Streets trainings have been completed in four state regions, reaching approximately **150** planners, engineers, and regional department of transportation (DOT) staff (n=1)
 - Formed a new advisory council for active transportation (n=1)

- Increased cross-disciplinary integration with the recent addition of a bike advocacy group and tourism to the state team (**n=1**)
- Indiana DOT implemented two Road Diet trainings in two locations to a total of **80** participants (**n=2**)
- Indiana department of health (DOH) and DOT co-sponsored the Indiana Bike Walk Summit in August 2016 for **165** attendees representing the locations throughout the state of Indiana. The DOH and DOT commissioners were both speakers for the opening plenary session. (**n=1**)
- WAI team leveraged **\$120,000** to develop a statewide active transportation plan, which is slated to begin in late 2017 (**n=1**).
- Conducted **11** Complete Streets Implementation workshops over the Summer of 2017, reaching an estimated **330** attendees (**n=11**)
- A total of **18** Active Living workshops were conducted for communities across the state, with an approximate total reach of **700** attendees (**n=18**)
- WAI team members have facilitated **11** walk audits for about **200** participants in Indiana communities (separate of those attending the workshops) (**n=11**)
- WAI team members continue to participate in Indiana Walks, and led a total of **10** community walks in the Indianapolis region (**n=10**)
- Additional Outcomes in Progress:
 - The WAI team is involved in the current development of a statewide Bicycle Trail Plan, which was appointed by the Governor because of the passage of House Bill 1174. This collaborative effort involving Department of Natural Resources, DOH, DOT, and others. (**n=1**)
 - Team members are assisting with a Plan4Health state grant, where they are developing a statewide assessment for planners and health professionals, and will be producing guidance for communities to prepare health elements within their comprehensive plans (**n=1**)
 - Currently planning for the next Indiana Walk Bike Summit in Spring of 2018, targeting **150** active transportation leaders throughout the state (**n=1**)
- Total estimated reach provided = **1,625**

- Total of **two policy changes**, **57 non-PSE outcomes**, and **three additional outcomes still in progress** to date (**62 total outcomes**)
- Reported total funds leveraged since WAI = **\$197,000** from the following sources:
 - \$120,000 from Indiana DOT
 - \$17,000 state funds (state source not specified)
 - \$60,000 from American Planning Association
- **Michigan**
 - The original team does not meet formally anymore, but does routinely interact with joint projects;
 - New Policy Changes:
 - The DOH revised the Team Lead’s job description to include specific duties related to advancing the work of the walkability team and action plan (**n=1**)
 - New Environmental Changes:
 - MDHHS funded Michigan Parks (formerly Michigan Recreation and Parks Association) to deliver recreational programming and greenspace improvements in parks to improve access and encourage the use of physical activity in parks. As a result, grantees in Northwest Michigan and Washtenaw County implemented **59** environmental changes in **12** parks to improve neighborhood access and use for physical activity, with a potential to reach **94,674** people. Changes include tobacco free signage, brush removal, amenities, lighting, signage and fencing (**n=59**)
 - Non-PSE Outcomes:
 - The Community Policy Action Team for physical activity of the Healthy Kids, Healthy Michigan initiative selected land use as one of the 2016 policy priorities. The Team Lead will work with the Michigan Municipal League to monitor this progress with defining specific policies to advance in the state (**n=1**)
 - **Three Walk with Ease** curriculum training sessions delivered to **435** adults across each park location (**n=3**)
 - **Three Come out and Play** curriculum training sessions delivered to **580** youth within the same settings (**n=3**)
 - Total estimated reach provided = **95,689**

- Total of **one policy change**, **59 environmental changes**, and **seven non-PSE outcomes** to date (**67 total outcomes**)

- **Montana**
 - Original interdisciplinary team still meets quarterly and convenes meetings between scheduled quarterly meetings as needed.
 - New Policy Changes:
 - Since 2015, Montana BACI alumni teams have collectively passed **11** related active living plans/policies, with one being a transportation plan, two each for master plans, growth policies, and complete streets policies, and three active transportation plans. (**n=11**)
 - The Montana Department of Commerce officially added walkability and active living language in their Consolidated Annual Action Plan (http://commerce.mt.gov/Portals/95/shared/ConPlan/docs/2017_2018_vfinalWEB.pdf) (**n=1**)
 - New System Changes:
 - While Montana's BACI Action Institute began in 2013, it has since become a WAI-like event for Montana communities following WAI attendance in 2015. Since 2015, BACI has served interdisciplinary teams from **18** jurisdictions, representing **90** attendees, **50** faculty, and a total estimated reach of **201,919** people (**n=1**)
 - The Montana Nutrition and Physical Activity Program is now collaborating with the Montana Disability and Health Program to permanently integrate disability inclusion into walkability and active transportation efforts (**n=1**)
 - Non-PSE Outcomes:
 - WAI interdisciplinary partners collaborated in the Department of Commerce's Place-Making Workshop in early May 2016 – evidence of starting to include each other as true partners to showcase what all can be offered to local communities (**n=1**)
 - The Department of Commerce paid for the DOH member (**one**) to attend a significant training opportunity with Montana DOT, an action that may have never occurred without this partnership opportunity (**n=1**)

