



## Arthritis Council Meeting Tuesday, August 6, 2019, 2:00 PM ET

### Meeting Summary

Arthritis Council records can be found here: <http://www.chronicdisease.org/?page=ArthritisCouncilReco>

#### I. Participants

Kansas – Lainey Faulkner

Minnesota – Amy Michael; Chris Halgin

Montana – Melissa Dale

New Hampshire – Scot Foster

North Carolina – Jeanne Dairaghi

New York – Celeste Roeller Harp; Nancy Katagiri; Sherri Rohenaz

Oregon – Hilde Hinkel

Virginia – Karen Day

Washington – Chris Zipperer; Amy Ellings

Other – Heather Murphy, NACDD

- Scot thanked Nancy for her work on the Council the past Council
- Scot welcomed the new Steering Committee and asked members to provide brief introductions.

Scot Foster (NH) is the new Chair and arthritis program lead in New Hampshire.

Melicent Miller oversees the arthritis program in Virginia as well as the 1815 and 1817 projects, block grant projects, and more!

Lainey Faulkner is the new Kansas Arthritis Program Manager; working on 1803;

Celeste Roeller Harp is the Arthritis Program Intervention Coordinator at NY SDOH, where she focuses on strategies 1 and 3; Nancy Katagiri is her supervisor and focuses on promotion and bi-directional feedback efforts – Strategy 2, and is working on CDSME grant through ACL.

Melissa Dale is the MT Program Manager for Falls Prevention, Arthritis and Worksite Wellness; MT does not currently have CDC arthritis funding but has been a funded state in the past; MT is continuing to participate in Arthritis Council; MT is committed to continuing arthritis efforts and has secured some funding to keep the program going on a smaller scale.

#### II. Guest Presentation

- John Henderson, Executive Director, Park Rx America. John is a certified Parks and Recreation Executive, an attorney and a city planner with over 25 years of experience in parks and recreation.

- There are about 8K park locations across the country with 450 providers registered in the Park Rx America system; the platform has become very popular and is expanding
- John is actively engaging in efforts to recruit a park professional that would work with the medical community; ideally there would be a champion physician in each area that can help identify others that might be willing to write prescriptions
- The grassroots approach through community outreach is vital; schools, colleges and universities, corporate health and wellness programs all are a part of the process
- Prescription content includes: visit location, time of visit, visit frequency, duration, on-site activity. The goal is to create a positive, comfortable experience for the patient.
- Park Rx America has a new partnership with Exercise Is Medicine
- First corporate sponsor of Park Rx America was Stihl
- WA is interested in Parks Rx and hopes to get healthcare providers to council for physical activity as a way to reduce pain.  
John would like to work on incorporating appropriate messaging on arthritis, working with Park system in WA.
- Question – is there a mechanism for sustainability in the clinics? If champion physician leaves how does this continue?  
Answer - The grassroots support is there to help create sustainability; Parks and Rec helps with this too.
- John expressed that he is interested in incorporating arthritis info into the project.

### III. State Sharing and Discussion

- Scot shared an experience regarding WWE and efforts to create an incentive that would help identify program locations, barriers and lessons learned from this project.
- Nancy shared her struggles in identifying financing strategies for AAEBIs and the work she has been doing to engage healthplans.
- Hilde shared that in OR they have been working to approach healthplans or those systems that are already invested in a culture of health and have that as part of their values.

### IV. Announcements

- CDC Arthritis Grantee Meeting Evaluation – Celeste Roeller-Harp (NY)  
Celeste shared that the CDC Arthritis Program is interested in feedback from meeting attendees and encouraged anyone who did not submit an evaluation to take a few minutes and complete the evaluation form. Forms can be shared with CDC project officers or sent to Heather and she will send to CDC. Scot will ask Celeste to lead the discussion on the CDC arthritis meeting evaluation and an opportunity to provide additional feedback to CDC, including the request for a two-day meeting.
- There was discussion on the value of networking time at national meetings.

### V. Adjourn

The next Arthritis Council call will be held on Tuesday, September 3, 2019 at 2:00 PM ET.