



Arthritis Council Meeting
Tuesday, September 3, 2019, 2:00 PM ET

Meeting Summary

Arthritis Council records can be found here: <http://www.chronicdisease.org/?page=ArthritisCouncilReco>

I. Participants

Kansas – Vitaliy Kroychik, Lainey Faulkner
Massachusetts – Meaghan Avery; Peter Doliber
Minnesota – Amy Michael; Ann Schulte; Teresa Ambrose
Missouri -
Montana – Melissa Dale
New Hampshire – Scot Foster
North Carolina – Jeanne Dairaghi

New York – Nancy Katagiri; Celeste Roeller Harp
Oregon – Tara Weston; Hilde Hinkle
Utah – Celsa Bowman; Nichole Shepard; Rebecca Adams; Natalie Gilbert; Stephanie George
Washington – Chris Zipperer; Amy Ellings
Natasha McCoy – NACDD; Katie Koblenz - Y-USA

- Tara Weston is the new Oregon Arthritis Program Coordinator. Tara has extensive experience in health promotion and chronic disease prevention, including heart disease and stroke, asthma, and tobacco control. She comes to this position from within the Health Promotion and Chronic Disease Prevention (HPCDP) section of the Oregon Health Authority's Public Health Division.
- Scot reintroduced the Steering Committee starting with a Thank You to Nancy Katagiri for her past contributions to the Arthritis Council.

II. Guest Presentation

- Y-USA and Enhance Fitness, marketing and implementation efforts – Katie Koblenz, Manager, Program Delivery for Evidence-based Health Interventions, Movement Services
- Discussed EnhanceFitness and national supporting infrastructure; the EF data system; national training system for EF instructors; support and resources; marketing materials; and annual projects supported.
- Katie provided an overview on partnering with the Y; partnering can occur at the state level (Y Alliance) or local (program manager); the map locator on ymca.net/enhancefitness can be used to find EF locations; the State Alliances have had more of an advocacy focus in the past, but now are moving into more healthy living; the State Alliance is connected to local Ys within a state; every state has access to a State Alliance so if you want to connect with your State Alliance please contact Katie K.

- New York has a partnership between Alliance and State Arthritis Program; the initial relationship has expanded from EnhanceFitness and now the Y is helping to deliver CDSMP too.
- REDCap vs ODES for data collection; REDCap is new as of September and because the cost of ODES can be high, REDCap is another platform that doesn't cost and is now available to those that need a data collection platform; the same data points are captured with REDCap; local YMCAs have a choice and can stay and pay Sound Generations fees or move to REDCap

III. State Sharing and Discussion

- Sustaining Arthritis Efforts – Melissa Dale, Arthritis Program Manager, Montana Department of Public Health and Human Services
- Melissa shared that the Montana Arthritis Program shifted to a 'Healthy Living Program' after the CDC arthritis funded ended; MT had to downsize to one staff person after grant ended; MT is sustaining efforts by using Master Settlement Agreement (MSA) funds (tobacco settlement); the Healthy Living Program provides for AAEBIs to be included into a combined contract with other chronic diseases – (that is they have an AAEBI delivered as a component of combined/coordinated contract, ex. Worksite wellness team is required to provide an intervention so incorporated WWE); also have an American Indian contract where MT DHHS works with 7 Reservations and are tasked to implement one community based program (in addition to tobacco) and five out of seven Reservations are offering WWE, and one is also offering CDSMP.
- Leveraging Partnerships in MT – the worksite wellness program uses WWE; Melissa also is part of the Work@Health initiative where information on WWE and CDSMP are shared with employers as they coordinate Work@Health efforts; the Diabetes Prevention Program requires contractors to offer a supervised physical activity session and they found that gym memberships weren't being used, so WWE was introduced as the supervised physical activity component; Melissa reported that five DPP projects just onboarded WWE
- Amy asked how they provided books for WWE participants? Melissa responded that they were able to purchase a large number of books and have a stockpile that they use for now, but that they will be re-evaluating how to purchase in future years. MT uses an online database system with a WWE SD portal that is part of the larger chronic disease data system.
- Nancy Katagiri (NY) presented a CDC request for feedback on types of AAEBI photos that states would like to have for arthritis marketing and promotion materials
- CDC is going to NY to take some photos for use with arthritis marketing efforts nationally; the ask from CDC is regarding types of photos arthritis programs would like to see; please email Heather or Nancy if there are specific stock images you would like to have access to for your arthritis marketing efforts (e.g. people with disabilities, individuals, groups, etc.).

IV. Adjourn

The next Arthritis Council call will be held on Tuesday, October 1, 2019 at 2:00 PM ET.