- Convened a one-day workshop for **10** jurisdictions, with a total potential reach of **43,322** people (**n=1**)
 - New Tools Developed:
 - Developed the Active Communities Toolbox, which houses interdisciplinary resources for active communities, and distributed this at the Building Active Communities Initiative Action Institute to attendees (**n=1**)
 - Total estimated reach provided = **202,049; 28 jurisdictions**
 - Total of **12 policy changes, two systems changes, three non-PSE outcomes, and one new tool developed (18 total outcomes)**
 - Reported total funds leveraged since WAI = **\$25,500** from the following funding sources:
 - \$5,000 from the Montana Department of Commerce
 - \$1,500 from Montana Fish, Wildlife, and Parks
 - \$5,000 from Western Transportation Institute
 - \$14,000 from BACI partners
- **New Hampshire**
 - The original WAI team no longer meets, however, they established a State-Wide Complete Streets Coalition as a result of attending the WAI that meets regularly.
 - New Policy Changes:
 - A total of **eight** municipalities have adopted Complete Streets policies since attending the inaugural action institute (**n=8**). These are as follows:
 - Portsmouth, with potential reach of **21,530**
 - Dover, with potential reach of **30,880**
 - Troy, with potential reach of **2,145**
 - Swanzey, with potential reach of **7,203**
 - Hinsdale, with potential reach of **4,046**
 - Concord, with potential reach of **42,620**
 - Keene, with potential reach of **23,625**
 - Colebrook, with potential reach of **2,301**
 - New Systems Changes:

- Established a State-Wide Complete Streets Coalition as a result of attending the WAI (n=1)
- Health and equity indicators are now integrated as transportation performance measures to be overseen by DOT and regional planning (n=1)
- The DOT Transportation Alternatives Program was updated to include equity criteria used to prioritize high-need communities in grant reviews (n=1)
- New Environmental Changes:
 - The Foundation for Healthy Communities in NH is now collaborating with the recreation sector partners to promote "Safe Routes to Play" linked to overall efforts to increase/improve active recreation infrastructure in **10** of New Hampshire's highest need communities (n=10)
- Non-PSE Outcomes:
 - The State-Wide Complete Streets Coalition successfully advocated for and established the Legislative Complete Streets Study Committee (n=1)
 - As part of the Plan4Health grant through the American Planning Association with the City of Nashua, the following has been achieved (potential reach of **87,259**):
 - Conducted Land Use and Regulatory Audit of bike-pedestrian elements in city-wide Master Plan and four neighborhood plans (n=5)
 - Developed Complete Streets guidelines as recommendations for use by City of Nashua municipal departments (n=1)
 - Completed origin and destination analysis to determine where Complete Streets improvements would have a positive impact on the most people in need (n=1)
 - Identified bike-pedestrian gaps in infrastructure to inform planning and construction of future transportation projects in City of Nashua (n=1)
 - Conducted Level of Traffic Stress Analysis to determine ease of bicyclists and pedestrians to get around the city (n=1)
- New Tools Developed:

