

## INTRODUCTION

- To address the growing problems of prediabetes and type 2 diabetes, CDC established the National DPP, which provides the framework for type 2 diabetes prevention efforts in the US.
- The National DPP includes an evidence-based, year-long, lifestyle change program that encourages modest behavior changes to lose weight to reduce the risk of type 2 diabetes. Studies have shown that a loss of even 5-7% of body weight could reduce the risk of developing type 2 diabetes by 58% in adults with prediabetes and by 71% in adults older than 60.

Alice.A. Jaglowski, Mari Brick, John Patton



## IMPACT

During the first year of the project, NACDD plans to reach at least 1000 individuals at risk for pre-diabetes with the DPP.

# I705: Scaling and Sustaining the Diabetes Prevention Program (DPP)

NACDD is one of only 10 recipients awarded funding in 2017 for the I705, five-year effort to scale and sustain the Diabetes Prevention Program across four states with national partners.

NACDD will work with 4 States:

- Alaska DOH
- Florida DOH
- NY Assoc of Independent Living Centers
- Health Promotion Council (PA)

Plus four national partners:

- HOPE 80/20
- InquistHealth
- Lakeshore
- Wellpass

NACDD's priority populations for this project are:

- Persons with disabilities
- Medicare beneficiaries



## OBJECTIVES

1. Increase by 20 the number of CDC-recognized organizations
2. Increase by 8 health systems implementing a STR process to DPP
3. Develop 1 communication and awareness strategy for enrolling 1000 participants across all affiliate sites
4. Develop 1 text message-based platform and training to support DPP participant retention
5. 4 agreements established between DPP and public or private payers to reimburse; 10 out of 20 (50%) affiliate sites will become Medicare DPP suppliers

## OUTLOOK

The National Association of Chronic Disease Directors (NACDD) will receive approximately \$7 million during the next five-years from the Centers for Disease Control and Prevention (CDC) to scale and sustain the National Diabetes Program.