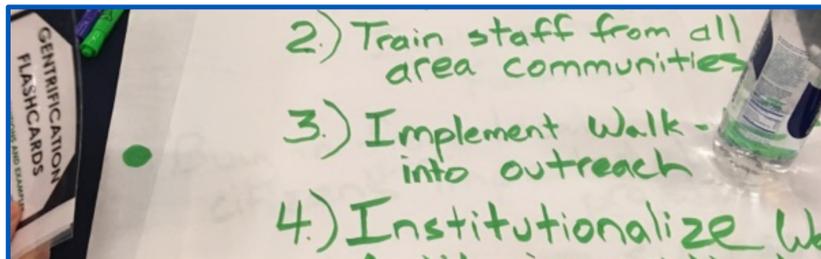


INTRODUCTION

- NACDD recognizes that “place” affects health, including: how a community’s built infrastructure and environment fosters access and opportunity to eat healthy and be physically active; how safely pedestrians can participate in active transportation -- like walking, biking, or rolling to and from places of interest; as well as how community design can influence local community development and economy. These and many related issues were detailed in the 2015 release of the U.S. Surgeon General’s *Call to Action to Promote Walking and Walkable Communities*.
- Since this release, coupled with the notion that safe, active, and healthy communities require more than solely public health involvement, NACDD has coordinated the Walkability Action Institute project -- a multi-day course where selected interdisciplinary teams learn how to influence community design changes that yield healthier and more walkable and active communities.

Walkability Action Institute

Karma Harris, MSPH



IMPACT

- **41 interdisciplinary teams** to date have been selected to participate in the Walkability Action Institute (WAI). (See middle section for their outcomes!)

To date, the first three cohorts have collectively achieved **365 total outcomes** to make their respective communities, regions, or states more walkable.

This includes the establishment of **39** new policies, **23** new systems improvements, **82** new environmental changes, **5** new tools developed, **9** new resources, **167** new non-PSE outcomes, and **40** additional outcomes still in progress.

To date, the **365 new outcomes** achieved by the first three cohorts are estimated to collectively reach **18,932,054** people!

WAI teams have collectively leveraged approximately **\$27,250,622** to implement or sustain their efforts, resulting in a total NACDD project ROI of **34:1**.



OBJECTIVES

- 1) NACDD develops, implements, and evaluates the **WAI course** using a Course Steering Committee comprised of CDC and national experts.
- 2) Through a competitive application process, NACDD and the Course Steering Committee selects **interdisciplinary teams** comprised of public health, transportation, planning, elected officials, and other relevant partners to participate in the WAI to increase walkability and walkable communities.
- 3) NACDD implements **pre- and post-course webinars** as required deliverables for all selected teams.
- 4) NACDD coordinates the design, training, and development of **team action plans** to be submitted by all participant interdisciplinary teams for aligning each team’s cross-disciplinary efforts to become more walkable.
- 5) NACDD establishes and implements ongoing **Walkability Community of Practice groups** for WAI alumni teams to foster peer engagement and address ongoing implementation assistance and concerns.

OUTLOOK

- The Year 4 WAI course will be implemented in Decatur, Georgia April 9 – 12, 2018.
- For more information about NACDD WAI efforts, please contact Karma Harris at kedwards@chronicdisease.org