- As part of the Plan4Health grant through the American Planning Association with the City of Nashua, developed new method for analyzing Level of Walkability on City of Nashua's streets (presented on this at the 2017 Active Living Research Conference) (**n=1**)
 - New Resourced Developed:
 - The Foundation for Healthy Communities published a "Recreation Access in NH Communities" report based on the assessment findings of existing active recreation infrastructure in **10** high-need communities in 2016 (**n=1**)
 - Additional Outcomes in Progress:
 - The newly established Complete Streets Study Committee introduced a state-wide Complete Streets bill, which is currently being considered in the 2017 legislative session (**n=1**)
 - Began process to update DOT's Statewide Bike-Ped Plan to be completed in 2017 (**n=1**)
 - A community engagement and advocacy campaign for the Safe Routes to Play effort in the 10 identified high-need communities is being planned for 2017 (**n=1**)
 - Total estimated reach provided = **221,609; eight municipalities; 10 high-need communities.**
 - Total of **eight policy changes, three systems changes, 10 environmental changes, 10 non-PSE changes, one new tool developed, one new resource developed,** and **three additional outcomes still in progress** to date (**36 total outcomes**)
 - Reported total funds leveraged since WAI = **\$8,745,000** from the following funding sources:
 - \$125,000 from the American Planning Associations' Plan4Health grant
 - \$8,600,000 from the DOT's Transportation Alternatives Program
 - \$20,000 from the New Hampshire Charitable Foundation Anonymous Fund
- **Ohio**
 - Original interdisciplinary state team still meets quarterly.
 - New Policy Changes:

- A new Bicycle/Pedestrian emphasis will now be included on the Ohio DOT's Strategic Highway Safety Plan with potential to affect **2,600,000** Ohioans (**n=1**)
 - New System Changes:
 - Integrated active transportation data to be collected from approximately **7,400** Ohio residents for the Ohio DOT's Biannual Customer Preference Survey (**n=1**)
 - Established a new support system to provide support to local communities with regards to active transportation implementation, so that now items and services like safety audits, best practice resources on infrastructure, community borrowing (sharrow stencils, designs, books, etc.), and training on accessing and collecting related data can now be provided to Ohio communities, estimating a reach of **250,000** (**n=1**)
 - New State level funding opportunity of \$1,700,000 from the Ohio Safety Program was made available to locals for active transportation implementation (**n=1**)
 - Non-PSE Outcomes:
 - Developed a statewide Active Transportation Campaign titled "You Move." The pilot phase of implementation will begin in a few weeks (as of September 2016) and will officially launch to the public in Spring 2017 to an estimated reach of **200,000** (**n=1**)
 - Implemented the state's first Active Transportation action institute as a state-level effort to support local walkability and active transportation improvements for **nine** communities and **70** total participants (potential total reach of **1,000,006**) (**n=1**)
 - Additional Outcomes in Progress:
 - The Ohio team is in the process of integrating active transportation content in the Ohio DOT's Transportation and Planning Conference (**n=1**)
- Total estimated reach provided = **4,057,406**
- Total of **one policy change, three systems changes, two non-PSE outcomes,** and **one additional outcome in progress** (**seven total outcomes**)
- Reported total funds leveraged since WAI = **\$1,700,000** from the Ohio Safety Program

- **Oregon**

- Original interdisciplinary state team collaborates regularly on walkability actions, but does not hold official meetings;

- New Policy Changes:

- The Statewide Oregon bicycle/pedestrian plan was officially adopted. Within this

“Walkability is definitely **now the focus of all physical activity** efforts.”

*(Heather Gramp,
Team Lead Oregon)*

new plan is an added health chapter. Potential impact is the entire state population of **3,970,000** people (**n=1**)

- New System Changes:

- The Transportation and Growth Management state grants program is now awarding bonus points for innovation, and have now indicated that the engagement of public health and using public health data is considered “innovation.” (**n=1**)
- Contracted for Safe Routes to School (SRTS) policy, system, and environmental (PSE) change work in 2016/2017 budget in state's 1305 project with DOT and DOH (**n=1**)
- A shared work plan between the Oregon Health Authority and DOT was formally adopted in June 2016 (**n=1**)

- Non-PSE Outcomes:

- In fiscal year 2014/2015, convened public health, planning, elected officials, and other decision-makers for trainings on active transportation, land use, and design for **nine** communities, with an estimated reach of **600** participants (**n=1**)
- In fiscal year 2015/2016, convened public health, planning, elected officials, and other decision-makers for trainings on active transportation, land use, and design for another **five** communities, with an estimated reach of **400** participants (**n=1**)
- Trained **25** local public health coordinators in **20** jurisdictions on land use and transportation “201” (**n=1**)
- Joined the Safe Routes to School Advisory Network and the Public Health Team Lead now sits on the SRTS Leadership Team (**n=1**)

- Total of **one new policy change, one new systems change, and one new resource developed (three total outcomes)**

- **Tennessee**

- The original team does not meet formally anymore, but does routinely interact with joint projects.

