

Pediatric Healthy Weight Management Programs

Leslie Best, BSW



INTRODUCTION

CDC's Division of Nutrition, Physical Activity and Obesity (DNPAO) and NACDD are collaborating to create a web-based opportunity for peer-to-peer learning about successful examples within states on how to support the use of evidence-based, pediatric, healthy weight management programs (WMPs) in clinics, recreation centers, federally qualified health centers, and other venues.

OBJECTIVES

- Facilitate sharing among states that are actively engaged in supporting WMPs, regardless of the stage of implementation
- Capture innovative solutions to link community and clinical strengths to address childhood obesity
- Develop a resource guide to assist states in developing action items to help support the use of evidence based WMPs

PRIORITIES

- Convene state health departments and partners, such as payers (Medicaid), community partners, or healthcare systems.
- Convene 6 webinars on topics such as:
 - USPSTF Recommendations
 - Partnership building
 - Sustainability (reimbursement)
 - Lessons learned from other states
 - Development of performance measures, and
 - Non-traditional healthcare partners.



IMPACT

- Increased implementation of evidence-based programs, public health engagement, and supportive policies and services.
- Establishment and maintenance of diverse public health, healthcare, and community partnerships for meaningful cooperation and achievement of evidence-based public health strategies and interventions.

OUTLOOK

This webinar series will disseminate information about readiness assessment, partnership building, and lessons learned on successful examples within states on how to implement and evaluate evidence-based, pediatric, healthy weight management programs in clinics, recreation centers, federally qualified health centers, and other venues.