



**NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS**

Promoting Health. Preventing Disease.

**NACDD and CDC Fireside Chat
Addressing Health Disparities in Hypertension Control**

February 7, 2017

2:30-3:30 PM EST

Description

NACDD, in coordination with CDC's Division for Heart Disease and Stroke Prevention, is proud to continue the series of Fireside Chats in 2017. Fireside Chats provide a new, interactive format for state health agencies to hear from content experts on a number of issues pertaining to cardiovascular health and 1305/1422 priority areas. On February 7, 2017 the 3rd Fireside Chat will focus on addressing health disparities in hypertension control. The fireside chat will be moderated by Dr. Janet Wright, Executive Director of Million Hearts® and will feature Dr. Brent Egan from the Medical University of South Carolina and Jacquelyn Balis Atkins and Tiffany Mack of the South Carolina Department of Health and Environmental Control. Dr. Egan serves as the Senior Medical Director of the Care Coordination Institute and currently serves as president for the International Society on Hypertension in Blacks. He will share his perspectives on health disparities in hypertension control and lessons learned around scaling his work with clinics over the last 15 years. Ms. Atkins, former Director of the SC Office of Health Equity, and Ms. Mack, Clinical Coordinator, will provide the state perspective on their work related to disparities and hypertension.

Objectives for the Fireside Chat

- Share approaches to address health disparities in hypertension.
- Describe strategies to effectively work with partners to prevent, detect, and control hypertension in high-risk populations.
- Share examples of how practices use data and technology to identify patients with hypertension.
- Identify ways to scale and sustain this work to improve health outcomes.

Speaker Bios



Brent Egan

Brent M. Egan, M.D. is professor of medicine and pharmacology at the Medical University of South Carolina. He received his medical degree and training in medicine and hypertension at the University of Michigan. His clinical and basic research examine mechanisms of cardiovascular risk in obesity and suggest that fatty acids participate in the pathophysiology of the metabolic syndrome through oxidative stress-sensitive pathways. His group is currently examining the effects of the DASH Eating Plan on oxidative stress in metabolic syndrome patients.

Dr. Egan's participation in community activities has included "Heart & Soul," "Lighten Up," "Commun-I-Care," the Hypertension Initiative and Stroke Belt Elimination Initiative. The Hypertension Initiative is currently working with ~500 primary care providers at more than 90 practices with >110,000 hypertensive patients in the Southeast in an effort to improve cardiovascular health. Health and Human Services recognized the Initiative as a national Best Practice Model in March 2004. In July 2004 at the 40th Anniversary of the Civil Rights Amendment, Tommy Thompson, Secretary for Health and Human Services recognized the Initiative for its efforts in reducing health disparities. Dr. Egan is active in the American Society of Hypertension (ASH). His numerous activities have fostered more than 250 original papers, review articles, and abstracts, led to positions on the editorial boards of American Journal of Hypertension, Ethnicity and Disease, Hypertension, Journal of Human Hypertension, Journal of Clinical Hypertension, and Journal of the American Nutraceutical Association, and resulted in recognition on the "Best Doctors" list for 1998–2004.



Tiffany Mack

Tiffany Mack is the South Carolina PHASE Program Administrator within the Division of Diabetes, Heart Disease, Obesity and School Health at the South Carolina Department of Health and Environmental Control. Within this role, Tiffany provides general oversight and monitoring of a 3.52 million dollar Centers for Disease Control and Prevention four year funded project focusing on implementing population-based diabetes prevention efforts within 15 of the 46 counties in South Carolina. Also, as a member of the Diabetes Advisory Council of South Carolina, Tiffany has been, and continues to be, integral in the development and current implementation of the 2016-2021 Statewide Comprehensive Diabetes Prevention Plan for South Carolina.

Tiffany received her Bachelors of Science in Health Science from Clemson University December 2010 and obtained her Masters of Public Health from the University Of South Carolina Arnold School Of Public Health in May 2015. Tiffany serves in a leadership role on the Diabetes Council Leadership Group as a voice to the National Association of Chronic Disease Directors on behalf of state health department professionals working on diabetes prevention efforts. Tiffany also serves as the American Public Health Association Affiliate representative for the South Carolina Public Health Association and is a 2015 Alumni inductee into the Mu Chapter (University Of South Carolina) of the Delta Omega Honorary Society in Public Health.



Jacquelyn Atkins

Jacquelyn Atkins joined the South Carolina Department of Health and Environmental Control (SCDHEC), Division of Diabetes, Heart Disease, Obesity and School Health as the Health Systems Coordinator in November of 2016. Jacquelyn was previously the Director of the Office of Health Equity at SCDHEC for the past two years. Prior to coming to SCDHEC, Jacquelyn worked as the Associate Director of Student Health Services-Campus Wellness at the University of South Carolina, and as the Director of Community Education at Sexual Trauma Services of the Midlands. In her current role, Jacquelyn provides oversight to the work being done statewide focused on provider education and training with healthcare systems and state level provider organizations on chronic disease care delivery strategies to reduce the burden of diabetes and heart disease in South Carolina. In her previous role, Jacquelyn worked to improve the health of vulnerable and underserved populations by ensuring the development of and/or modification of policies, programs, strategies and initiatives that help to eliminate health disparities and achieve health equity.

Jacquelyn has years of experience in the field of Public Health. She completed her undergraduate education at Michigan State University, with a Bachelor's of Science in Psychology and received a Masters in Public Health from the University of North Carolina at Greensboro (UNCG). After graduating from UNCG, Jacquelyn became a CHES (Certified Health Education Specialist) certified educator through NCHCEC (National Commission for Health Education Credentialing). Jacquelyn has a passion for all things public health, specifically transformation of health systems, and work focused on minority and underserved populations that lead to the elimination of health disparities and achieving health equity.



Janet S. Wright

Dr. Janet Wright is the Executive Director of Million Hearts[®], an HHS national initiative, co-led by CDC and CMS, with the explicit goal to prevent 1 million heart attacks and strokes in the U.S. by 2017.

From 2008 to 2011, Dr. Wright served as Senior Vice President for Science and Quality at the American College of Cardiology. In that role, she provided medical and scientific oversight of clinical guidelines, performance measures, health policy statements, and appropriate use criteria; quality improvement projects; and the National Cardiovascular Data Registry, a suite of databases containing more than 12 million patient records in both inpatient and outpatient care settings.

Dr. Wright practiced cardiology for many years in Chico, California, and during those years, she served on ACC's Board of Trustees, NCQA's Physician Program Committee, and the Center for Information Therapy, a non-profit organization committed to the provision of personalized health information during each health encounter. Her primary interests are the design and implementation of systems of care to achieve optimal outcomes for patients and the full deployment of hooks, tricks, and cues that help people get and stay healthy.