- New System Changes:

- Developed a new coalition between health, transportation, and economic and community development to work on active transportation and built design. (n=1)

- The Tennessee DOH and DOT now convene monthly calls/webinars that attract approximately **60** participants each month as a result of the state's interdisciplinary approach to improving walkability and active transportation (n=1)

- The DOH, through a new *Rural Access to Health* grant, awarded **89** rural designated county health departments in Tennessee **\$10,000** each to do local projects supporting health and the built environment in 2017 (estimated reach to date is **30,000**) (n=1)

- The DOH developed a Regional Development Coordinator approach where **seven** new Regional Development Coordinator positions were established in 2017 throughout the state of Tennessee to work with regions on development and efforts around walkability, active transportation, physical activity, and the built environment (n=1)

- Non-PSE Outcomes:

- Hosted a total of three meetings for an estimated **200** health professionals specifically around the themes of health and transportation (n=3)

- The Tennessee Commission on Aging and Disability implemented a Livability Summit in nine rural counties in northwestern Tennessee, with an estimated reach of **100** city leaders, county officials, concerned citizens, students, and elected officials (n=1)

“Our department went from sending a hodgepodge team to the WAI to **having a small team of people newly hired to promote and maintain primary prevention efforts.** This likely would not have happened without external emphasis on topics like built environment and active transportation.”

(David Borowski, Team Lead,
Tennessee)

- The Tennessee Department of Health now enjoys a strengthened relationship with the Tennessee State Parks through the Healthy Park Healthy Person Program (**n=1**)
 - New Tools Developed:
 - Developed a healthy development ROI Toolkit (**n=1**)
 - New Resources Developed:
 - Created a new Tennessee Healthy Places website, inclusive of more than 40 related web pages on the site to house a “one-stop shop” of all walkability related content in one place for interested local governments and communities: <http://tn.gov/healthyplaces> (**n=1**)
 - In collaboration with the Nashville Civic Design Center, developed a new document around "Active Design Guidelines" comprised of best-practice ideas to be shared with our **120** health department facilities/buildings (**n=1**)
 - Developed a health-promoting infrastructure case study resource set, which includes **60** case studies, mostly around trails and greenway formation (**n=1**; resource set of 60 studies)
 - Developed Healthy Transect Design information sheets (**n=1**)
 - Total estimated reach provided = **30,367; 120 health department facilities/buildings; 89 rural counties**
 - Total of **five systems changes, five non-PSE outcomes, one new tool developed, and four new resources developed** to date (**15 total outcomes**)
 - Reported total funds leveraged since WAI = **\$890,000** from the Tennessee DOH’s Rural Access Grant
- **Virginia**
 - Original interdisciplinary state team has morphed into a larger interdisciplinary group headed up by the Virginia DOT that meets quarterly.
 - New Policy Changes:
 - The City of Hopewell adopted a new resolution demonstrating commitment to physical activity, active transportation, and land use planning (potential reach is **22,163**) (**n=1**)

- A new bikeways ordinance is now in place in Chesterfield County, with a total potential reach of **335,687 (n=1)**
- Non-PSE Outcomes:
 - A walking event was convened for state agencies following participation in the 2015 action institute, titled Walk the Skyline Challenge, where approximately **2,000** state employees participated (**n=1**)
 - Partnered with Smart Growth America to implement a total of **eight** Complete Streets workshops to date throughout the state with a potential to reach **104,159** people (**n=8**)
 - Since the most recent Complete Streets workshops, **two** locations have hosted local Complete Streets workshops for their respective community partners (**n=2**)
 - The West Piedmont Health District (consists of a three-county region) continues to regularly convene a multisector regional coalition of Complete Streets stakeholders, with plans to leverage 1422 funds to develop local neighborhood-level active design plans in high-need regions (estimated region reach is **126,703** people) (**n=1**)
 - The West Piedmont Health District has additionally conducted multiple walkability assessments and PANES surveys throughout the region (*did not specify the number of assessments/PANES surveys*) (**n=1**)
 - The Virginia DOT's Bicycle and Pedestrian Advisory Council (BPAC) convened and provided technical assistance on implementing Virginia's Complete Streets policy in routine improvement projects (*did not specify who the technical assistance was provided to or how many people*) (**n=1**)
 - Richmond City's transportation and planning departments developed a Complete Streets Right of Way Manual for the City of Richmond, in response to a previous adopted ordinance that required the creation of these guidelines (**n=1**)
 - The VDH Wellness Coordinator continued to work with the State's CommonHealth wellness program, Walk with Ease (WWE), which was completed by **215** state and local health employees (**n=1**)
- Additional Outcomes in Progress:

