

# Advancing Team-Based Care to Manage High Blood Pressure

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## INTRODUCTION

- NACDD, in coordination with CDC's Division for Heart Disease and Stroke Prevention (DHDSP), worked with state teams from Arizona, Georgia, Iowa, Utah, Virginia, West Virginia and Wyoming to participate in a learning program designed to accelerate team-based care using the pharmacists' patient care process (PPCP) and collaborative practice agreements (CPA) as a means of managing high blood pressure.
- To kick off the project, state health departments and their pharmacy partners attended a 2-day workshop on May 24-25, 2017, in Atlanta, Ga. Expert faculty presented including: Lindsay Kunkle (APhA) on Methods and Resources for Engaging Pharmacy; Marialice Bennett (OSU) on the PPCP Guide Overview and Implementation; Troy Trygstad (Pharmacy Consultant) on Developing a Sustainable Collaborative Practice Model; and Krystal Weaver (NASPA) on the Collaborative Practice Resource Guide and Models.
- As part of this workshop, teams developed a project plan and timeline for disseminating and supporting pharmacists with implementing the PPCP and developing partnerships with their state pharmacy associations, schools of pharmacy and other healthcare partners to then host and facilitate in-state workshops.
- To foster ongoing collaboration, NACDD hosted three monthly webinars for participating state teams to share strategies, resources, successes, and challenges. These webinars proved to be highly engaging, with teams building on the efforts of one another. A fireside chat on the topic provided the opportunity for WY and UT to share their progress with colleagues and partners around the country.



Participating state teams, faculty, NACDD and CDC staff



Jeff Durthaler, CDC Pharmacy Consultant, working with participants



Hannah Herold (WY), Ben Berrett (UT), and Jeff Durthaler discussing the project during the September 2017 Fireside Chat

## GOALS & OBJECTIVES

- Increased engagement between the state health department and state pharmacy and medical professional organizations
- Increased use of the pharmacist patient care process for managing high blood pressure and other chronic conditions (e.g. smoking cessation, diabetes, dyslipidemia)
- Increased use of collaborative practice agreements between pharmacists and prescribers
- Increase in sustainable pharmacy practice models
- Knowledge transfer from participating states and organizations to non-participating states and organizations

## IMPACT

States are tracking their efforts through the use of several measures based on the project objectives and workplan benchmarks and goals each submitted, including: meetings held, curricula adjusted, PPCP use, CPAs established, and surveys conducted.

States have received considerable positive feedback from pharmacy partners: *"Thank you for your presentation and participation in our convention. I can't tell you how many people complimented you on your presentation and attitude you displayed at the meetings. I will be in touch with you in regards to some things the Association and the School of Pharmacy are doing."*

## OUTLOOK

- NACDD looks forward to receiving the data from state teams to assess impact and to then publish the results of this learning opportunity.
- The success of this state learning collaborative project suggests the format could be a model for future projects.