**Example questions for working with parents and students who access to health care or have a chronic health problem.**

(Asking permission) I would like to talk with you about getting health care for (Stacey) and how I might help you with that. Would it be OK if we took a few minutes to do that now?

(Objective) What do you already know about the affordable care act?

(Reflective) What do you find confusing about health insurance?

(Objective) What are some barriers for you in getting health insurance?

(Reflective) Help me understand what is hard for you in working with (Paul) in managing his asthma? Diabetes?

(Interpretive) What would make it easier for you to help (Paul) in managing his asthma? Diabetes?

(Reflective) What is difficult for you in taking time to care for yourself while helping Paul in taking care of him?

(Decisional) What is one thing you might do to make things a little easier for you?

(Reflective) What is something you have done in the past that helped you get through a tough time?

(Objective) Tell me a little bit about how you get health care now?

(Reflective) What is most difficult for you in seeking medical care?

(Reflective) What is the biggest issue that worries you at this moment?

(Reflective) What longer-term issues is a worry for you?

(Interpretative) What are some alternatives you have considered?

(Objective) What community support services are you aware of that could help you?

(Asking permission) I would like to share some resources that might help you. Would that be ok?

(Asking permission) Would it be OK if I went over some information about the new health care law opportunities for you?

(Decisional) What steps could you take to enroll in the Medicaid?

(Decisional) What help do you need to enroll in a health insurance plan?

(Objective/reflective) So, tell me what happened the last time you tried to enroll on Medicaid?

(Reflective) What are your major concerns about your child’s health?

(Decisional) What are your options in responding to this situation?

(Interpretive) What would be an advantage of that option?

(Interpretive) What would be a disadvantage of that option?

(Objective) What consequences do you need to be prepared for?

(Reflective) What is it like for you being in this situation?

(Decisional) What will you do to keep yourself motivated?

(Decisional) What ideas do you have to help Paul stay on track with his new eating and exercise plan?

(Interpretive) What are the pros and cons of your options?

(Reflective) How would you sum up the trouble spots in caring for your child with asthma?

(Decisional) What could I do that might help you the most in developing a plan to mange Danny’s asthma?

(Decisional) What support to you needs to help Danny?

(Objective) Who are some people that might be a support for you?

(Decisional) What is one simple nice thing you could do for yourself today?

(Reflective) What is scary about having diabetes?

(Objective) chronic disease?

(Reflective) What is the most important thing for you in your life in school?

(Objective) Tell me what you know about immunizations?

(Reflective) Tell me what concerns you about immunizing your child?

(Permission) I would like to take just a little time to share the latest health care information on immunizations. Would it be ok for me to do that now?

(Interpretive) What do you see as the pros and cons of getting your child immunized?

(Interpretive) How does this information help you in making a decision about immunizations?

(Decisional) What additional information would you like to have that could help you in making a decision?

(Reflective) What fears do you have about getting your child immunized?

**Scenario discussion**

Parent: “ I know I should check into health insurance but you don’t have any idea what go through every day?’ School nurse: “It sounds like your days are pretty overwhelming. “Help me understand what that is like for you.” Or “Tell me what are the hardest things about your days?

Parent: “ Well just getting the kids something to eat and out the door with homework and getting myself ready for work and wondering if my car will start and if I have enough money for gas and something for supper tonight” School nurse: “That is a lot to think about and take care of”. It takes a lot of strength and courage to manage family, home and school and work. I can see where checking on getting health insurance is something that seems impossible to add to your life.” It sounds like you don’t have the time or energy to put a lot into that right now. Parent: “I don’t, I want to check on it but as you can see I have a lot on my plate and I don’t understand any of it” School nurse: Would it be alright if I gave you this card with a phone number of a person who can help you with questions and your application when you are ready and can make time? Donna can answer questions for you and help you make a decision about the insurance you need and help you enroll. “ Parent. Well I’ll take it but I won’t promise you I can do anything about it now” School nurse: Sure, just keep it handy for a time that is right for you.