- The DOH team met with RVA Sportsbackers to discuss potential partnership opportunities around the future implementation of a state-wide Active Living Summit, an event aimed at providing “how-to’s” for increasing physical activity across multiple sectors; including schools, worksites, and communities (n=1)
 - State DOH staff are working with Chesterfield County planners to incorporate health and Complete Streets language into the county's comprehensive plan update (potential reach of **335,687**) (n=1)
 - Local planners in Chesterfield are also working with the State Trails Coordinator to incorporate neighborhood connectors into small area planning efforts to increase connectivity (n=1)
 - The DOH is partnering with Department of Conservation and Recreation to incorporate "Complete Parks" framework into the 2018 Virginia Outdoors Plan, drawing from parks, trails, and health. Expected to be publishing in 2018 (n=1)
 - Following the passage of the county-wide bikeways ordinance, the Chesterfield County government is working with Smart Growth America for future consulting in efforts to revise current policies to support and/or be reflective of Complete Streets concepts. (n=1)
 - Total estimated reach provided = **590,927**
 - Total of **two policy changes**, **16 non-PSE outcomes**, and **five additional outcomes still in progress** to date (**23 total outcomes**)
 - Reported total funds leveraged since WAI = **\$75,000** from the following funding sources:
 - CDC 1305/1422 funds (*did not specify separate funding amounts for 1305 and 1422*)
- **Wisconsin Fox Valley**
 - The original team does not meet formally anymore, but does routinely interact with joint projects.
 - Non-PSE Outcomes:
 - The DOH hired a part-time Active Communities Coordinator to provide support and assistance to local groups (n=1)

- Convened a one-day Active Communities workshop in June 2016 for **80** individuals representing **15** counties/communities to learn about the new Walk-Friendly and Bike-Friendly community designations and the Active Communities Toolkit (potential to reach **200,000**) (**n=1**)
- New Tool Developed:
 - Developed an Active Communities Toolkit that went live on the state DOH's website in January, 2016 (**n=1**)
- New Resources:
 - Developed one resource list detailing available technical assistance providers for attendees who attended the Active Communities Workshop in June 2016 (**n=1**)
- Total estimated reach provided = **200,080; 15 counties/communities**
- Total of **two non-PSE outcomes, one new tool developed**, and **one new resource developed** to date (**four total outcomes**)

Year 1 Collective Outcomes to Date:

- Collectively, the Year 1 Cohort has achieved **243 total outcomes** (not including the **13 documented additional outcomes that are currently in progress** as of June 2017), affecting **more than 14,569,952** estimated people.
- The breakdown of the outcomes is detailed in Table 1 below in the following outcome categories:
 - New Policy Changes;
 - New System Changes;
 - New Environmental Changes;
 - New Non-PSE Outcomes;
 - New Resources;
 - New Tools; and
 - Additional Outcomes in Progress (not yet accomplished)

Table 1: Year 1 Outcomes Tracker to Date

Team	New Policy Changes	New System Changes	New Environmental Changes	New Non-PSE Changes	New Tools	New Resources	Additional Outcomes in Progress	Team Totals
Arkansas	4	0	0	0	0	0	1	5
Colorado	1	2	0	2	0	1	0	6
Indiana	2	0	0	57	0	0	3	62
Michigan	1	0	59	7	0	0	0	67
Montana	12	2	0	3	1	0	0	18
New Hampshire	8	3	10	10	1	1	3	36
Ohio	1	3	0	2	0	0	1	7
Oregon	1	3	0	5	0	1	0	10
Southwest Minnesota	1	1	0	0	0	1	0	3
Tennessee	0	5	0	5	1	4	0	15
Virginia	2	0	0	16	0	0	5	23
Wisconsin Fox Valley	0	0	0	2	1	1	0	4
TOTALS	33	19	69	109	4	9	13	256

- Collectively to date, the Year 1 Cohort has leveraged a total of **\$11,717,500** since attending the NACDD WAI to implement walkability and active transportation efforts in their respective states.
 - *(Please note this amount is self-reported on voluntary progress reports by the Team Lead for each team and may not be 100% accurate)*
- A total project budget of **\$200,000** in 2015 was invested by the CDC Division of Nutrition Physical Activity and Obesity (DNPAO) to NACDD for the inaugural WAI.
 - This total amount reflects all funds involved in the planning, implementation, and evaluation of the initial WAI course, as well as the funds used for travel stipends for attending teams.
 - **The amount of funds collectively leveraged via self-reported voluntary progress reports of \$11,717,500 divided by the total 2015 project budget of \$200,000 equals an estimated project return on investment (ROI) ratio of 58.6:1.**
- The breakdown of total funds leveraged per 2015 team is reflected in Table 2 below.

