**Health Equity Council Definitions**

* Health Disparities are differences in quality of health across racial, ethnic, sexual orientation and socioeconomic groups.
* Health Equity occurs when all people have the opportunity to be as healthy as possible and no one is limited in achieving good health because of their social position or any other social determinant of health. This is the ideal state we strive for.
* Health Inequity results when the differences are influenced by conditions that are unfair, unjust and avoidable.
* Social Determinants of Health (SDOH) are conditions in which we are born, grow, live, work, play and age. For health equity, these conditions include adequate income, secure employment and good working conditions, quality education, safe neighborhoods and housing, food security, the presence of social support networks, health care services and freedom from racism and other forms of discrimination, which all support health.
* Socioeconomic Position (SEP) is a term used by social scientists to describe material and social resources available to individuals as well as their rank or status in the social hierarchy.