

Advancing Arthritis Public Health Approaches

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INTRODUCTION

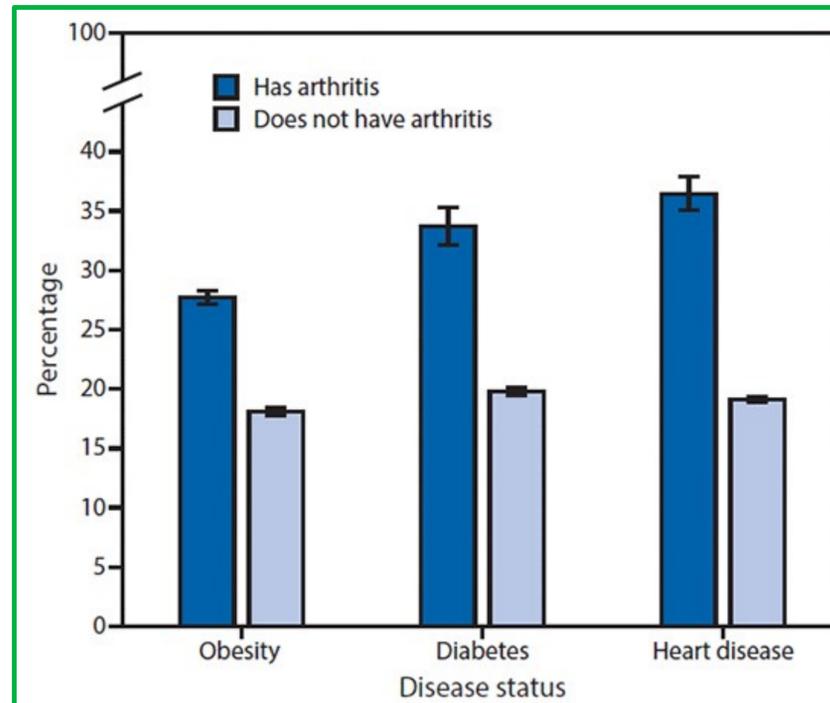
The Advancing Arthritis Public Health Approaches Project works with the **CDC** Arthritis Program, the Evidence-Based Leadership Council (**EBLC**), Partners in Care Foundation (**Partners**), **Elder Services of the Merrimack Valley**, the American Physical Therapy Association (**APTA**), **Medworks**, and **Westat** to expand dissemination and delivery of arthritis-appropriate, evidence-based interventions (AAEBIs).

NACDD, EBLC, and partners work to disseminate AAEBIs to employers. Medworks Consulting assists NACDD in strategy development to approach target employers and insurers and Westat conducts process and outcome evaluation using approved evaluation frameworks.

In addition, NACDD, working in cooperation with APTA, funds APTA chapters and physical therapy offices to expand the dissemination and delivery of one AAEBI, Walk With Ease Self-Directed.

NACDD continues to collaborate with national partners including, but not limited to, the **Osteoarthritis Action Alliance (OAAA)**, **Arthritis Foundation**, **Lupus Foundation**, the **National Recreation and Park Association (NRPA)**, and the **Y-USA** to increase the availability of and participation in AAEBIs.

Age-adjusted percentage* of adults with doctor-diagnosed arthritis, by obesity, diabetes, and heart disease status — National Health Interview Survey, United States, 2013–2015



* With 95% confidence intervals indicated by error bars.
Source: *MMWR Morb Mortal Wkly Rep* 2017;66:246–253.



GOALS & OBJECTIVES

The goal of this project is to increase the availability and dissemination of arthritis-appropriate evidence-based interventions (AAEBIs), as well as participation in AAEBIs.

Strategies include working with the Evidence-Based Leadership Council and at least one member of a community-based organization to disseminate AAEBIs at low or no cost to employees at worksites in the catchment areas. And working with American Physical Therapy (APTA) chapters and/or physical therapy clinics, to disseminate the Walk With Ease Self-Directed program, targeting 400 participants.

IMPACT

- Expanded reach or availability of CDC recommended arthritis-appropriate evidence-based interventions (AAEBIs).
- Increased referrals to CDC-recommended AAEBIs.
- Increased participation in AAEBIs.
- New or expanded financing systems and other sustainable supports for AAEBI dissemination, delivery, and referrals via implementation of environmental strategies.

OUTLOOK

NACDD will **promote and support** efforts to **increase participation in arthritis-appropriate evidence-based interventions (AAEBIs)**. NACDD also will **work collaboratively** with partners and contractors to **increase the number of feasible reimbursement models**, increasing accessibility and supporting participation in AAEBIs among U.S. adults.