Table 2: Leveraged Funds by 2015 Cohort

2015 WAI Team:	Self-Reported \$ Amount Leveraged:
Arkansas	\$0
Colorado	\$85,000
Indiana	\$197,000
Michigan	\$0
Montana	\$25,500
New Hampshire	\$8,745,000
Ohio	\$1,700,000
Oregon	\$0

2015 WAI Team:	Self-Reported \$ Amount Leveraged:
Southwest Minnesota	\$0
Tennessee	\$890,000
Virginia	\$75,000
Fox Valley Region Wisconsin	\$0
Total 2015 WAI Cohort Funds Leveraged	\$11,717,500

Year 1 State Group Walkability Community of Practice (CoP):

- A CoP group was established for the Year 1 state teams to provide an opportunity for state Team Leads to remain virtually connected and engaged to one another, as well as to NACDD, following 2015 attendance at the WAI.
 - CoP groups serve as an innovative, cost-efficient method to bring stakeholders together to share, network, mentor, and discuss related walkability/active transportation project successes and lessons learned.
 - CoP group attendance is open to state Team Leads, additional team members and/or other state walkability/active transportation partners.
 - The State Group Walkability CoP is currently implemented on a bi-monthly schedule for a one-hour meeting duration.

- NACDD is proud to partner with Phil Bors, Technical Assistance Director at Active Living By Design (ALBD), to coordinate and implement the State Group Walkability CoP.
 - ALBD's experience with Healthy Communities, built design, and active transportation make them a valuable contributor to session content, as well as to the anticipation and delivery of specific technical assistance needs for participant teams.
 - Additionally, Mr. Bors has served as both a WAI Course Steering Committee member and Core Course Faculty Team member since the project's onset. His overall WAI participation in both roles is an asset to NACDD and the CoP.

- To date, the State Group Walkability CoP was convened **12** times and reached **131 duplicated participants** – this is an average of **10.9** participants per meeting.
 - (Please note that the fourth meeting was a joint meeting with the MPO Group Walkability CoP, which resulted in increased participation numbers. This consequently increased the total number of duplicated participants and the average number of participants per meeting).*
- The breakdown of the State Group Walkability CoP is detailed in Table 3 below:

Table 3: State Group Walkability CoP Meeting Specifics

State Group CoP Session:	Session Date:	Number of Participants:	Session Topic:
1	March 15, 2016	9	Group Updates on Action Plan Progress Since Attending WAI in April, 2015
2	April 19, 2016	9	Collective Impact
3	May 17, 2016	9	Advancing Walkability through Best-Practices, Tools, and Resources – Part I
4	June 21, 2016	28 <i>(joint meeting with MPO Group)</i>	Making Strides – 2016 SRTS State Report Cards <i>(Guest Presenter Margo Pedroso)</i>
5	August 16, 2016	6	Advancing Walkability through Best-Practices, Tools, and Resources – Part II
6	October 18, 2016	6	Measuring Performance to Advance Walkability in North

State Group CoP Session:	Session Date:	Number of Participants:	Session Topic:
			Carolina – Evaluation and Surveillance in the Tar Heel State <i>(Guest Presenters Ed Johnson Seth LaJeunesse, and Lori Rhew)</i>
7	December 20, 2016	16	Collective Implementation
8	February 21, 2017	6	Digging Deeper – Metrics for Walking and Walkability
9	April 18, 2017	9	Group Sharing of Statewide Trainings/Capacity-Building Experience
10	June 20, 2017	11	Advancing Equity and Complete Streets Locally in Your State <i>(Guest Presenter Charles Brown)</i>
11	August 5, 2017	9	Building Capacity in Local Champions and Multidisciplinary Teams <i>(Guest Presenters Sarah Taylor-Watts, Iowa Department of Health and Cathy Costakis, Montana Nutrition and Physical Activity Program)</i>
12	October 17, 2017	13	Pedestrian Bicycle Statewide Planning <i>(Guest Presenters Emily Smoak, Minnesota Department of Health;</i>

State Group CoP Session:	Session Date:	Number of Participants:	Session Topic:
			<i>Pete Fritz, Indiana Department of Health, and Cathy Costakis, Montana Nutrition and Physical Activity Program)</i>

**Please note that these outcomes are provided through quarterly, voluntary progress reports. We only have outcomes documented for those that complete the progress reports. We cannot enforce completion of progress reports without grant money and a current contract.*