

Exercise and Sports

A snack should be readily available at the site of exercise or sport — example _____
 Restrictions on activity, if any _____
 Student should not exercise if blood glucose level is below _____ or above _____
 Water bottle should be immediately available. Have glucose meter available.

Other considerations

Field trips: Notify parents ahead of time in case of a needed insulin adjustment.
 Extra snacks, glucose monitoring supplies and glucose gel should be available.
 Copy of **Care Plan** should be carried by staff.
 Need for trained staff supervision. _____ Yes _____ No
No child should be excluded from any school sponsored activity because of diabetes.
Bus travel: Bus driver should be aware of the student with diabetes.
 Accommodations for snack to be eaten on bus if indicated and blood glucose monitoring.
 Bus company notified: _____ Yes _____ No Date _____

Restroom accommodations:

The student should have liberal restroom privileges or a permanent hall pass.

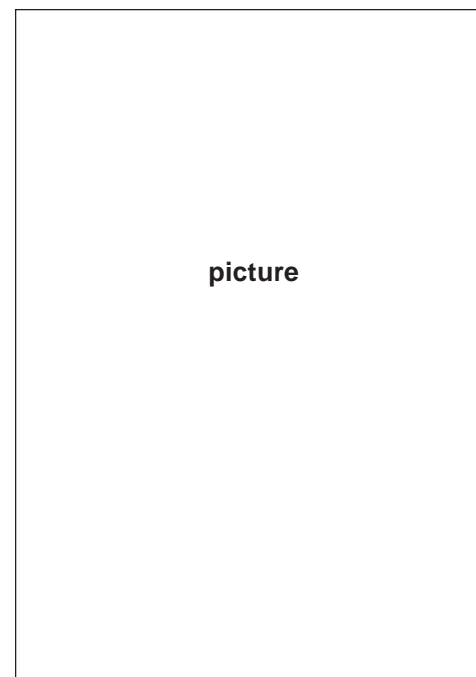
Important considerations:

If a child is dismissed from school during regular school hours, she/he needs to be accompanied by a parent or guardian.

Signatures

Reviewed by _____ Date _____
student's health provider
 Acknowledged/received by _____ Date _____
parent/guardian
 Acknowledged/received by _____ Date _____
school representative
 Care Plan distributed to _____
all necessary school personnel

DIABETES SCHOOL CARE PLAN



Student _____
 School _____ Effective dates _____
 DOB _____ Age _____ Grade _____
 Teacher _____
 Diabetes Type _____ Year of Diagnosis _____
 Oral Meds _____ Injections _____ Pump _____
 Parent/guardian #1 _____
 Telephone: Home _____
 Work _____ Cell _____
 Parent/guardian #2 _____
 Telephone: Home _____
 Work _____ Cell _____

Other Contact _____ Relationship _____
 Telephone: Home _____ Work _____ Cell _____
 Primary Care Provider _____ Phone _____
 Diabetes Care Provider _____ Phone _____
 Diabetes Provider _____ Phone _____
 Notify parent/guardian in the following situations: _____

Location of Supplies	Nurse's Office	with Child	Other
Other _____	_____	_____	_____
Blood glucose meter /strips	_____	_____	_____
Insulin supplies/delivery system	_____	_____	_____
Glucagon emergency kit	_____	_____	_____
Ketone testing supplies	_____	_____	_____
Snack foods	_____	_____	_____
Hypoglycemia treatment	_____	_____	_____

