

PROJECT OVERVIEW --

A CDC funded, NACDD Project to compile a resource guide for 1803 grantees whose purpose is to implement state-based approaches to increase self-management behaviors and improve the quality of life of adults with arthritis.

The guide will build upon resources provided for Strategies 1-4, in [Attachment 2](#) of the 1803 NOFO

- **Strategy 1:** Sustainably disseminate and increase availability of and participation in arthritis-appropriate evidence-based interventions (AAEBIs) and other appropriate self-management interventions;
- **Strategy 2:** Adopt innovative and systems-based approaches to help establish or enhance healthcare provider patient counseling about physical activity for arthritis management, including promoting walking and AAEBI referrals;
- **Strategy 3:** Promote state walking initiatives addressing the unique needs of adults with arthritis;
- **Strategy 4:** Raise awareness about arthritis burden and management by promoting AAEBIs, patient counseling, physical activity and walking as it relates to NOFO activities

NACDD is working with Westat Health Communications on this project which will be complete by 11/30/18.

INTERACTIVE DISCUSSION --

Erin Loomis and Susan Gonzales from Westat will be leading the 15-20 minute discussion.

Discussion will encourage 1803 grantees to share information on any resources that have been helpful in implementing 1803 objectives; what types of resources might be missing or needed; and, the type of format that is best for sharing resources (i.e. online, pdf, email, etc.).

Call participants/grantees are encouraged to share information that might help build a successful resource guide.